

HLKN L.E.A.D.S. Co-Curricular Syllabus

Course Title: Hullabaloo U: HLKN LEADS, UGST 181-538

Term: Spring 2020

Meeting Time & Location: Friday, 11:30-12:20 PM

Meeting Location: GGB Room 233

Instructor Information

Instructor: Kayla McGee

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Office Hours: Mondays 1:30-4 pm & Fridays 8:30-11 am

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Peer Mentor: Payton Pustejovsky (KINE)

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Peer Mentor: Peyton Woolsey (HLTH)

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What is HLKN L.E.A.D.S. (Lead, Excel, Achieve, Develop & Succeed)

HLKN L.E.A.D.S. is a program designed to assist first year freshmen and transfer students in the Health & Kinesiology Department adjust to life at Texas A&M University as a Health, Kinesiology or Sport Management major. Led by members of the HLKN Academic Advising staff, this program introduces students to commonly used language, skills to be successful and, most importantly, to their peers in the department. In addition, this program is also meant to provide students with exposure to various academic advisors, members of the HLTH, KINE & SPMT faculty, and other members of the HLKN and College of Education staff.

Course Description

The purpose of Hullabaloo U is to create a welcoming and affirming environment for each new student. Students will develop self-efficacy, self-awareness, and a sense of purpose; become actively engaged in the learning environment inside and outside of the classroom; and become socially integrated within the university community.

- Self-efficacy – Your belief in your ability to achieve your goals
- Self-awareness – Your understanding of your personal strengths, learning styles, learning habits, and thinking patterns
- Sense of purpose – Development of long-term goals and understanding of how to get there
- Actively engaged – Active involvement of time and energy invested in college experience in and out of the classroom
- Socially integrated – Formation of connections between other members of HLKN and the Texas A&M community

Learning Outcomes and Expectations

Students who participate in the HLKN L.E.A.D.S. program should...

- Develop positive relationships and a sense of community with peers, staff and faculty
- Identify and use appropriate campus resources and engage in opportunities that contribute to their learning
- Gain confidence and understanding of their degree programs and requirements
- Understand what is required to be a successful student both in HLKN and at Texas A&M University
- Be able to better utilize their academic advisor as a resource
- Apply appropriate academic success strategies to their courses and learning experiences

Students who participate in the HLKN L.E.A.D.S. program are expected to...

- Participate to their full ability in weekly sessions, socials, study sessions and service events
- Attend the end of the year banquet
- Communicate regularly with their Peer Mentor and the Facilitators of the program
- Seek assistance and advice as needed to be successful in your first year at Texas A&M University
- Complete success initiatives as requested
- Utilize the HLKN staff and faculty to the best of your ability
- Have fun and make the most of their first year at Texas A&M University

Grading Policies & Scale

1. Attendance & Participation – 175 points (35%)
2. Career Center/Office of Professional School Advising – 75 points (15%)
3. Resume – 75 points (15%)
4. Leadership Definition – 75 points (15%)
5. First Year Reflection – 100 points (20%)

Satisfactory/Passing: 350-500 points

Unsatisfactory/Failing: 0-349 points

Late Work: All assignments must be turned in either before class begins (through eCampus) or during class on the dates listed below. Late work will be accepted up to 7 days past the assignment deadline (with a 10% deduction per day that it is late). After 7 days, late work will not be accepted. Please note: Missing a class sessions does not excuse you from turning in assignments (or completing any future assignments) on time.

Success Initiatives

Attendance & Participation

This is a course that is dependent on active student participation and engagement. You are expected to attend all class meetings and participate fully. **12.5 points will be deducted from your attendance grade for each unexcused absence. After 3 unexcused absences, the Office for Student Success will be notified, and follow up will be conducted by the instructor and Office for Student Success staff to ensure student success. Any student that misses more than 7 sessions will automatically be assigned a grade of Unsatisfactory. For more information about attendance policies, visit: <https://student-rules.tamu.edu/rule07>.**

As a component of your attendance and participation grade, you will also be required to attend the end of the year banquet on April 18th (Saturday event). More information will be provided about this later. Active participation will be assessed through discussions, participation in class activities, completion of in-class assignments and positive attitude. Your participation grade for each class period will be evaluated on the following scale:

8-12.5 points	4-8 points	1-4 points	0 points
Arrived on time and prepared and actively participated in class discussion and activities. Contributed positively to the class community.	Participated in class discussions and activities but may have required prompting; did not detract from class community.	Did not participate in class discussions and activities; did not detract from class community.	Did not participate in class discussions or activities, and/or detracted from the class community; did not attend class.

Career Center/Office of Professional School Advising

For students who are planning to pursue professional school, you will need to set up a meeting with a Professional School advisor to discuss the steps necessary to achieve that goal. For students who are not planning to go to professional school, you will need to set up a meeting with an advisor in the Career Center to discuss potential careers within your field of study, steps to take now to begin to prepare for that career, and any other applicable information. You will use the provided handout during and after your meeting. Have the career center/PSA advisor sign off on the bottom and submit by the deadline.

Resume

Students will create and submit a resume. At a minimum, this resume should be free of any spelling or grammatical errors, be up to date with current activities, positions, and/or objectives, and should **not** exceed one page in length. It is recommended that you send your resume to the writing center or career center to be checked before submission.

Leadership Definition/Philosophy

Students must find a definition of leadership that you feel most resonates with your views on leadership, and then write a one paragraph (3 to 5 sentences) philosophy on how you view leadership and how you enact that through your actions and how you present yourself.

First Year Reflection

Students will write a one page (double-spaced, 12 pt., Times New Roman) reflection on their first year at Texas A&M University and their experiences as a participant in HLKN L.E.A.D.S. Spend some time thinking about your first year. Consider your holistic transition to Texas A&M in terms of academic, social, career/skill development and wellbeing.

Americans with Disabilities Act (ADA)

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact Disability Services, currently located in the Disability Services building at the Student Services at White Creek complex on west campus or call 979-845-1637. For additional information, visit <http://disability.tamu.edu>.

Academic Integrity

"An Aggie does not lie, cheat, or steal, or tolerate those who do." For additional information please visit: <http://aggiehonor.tamu.edu>

Course Topics & Major Assignment Dates

Week	Topic	Success Initiative
Module 4: Co-Curricular		
1/17	Welcome Back & Starting Over	Career Center/OPSA
1/24	Getting Involved on Campus & Transferable Skills	
1/31	Time Management Revisited	
2/7	Well-Being – Social & Financial	
Module 5: Professional Development & Career Preparation		
2/14	Resume & Professional Networking (Guest Speaker)	Career Center/OPSA Due; Resume
2/21	Strategic Summer Plans	Leadership Philosophy
2/28	Career/Major Exploration	
3/6	Mid-Semester Check-In	
3/13	No Session – Have a Fun & Safe Spring Break	
3/20	StrengthsQuest – (Guest Speaker)	
3/27	Personal Branding – (Guest Speaker)	First Year Reflection
Module 6: Planning for Future Success		
4/3	Leadership	Resume Due
4/10	No Session – Reading Day	
4/17	Self-Awareness & Resilience	Leadership Philosophy Due
4/18	End of Year Banquet	
4/24	First Year Reflection & Wrap Up	First Year Reflection Due
4/28	Redefined Friday – No Session	

*****This syllabus is subject to change*****