

# HLKN L.E.A.D.S. Co-Curricular Syllabus

**Course Title:** Hullabaloo U: HLKN LEADS, Section 401

**Term:** Fall 2019

**Meeting Time:** Fridays, 11:30 AM to 12:20 PM

**Meeting Location:** BLOC 342A

## Instructor Information

**Instructor:** Kayla McGee

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**Peer Mentor:** Peyton Woolsey (HLTH)

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## What is HLKN L.E.A.D.S. (Lead, Excel, Achieve, Develop & Succeed)?

HLKN L.E.A.D.S. is a program designed to assist first year freshmen students in the Health & Kinesiology Department adjust to life at Texas A&M University as a Health, Kinesiology or Sport Management major. Led by members of the HLKN Academic Advising staff, this program introduces students to commonly used language, skills to be successful and, most importantly, to their peers in the department. In addition, this program is also meant to provide students with exposure to various academic advisors, members of the HLTH, KINE, & SPMT faculty, and other members of the HLKN and College of Education staff.

## Course Description

The purpose of Hullabaloo U is to create a welcoming and affirming environment for each new student. Students will develop self-efficacy, self-awareness, and a sense of purpose; become actively engaged in the learning environment inside and outside of the classroom; and become socially integrated within the university community.

- Self-efficacy – Your belief in your ability to achieve your goals
- Self-awareness – Your understanding of your personal strengths, learning styles, learning habits, and thinking patterns
- Sense of purpose – Development of long-term goals and understanding of how to get there
- Actively engaged – Active involvement of time and energy invested in college experience in and out of the classroom
- Socially integrated – Formation of connections between other members of HLKN and the Texas A&M community

## Course Reading

Farber, S. (2004). The Radical Leap: A Personal Lesson in Extreme Leadership. Dearborn Trade Publishing.

## Learning Outcomes and Expectations

Students who participate in the HLKN L.E.A.D.S. program should...

- Develop positive relationships and a sense of community with peers, staff and faculty
- Identify and use appropriate campus resources and engage in opportunities that contribute to their learning
- Gain confidence and understanding of their degree programs and requirements
- Understand what is required to be a successful student both in HLKN and at Texas A&M University
- Be able to better utilize their academic advisor as a resource
- Apply appropriate academic success strategies to their courses and learning experiences

Students who participate in the HLKN L.E.A.D.S. program are expected to...

- Participate to their full ability in weekly sessions, socials, study sessions and service events
- Attend at least one service event/semester
- Communicate regularly with their Peer Mentor and the Facilitators of the program
- Seek assistance and advice as needed to be successful in your first year at Texas A&M University
- Complete success initiatives as requested
- Utilize the HLKN staff and faculty to the best of your ability
- Have fun and make the most of their first year at Texas A&M University

### Grading Policies & Scale

1. Attendance & Participation – 175 points (35%)
2. MSC Open House – 25 (5%)
3. Faculty Meeting – 50 points (10%)
4. Academic Success/Byrne Student Success Center – 50 points (10%)
5. Mandatory Advising – 50 points (10%)
6. Service Event Reflection – 50 points (10%)
7. StrengthsQuest Workshop – 100 points (20%)

Satisfactory/Passing: 350-500 points

Unsatisfactory/Failing: 0-259.9 points

*Late Work:* All assignments must be turned in either before class begins (through eCampus) or during class on the dates listed below. Late work will be accepted up to 7 days past the assignment deadline (with a 10% deduction per day that it is late). After 7 days, late work will not be accepted. Please note: Missing a class sessions does not excuse you from turning in assignments (or completing any future assignments) on time.

### Success Initiatives

#### *Attendance & Participation*

This is a course that is dependent on active student participation and engagement. You are expected to attend all class meetings and participate fully. **Ten points will be deducted from your attendance grade for each unexcused absence. After 3 unexcused absences, the Office for Student Success will be notified, and follow up will be conducted by the instructor and Office for Student Success staff to ensure student success. For more information about attendance policies, visit: <https://student-rules.tamu.edu/rule07>.** As a component of your attendance and participation grade, you will also be required to schedule a one-on-one meeting with your peer mentor (by October 7<sup>th</sup>) as a way to check in about your progress this semester. More information will be provided about this later. Active participation will be assessed through discussions, participation in class activities, completion of in-class assignments and positive attitude. Your participation grade for each class period will be evaluated on the following scale:

10 points	4-8 points	0-3 points
Arrived on time and prepared and actively participated in class discussion and activities. Contributed positively to the class community.	Participated in class discussions and activities but may have required prompting; did not detract from class community.	Did not participate in class discussions or activities, and/or detracted from the class community.

#### *MSC Open House*

Attend MSC Open House (by yourself or with a group) and talk to at least 5 organizations you find interesting. Choose two of those organizations and write a short paragraph about what the organizations are about, their intake processes and whether you think you will join them or not in your first year. **Due: Sept 6<sup>th</sup>**

### *Faculty Meeting*

You must schedule and attend a meeting with one of your non-HLKN professors outside of the classroom. A document has been provided to you on eCampus to help you prepare for and take notes during the meeting. Print this out and use it along with the tips we have given you about meeting with your professor. At the bottom of the form you will see a space for your professor to sign off that you met with them at least once. During this meeting you should consider asking questions about course content, any upcoming assignments or exams, and anything else you feel would be beneficial moving forward in the course. **Due: Oct 11<sup>th</sup>**

### *StrengthsQuest Workshop*

The Texas A&M Leadership & Service Center offers free workshops that provide you access to the Clifton StrengthsFinder and your top 5 strengths. You will need to register for one of the sessions below that works with your schedule and complete the introductory workshop. Each workshop has between 30 and 40 spots, so please do not wait until the last moment to reserve yours. **Due: Dec 2<sup>nd</sup>**

### *Academic Success Center/ Byrne Student Success Center*

You must schedule and attend a session with an Academic Success Coach **OR** Kelley O'Neal in the CEHD Byrne Student Success Center to discuss study skills and strategies that you can implement to be more successful in your first year of college and beyond. Directions to both the Academic Success Center and the Byrne Student Success Center can be found on eCampus. **Due: Nov 1<sup>st</sup>**

### *Service Event Reflection*

Throughout the Fall semester you will have an opportunity to participate in 1 of 2 service events planned by our Peer Mentors. Each student is required to participate in at least one. Once you have participated, you will write a short reflection on your experience and how that event ties into the Aggie Core Values. **Due: Nov 22<sup>nd</sup>**

### *Mandatory Advising*

Every incoming student to the HLKN department is required to attend a meeting with their academic advisor in their first semester. These meetings must take place between October 7<sup>th</sup> and October 25<sup>th</sup> and are required in order for you not to have a hold placed on your Spring registration. When you attend this session, you should receive a form with the information you discussed with your advisor, if you do not receive a form, you should have notes that you took from the session. You will submit this form or your notes as proof that you have completed your mandatory advising. **Due: Nov 1<sup>st</sup>**

## **Americans with Disabilities Act (ADA)**

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact Disability Services, currently located in the Disability Services building at the Student Services at White Creek complex on west campus or call 979-845-1637. For additional information, visit <http://disability.tamu.edu>.

## **Academic Integrity**

*"An Aggie does not lie, cheat, or steal, or tolerate those who do."* For additional information please visit: <http://aggiehonor.tamu.edu>

## **Aggie Core Values**

- Excellence: An unwavering desire and commitment to greatness
- Integrity: doing the right things regardless of the circumstances or personal consequences
- Leadership: Inspiring others to follow through the strength of one's character

- Loyalty: Dedication to our nation, our state, our university, our families and those institutions and values which we individually hold dearest
- Respect: Earned through the consistency of character
- Selfless Service: Giving of one's self for the greater good, without regard to personal gain or recognition

### Course Topics & Major Assignment Dates

Week	Topic	Success Initiative	Leap Readings
<b>Module 1: Transition to Texas A&amp;M University</b>			
8/30	Introductions & Getting To Know You	MSC Open House Assigned	
9/6	Community Building & Life Maps	<b>MSC Open House Due;</b> Faculty Meeting Assigned	Introduction
9/13	Alcohol & Other Drugs	StrengthsQuest Assigned	Chapter: Tuesday
9/20	Utilizing Your Academic Advisor as a Resource		Chapter: Wednesday
9/27	Campus Resources	Mandatory Advising Assigned	Chapter: Thursday
<b>Module 2: Developing Successful Habits</b>			
10/4	Academic Success Strategies & Resources	ASC or Byrne Assigned	
10/11	Goal Setting & Time Management	<b>Faculty Meeting Due</b>	Chapter: Friday
10/18	"Work"/Life Balance	Service Reflection Assigned	
10/25	Well-Being – Physical & Mental		Chapter: Saturday
11/1	Degree Requirements & Mock Schedules	<b>Mandatory Advising Due</b>	
<b>Module 3: Understanding Yourself &amp; Others</b>			
11/8	Healthy Relationships & Bystander Intervention	<b>ASC or Byrne Due</b>	Chapter: Sunday
11/15	Identities, Inclusion & Social Justice		Chapter: Monday
11/22	Aggie Core Values & Personal Values	<b>Service Reflection Due</b>	Chapter: Later On
11/29	No Session – Happy Thanksgiving! (Gobble, gobble)		
12/2	Final Exam Prep (Redefined Day)	<b>StrengthsQuest Workshop Due</b>	

**\*\*This syllabus is subject to change\*\***