## Nicolaas E. Deutz, M.D., Ph.D.

Professor, Ponder Endowed Chair Editor-in-Chief Clinical Nutrition and Clinical Nutrition ESPEN Director of Clinical Research, Human Clinical Research Facility Director Center for Translational Research in Aging & Longevity Chair, Kinesiology Division and Associate Department Head Department of Health & Kinesiology, Texas A&M University Human Clinical Research Facility, 675 John Kimbrough Blvd., suite 125 College Station, Texas 77843-4253, U.S.A. Phone: +1-979-220-2910 Email: nep.deutz@tamu.edu; nep.deutz@ctral.org; nep.deutz@gmail.com

Education	
Resident, Department of Radiology, University of Amsterdam, The Netherlands	Feb 1988 - June 1988
Research Fellowship at Department of Experimental Medicine, University of	May 1984 - Jan 1988
Amsterdam (Ph.D.)	
Resident at the Neurosurgical Department, University of Amsterdam, The Netherlands	Sep 1983 - Apr 1984
Medical School, University of Amsterdam, The Netherlands (M.D.)	Sep 1976 - Sep 1983
Desitions	
Positions	
Chair, Kinesiology Division and Associate Department Head Department of Health & Kinesiology, Texas A&M University	June 2018 - present
Director of Clinical Research, Human Clinical Research Facility. Texas A&M University	Jan 2017 - present
Director of the Center for Translational Research in Aging & Longevity. Department of	April 2012 - present
Health & Kinesiology, Texas A&M University	
Professor, Ponder Endowed Chair. Department of Health & Kinesiology, Texas A&M University	April 2012 - present
Professor, Dept. of Geriatrics, College of Medicine, University of Arkansas for Medical	Dec 2006 - March 2012
Sciences, Little Rock, Arkansas	
Professor, Department of Dietetics and Nutrition, College of Health Related	Jan 2007 - March 2012
Professions, College of Medicine, University of Arkansas for Medical Sciences, Little	
Rock, Arkansas	
Professor, Department of Pediatrics, College of Medicine, University of Arkansas for	July 2007 - March 2012
Medical Sciences, Little Rock, Arkansas	
Visiting Professor of Center for Hepatology, University College London, United Kingdom	Jan 2001 - Nov 2006
Associate Professor, Department of Surgery, Maastricht University, The Netherlands	Jul 2000 - Nov 2006
Assistant Professor, Department of Surgery, Maastricht University, The Netherlands	Jul 1988 - Jun 2000
Honors/Awards	
Armstrong Scholar Award. Health and Kinesiology, Texas A&M University, College	2014
Station, TX	2014
Distinguished Lecture and Scholar Award. Nutrition, Aging and Longevity. Texas A&M	2014
University. College Station, Texas, USA	
Sir David Cuthbertson Lecture. Amino Acids between and within Organs, ESPEN – 2007	Sep 2007
Prague, Czech Republic	
Service/Leadership	
Editor-in-Chief of the Elsevier Journals "Clinical Nutrition", International	2005 - present
Editor-in-Chief of the Elsevier Journal "Clinical Nutrition ESPEN", International	2005 - present
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Member Editorial Board American Journal Physiology Endocrinology and Metabolism	2014 - present
	2005 - present
Director and founder, Center for Translational Research in Aging & Longevity.	2012 - present
Department of Health & Kinesiology, Texas A&M University	
Director of LC-MS Laboratory. Center for Translational Research on Aging & Longevity.	2007 - 2012
Dept. of Geriatrics, College of Medicine, University of Arkansas for Medical Sciences,	
Little Rock, Arkansas	
Director of animal and clinical research lab in the field of Clinical Nutrition and	2007 - 2012
Metabolism. Center for Translational Research on Aging & Longevity (CTRAL). Dept. of	
Geriatrics, College of Medicine, University of Arkansas for Medical Sciences, Little	
Rock, Arkansas	
Director of animal and clinical research lab in the field of Nutrition and Metabolism,	1988 - 2006
supervising 4-6 highly trained research assistants on a daily basis. Research was done	
studying gut, liver, muscle, kidney and brain metabolism in rats, pigs and	
(transgenic/knockout) mice and all necessary operations and techniques were done or	
managed. In addition, research was done in healthy volunteers and patients with	
various disease states. We have supported most of the animal and human research	
projects on protein and amino acid metabolism carried out at the Maastricht	
University Research Institute NUTRIM, The Netherlands	
Director of the Metabolic Research Center, supervising 4 technical assistants. In the	1988 - 2006
laboratory, determinations are done on a 24h basis using the following equipment: 3	
HPLC, 1 FPLC, 1 Mira, 4 LC-MS systems (3 LCQ, 1 TSQ). The Center has supported most	
of the research on protein and amino acid metabolism at the Maastricht University	
Research Institute NUTRIM (collaboration with the departments of Surgery, Medicine,	
Pulmonology, Pediatrics, Psychology) and was actively involved in research projects	
carried out abroad London, Paris, Stockholm	
Professional Affiliations	
National Institutes of Health, Review Panel member for Study Sections	2008 - present
Member of the scientific committee of the European Society of Parenteral and Enteral	2008 - present
Nutrition (ESPEN), International	
Chairman of the scientific committee of the European Society of Parenteral and	2000 - 2004
Enteral Nutrition (ESPEN), International	
Councilor American Physiology Society, E&M Section	2003 - 2007
Member of the scientific committee of the European Society of Parenteral and Enteral	1998 - 2000
Nutrition (ESPEN), International	
Treasurer of the Dutch section of Nutrition and Metabolism of the Dutch Society of	1998 - 2003
Gastroenterology, The Netherlands	
Secretary of the NWO (Netherlands Scientific Organization) group Liver Research, The	1993 - 1998
Netherlands	
Teaching/Mentoring	
Teaching Assistant and Associate Professors, PhD students and Graduate Students.	2007 - present
Center for Translational Research on Aging & Longevity (CTRAL).	2007 - present
Supervise PhD student DA van Waardenbrug. Protein metabolism and nutritional	2008
LOUVELVISE FILD STUDETTE DA VALEVVAALOPOOLUP. PLOTETU MELADOUSM AND NUTLIONAL	2008
requirements in critically ill children. Thesis Defense Maastricht University	2000
requirements in critically ill children. Thesis Defense Maastricht UniversitySupervise PhD student YLJ Vissers. Peri-operative arginine metabolism in cancer.	2008
requirements in critically ill children. Thesis Defense Maastricht University	2008

Supervise PhD student SWM Olde Damink. The effects of blood protein on human	2005
metabolism. Thesis Defense Maastricht University (Cum Laude)	2005
Supervise PhD student R Jalan. Hepatic Encephalopathy and brain function. Thesis	2005
Defense Maastricht University (Cum Laude)	2004 2000
Supervise 4 PhD and 2-4 PhD students in Experimental and Clinical Research.	2004 - 2006
Maastricht, The Netherlands Supervise PhD student CKL Lieben. Serotonin and Behaviors: animal studies applying	2004
the method for acute tryptophan depletion. Thesis Defense Maastricht University	2004
Supervise PhD student MM Hallemeesch: Nitric Oxide and the gut. Thesis Defense	2001
Maastricht University	2001
Supervise PhD student WJ de Jonge: Implications of arginine deficiency for growth and	2001
organ development. Thesis Defense University of Amsterdam	2001
Supervise PhD student MJ Bruins: Nitric Oxide and the gut. Thesis Defense Maastricht	2001
University	
Supervise PhD student HMH van Eijk. Analytical aspects to the study of amino acid	1999
metabolism. Thesis Defense Maastricht University	
Co-organizer of the two week international postgraduate course "ESPEN Advanced	1998 - 2003
Course on Clinical Nutrition", organized for students coming from all over Europe and	
abroad, Maastricht/Bonn, International	
Co-Organizer of the post-graduate course "In vivo use of isotopes", The Netherlands	1996 - 2000
Supervisor PhD student CHC Dejong: Ammonia and glutamine metabolism during liver	1993
failure: Studies in rats. Thesis Defense Maastricht University	
Certifications and Licensure	
Physician Nutrition Specialist, ABPNS, USA	Dec 2008 - Dec 2018
Medical Physiologist	2000 - present
Medical Doctor. The Netherlands (BIG #69020621101)	Sep 1988 - present
Laboratory Animal Medicine (DLAM: #1850-07).	Jan 2007 - present
Arkansas State Medical License (#E-5637)	June 2008 - Mar 2012
National Provider Identifier (NPI: 1932369766)	June 2008 - present
Arkansas Department of Health (#AR050407-1)	Jan 2008 - Mar 2012
DEA Certification (#RD0361648)	Jan 2008 - present
Physician Nutrition Specialist (#2080350)	Dec 2008 - present
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Professional Memberships and Activities	
Member of Clinical Nutrition Week 2010 Committee (ASPEN)	2009
Member of Scientific Committee ESPEN	2005 - present
Member of the American Society of Parenteral and Enteral Nutrition (ASPEN)	2008 - 2015
Member of the European Society of Clinical Nutrition and Metabolism (ESPEN)	1989 - present
Member of the American Physiological Society	2000 - present
Member of the American Society of Nutrition	2007 - present
Committee Assignments and Administrative Services	
Chair Promotion and Tenure Committee. Dept. Health and kinesiology. Texas A&M	2016 - 2017
University	
Clinical Trial Review Committee, Department of Health and Human Services	2011
Committee Clinical Research, University of Arkansas for Medical Sciences	Mar 2011 - Mar 2012
University of Arkansas for Medical Sciences, Research Council	2011 - 2012
University Hospital Institutes, The French National Research Funding Agency ANR,	January 2011
Paris, France	

Member Data and Safety Monitoring Board (DSMB), National Institute of Aging (NIA)	May 2010 - Aug 2013
For DSMB Members participating in oversight of SBIR Grant "Nutritional Intervention	
for Age-Related Muscular Function and Strength Losses" PI Dr. John A. Rathmacher, 1 R44 AG034722-01A1.	
University of Arkansas for Medical Sciences, Dept. of Geriatrics, RIOA Vertical	2009 - 2011
Expansion Space Committee	2005 2011
University of Arkansas for Medical Sciences, Medical Student Interviews	2009
Foundation for Liver Research, External Peer Reviewer	2008
Government based NWO (Netherlands Scientific Organization)	1990 - 2001
ESPEN research fellowships, International	1996 - present
European commission program on Research applications, International	2001
Editorial Management and Boards	2005 - 101000
Editor-in-Chief of the Elsevier Journal "Clinical Nutrition", International	2005 - present
Editor-in-Chief of the Elsevier Journal "Clinical Nutrition ESPEN, International	2005 - presen
American Journal of Physiology - Endocrinology and Metabolism	2008 - presen
Associate Editor Clinical Nutrition Experimental	2014 - presen
Ad Hoc Peer Reviewer Journals (selection)	
Am J Physiology	
J Physiology	
J Applied Physiology	
Lancet	
PLOSone	
Clinical Nutrition	
Clinical Nutrition ESPEN	
Am J Clin Nutrition	
J Par Ent Nutrition	
Metabolism	
Br. J Nutrition	
Food, Science and Nutrition	
Nutrition and Metabolism	
Annual Review Nutrition	
Educational Activities	
Special Topics: Methods in Human Clinical Research - KINE 689, Texas A&M University	Fall 2017 - presen
Critical Review of Manuscripts in Clinical Research - KINE 681, Texas A&M University	Spring 2017 - presen
Special Topics: Introduction in Human Clinical Research - KINE 689, Texas A&M	Spring 2017 - present
University	
Fractional Protein Breakdown and transorgan protein kinetics. Intensive Course in	April 201
Tracer Methodology in Metabolism, CTMM 2017. College Station, Texas	April 2017
New developments, pulse tracer approaches. ESPEN Tracer Course. Intensive Course in	April 2017
Tracer Methodology in Metabolism, CTMM 2017. College Station, Texas	· · · · · · · · · · · · · · · · · · ·
Examples of the use of stable tracers in chronic disease. Maastricht Symposium on	Sept 2017
stable tracers. Maastricht, Netherlands	
Planning and Conduct of Human Clinical Research - KINE 482, Texas A&M University	Spring 201
Fractional Protein Breakdown and transorgan protein kinetics. Intensive Course in Tracer Methodology in Metabolism, CTMM 2016. Derby, England.	June 2016

Net Protein Anabolism and Chronic Disease in the Older Adult. Texas A&M,ANSC/NUTR 613.	Apr 2016
	luna 2014
Protein Synthesis and Breakdown. Intensive Course in Tracer Methodology in Metabolism, CTMM 2014, Stockholm, Sweden	June 2014
Misc Topics in the Isotope World. Intensive Course in Tracer Methodology in	June 2014
Metabolism, CTMM 2014, Stockholm, Sweden	
Arkansas Geriatric Education Center (AGEC) NUTRITION & AGING XXVI: Nutrition in	Sep 2013
Chronic Disease	
Arkansas Geriatric Education Center (AGEC) NUTRITION & AGING XXVI: Nutrition in	Sep 2011
Chronic Disease	Au = 2011
UAMS, College of Medicine, Geriatrics Grand Rounds	Aug 2011
Abbott Nutrition Journal Writing Workshop, Writing a Good Nutrition Manuscript That Gets Published. Insights on Publication/Common mistakes in submitted manuscripts that lead to rejection/Discussion on published papers	Jul 2011
Reynolds Institute on Aging Advisory Board, Everything I Wanted to Know About Eating Right and Staying Fit, Little Rock, Arkansas	May 2011
Arkansas Research Alliance "Healthy Arkansas" Research Conference to initiate UAMS-related Research Companies	Apr 2011
UAMS, College of Medicine, Geriatrics Grand Rounds	May 2009
Faculty member: Annual NIDDK/MMPC Course on Isotope Tracers in Metabolic	2008 - 2011
Research	
Organizer of the International ESPEN Post-Graduate Course in Tracer Methodology in Metabolism.	2003 - present
Organizer of the Post-Graduate education for PhD Students in NUTRIM on "Protein	2001
and amino acid metabolism in health and disease: methodology and interpretation.	
Organizer of the Post-Graduate education for PhD Students in NUTRIM on "Analytical techniques".	1999 - 2004
Organizer of the ESPEN European Intensive Course on Clinical Nutrition (Maastricht/Bonn, 2 weeks).	1998 - 2002
Organizer of the Post-Graduate education for PhD Students in MENU Education school on "In vivo use of isotopes".	1994 - 1998
Post-Graduate education for PhD Students in MENU Education school on "Regulation of metabolism".	1994 - 1998
Tutor for several courses for Medical students.	1991 - 2006
Supervisor for Medical students and students Health sciences.	1988 - 2006
Counselor for Medical students.	1988 - 1994
Annual oral presentations for students Medicine and Health Sciences, University Maastricht on "Gut and liver metabolism".	1988 - 2001
Presenting and tutoring during the Erasmus/ESPEN European Intensive Course on Clinical Nutrition in Maastricht.	1988 - 1996
Presenting lectures on nutrition and metabolism at the scientific nutritional training	1988 - 1996
course in Maastricht.	1909 - 1990
Supervising medical students in scientific research, University of Amsterdam.	1983 - 1988
Teacher Neurology at the Academy of Physiotherapy, "J. van Essen", Amsterdam, The Netherlands.	1979 - 1981
Grant and Contract Awards	
Current Federal Projects. Total funding = \$202,698	

University of Vermont (sub award 1R01HL132887-01A1). Nutrition and Exercise in	2017 - 2022
Critical Illness (The NEXIS Trial): A Randomized Trial of Combined Cycle Ergometry and	2017 2022
Amino Acids in the ICU. Role in project: Col.	
NSF-EEC-1648451 . Engineering Research Center for Precise Advanced Technologies	2017 - 2022
and Health Systems for Underserved Populations (PATHS-UP). Role in Project: Co-PI.	2017 - 2022
Foundation-Sponsored Projects. Total funding = \$470,000	
Abbott Nutrition. Effects of low dose of Fish Oil (EPA+DHA) vs. combined EPA+DHA	2018
and HMB or curcumin supplementation on protein metabolism, muscle mass and	
functional capacity in moderate to severe COPD. Role in Project: Pl.	
Abbott Nutrition. Preclinical study in pig sepsis model to evaluate the efficacy of HMB	2018
on whole body protein turnover using pulse labeling methodology. Role in Project: PI.	2010
ESPEN. Role of metabolic phenotyping, changes in gut function and the response to a	2017 - 2018
meal to explain the variability in weight loss induced by Very Low Caloric Diet in	2017 2010
(morbidly) obese adults. Role in Project: Pl.	
Industry-Sponsored Projects. Total funding = \$134,400	
Abbott Nutrition. Measure HMB and amino acid levels in BL01 baseline blood samples.	2017
Role in project: PI.	
Measure HMB and amino acid levels in BL20 blood samples. Abbott Nutrition. Role in	2017
project: Pl.	
Projects Under Review	
Flipping Type II Diabetes and Protein Storage: Mechanisms of Skeletal Muscle	2017 - 2020
Hypertrophy with Calorie Dense Food in Young Mice. American Diabetes Association.	
Role in project: Co-PI.	
FI:ErgoSleepFit: A Smart Sleep Assessment System for Diversifying Sleep Care Services.	2017 - 2018
National Science Foundation. Role in Project: Co-PI.	
SCH: INT: SleepInformant: Preventing Severe Sleep Apnea Through Early Detection.	2018 - 2021
National Science Foundation. Role in project: Co-PI.	2010 2021
Preserving Skeletal Muscle Morphology in Ground-based Microgravity with FDA	2017 - 2020
Approved Interventions: Targeting Oxidative Stress, Astronaut Age, and Synergism	2017 2020
with Exercise. NASA. Role in Project: Co-PI.	
Center for Translational Environmental Health Research. Baylor College of Medicine	2017-2022
(prime sponsor NIH). Role in Project. Co-PI.	2017 2022
Completed Projects. Total Lifetime funding = \$14,192,000	
ESPEN. Exercise induced gut dysfunction and the anabolic response to feeding in	2016 - 2017
patients with Chronic Obstructive Pulmonary Disease and Chronic Heart Failure.	
ESPEN. Role in Project: PI.	
National Institutes of Health (P30-ES023512-01). Integrated Health Science Facility	2014 - 2019
Core. Role in project: PI	
Development of Well-Characterized Mini-Pig Models of GI-ARS and H-ARS. Henry	2016 - 2017
Jackson Foundation. Role in Project: PI	
Abbott Nutrition. Evaluation of AN777 on Lean Body Mass in Healthy Older Subjects	2014 - 2017
During Bed Rest and Recovery. Role in Project: PI.	
Abbott Nutrition. Human Metabolism of HMB: A Feasibility Study. Role in Project: PI.	2016 - 2017
Abbott Nutrition. Feasibility of novel laboratory methods for use in nutrition studies.	2016
Role in Project: PI.	

ICAAS. Methionine Tolerance Experiment. Role in Project: PI.	2015 - 2016
Triheptanoin Treatment And Restoring Intermediary Metabolism In Type 2. ESPEN.	2015 - 2016
Role in Project: Co-PI.	
Ocera Therapeutics Inc. Human Metabolism of Ornithine Phenylacetate. Role in	2015
Project: Pl	
Abbott Nutrition. A Randomized Double Blinded Controlled Trial of an Oral Nutritional	2013 - 2014
Supplement Containing AN 777 in Older Hospitalized Patients. Role in project: PI	
3R01GM084447-03S1 – National Institutes of Health. Optimal Amino Acid Nutrition in	2010 - 2012
Sepsis – Collaborative Research with Karolinski Institute. Role in Project: Co-PI	
3R01GM08447-02S1 National Institute of Health. Optimal Amino Acid Nutrition in	2010 - 2011
Sepsis – Equipment – LCMS detector. Role in Project: Co-Pl	
R01 - HL095903 National Institutes of Health. Eicosapentaenoic acid and protein	2009 - 2013
modulation to induce anabolism in COPD. Role in project: Co-PI	
R01 - GM084447 National Institutes of Health. Optimal Amino Acid Nutrition in Sepsis.	2008 - 2012
Role in project: Pl	
Arkansas Center for Clinical and Translational Research/ National Institute on Health -	2010 - 2012
Development of an innovative panel of methods to measure intestinal macronutrient	
digestion, absorption, and function. Role in project: Pl	
S10 - RR027047 National Institute of Health - TSQ Vantage Bundle with Acquity	2010 - 2011
UltraPerformance LC. Role in project: Pl	2010 2011
Nestle. RES-DZ-01-03 Study in Septic-shock ICU Patients in which arginine was infused	2007 - 2010
to improve their condition. Role in project: Pl	2007 2010
Arkansas Children's Hospital Research Institute, ABI Competitive Research Grant	2008 - 2010
Program. Amino acid intake to counteract muscle wasting. Role in project: Pl	2000 2010
Unilever-Nutreco. Nutrition of the Gut. Feed/Food solutions for the infected gut. Role	2007 - 2010
in project: Pl	2007 2010
Arkansas Children's Hospital Research Institute, CUMG Award. Development and	2006 - 2010
applicability of a new stable isotope method to determine protein requirements in	2000 2010
critically ill children. Role in project: Co-I	
Unilever R&D Vlaardingen. Absolute Bioavailability of Hoodia Seroidal Glycosides in	2007 - 2008
Pigs # 06D7X. Role in project: Pl	
Absorption kinetics of peptides in pigs. Unilever/DSM. Role in project: PI	2004 - 2006
WCFS-A012. Role protein in Obesity. 4 year 1.3 Lab Technician. 0.3 senior researchers.	2005 - 2008
Role in project: Pl	2000 2000
Top Institute Food and Nutrition. Pig SCFA transport over colonic epithelium & Mouse	2007 - 2008
n-Butyric acid to amino acid transfer. Role in project: Pl	
ESPEN NESTLE research fellowship: "The effect of cancer and surgery on the	2005 - 2007
inter-organ protein response to feeding". Role in project: Co-I	2000 2007
Burn wounds and treatment with Arginine. Kootstra fellowship to Kim Wehrens. Role	2006
in project: Co-I	
Chronic Tryptophan depletion and cerebral function. Kootstra fellowship for Cindy	2005 - 2006
Lieben. Role in project: Co-I	
Cerestar. Measurement of portal production of glucose of 5 wheat-based cereal	2004
foodstuffs in pigs. Role in project: PI	2001
WCFS. Homocysteine tracer kinetics. Role in project: PI	2003 - 2005
NWO AGIKO 920-03-240 for Mrs. YLJ Vissers. Arginine. Peri-operative depletie en	2003 - 2005
repletie bij kanker. Role in project: Pl	2003 2003
ESPEN NESTLE research fellowship: "Effects of glutamate ingestion on protein	2003
metabolism and exercise capacity in COPD patients at rest and during exercise". Role	2003
in project: Co-I	
British Journal of Surgery Research Bursaries 2002. Role in project: Co-I	2003

Danone-Cerestar. Measurement of the rate of absorption of glucose of 5 wheat-based cereal foodstuffs in pigs. Role in project: PI	2003
European Whey Protein Association and European Dairy Association. Role in project: PI	2002 - 2004
The role of arginine during Cancer: ESPEN Award. Role in project: Co-I	2002 - 2004
ESPEN research fellowship: Citrulline, a quantitative biological marker for small bowel	2000 - 2002
mucosal mass in patients treated with radiation therapy to pelvic and/or abdominal	
cancer. Role in project: Co-I	
ESPEN research fellowship: Glutathione synthesis in the intestine, liver, kidney and	2000 - 2002
muscle of well and undernourished patients. Role in project: Co-I	
Nutricia: Perioperative nutrition. Role in project: Co-PI	1998 - 2002
Fresenius-KABI: Glutamine and Glutamine-dipeptides. Role in project: Co-PI	1998 - 2001
NWO AGIKO 920-03-036 for Mr. SWM Olde Damink. The effects of isoleucine	1997 - 1998
supplementation during simulated upper gastrointestinal tract bleeding. Role in project: Co-I	
NWO equipment funding 902-23-239. LCQtm Benchtop MSn System for HPLC. Role in project: PI	1997 - 2000
European Dairy Association: Protein quality of CASEIN vs. SOY, part II. Role in project: PI	1997 - 1999
Dutch Gut-Liver foundation WS 96-20: The labile gut protein pool and its role during disease. Role in project: PI	1997 - 1999
Industry-related project: Nutricia: Glutamine-enriched proteins use in depleted and critically ill patients. Role in project: Co-PI	1996 - 1998
NWO program 902-23-098. Intestinal arginine and nitric oxide metabolism in development and disease. Role in project: PI	1995 - 2005
Assilec: Protein quality of CASEIN vs SOY. Role in project: PI	1995
Dutch Gut-Liver foundation WS 91-29. The role of enteral nutrition on adaptation after small bowel resection in the growing individual. Role in project: PI	1993 - 1995
Nutricia: Biological availability of Glutamine-enriched proteins in pigs: Role in project: Pl	1993 - 1996
ESPEN research fellowship: Glutamine supplemented enteral nutrition during adaptation to short bowel syndrome in the pig: effects on protein kinetics and transmembrane transport Role in project: Co-I	1993 - 1994
NWO project 900-562-125. Characterization of altered amino acid metabolism in	1992 - 1996
cancer and the relation with cytokines. Role in project: Co-PI	
DMV-Campina: Absorption characteristics of protein: Role in project: PI	1990 - 1993
Maastricht University, the Netherlands. Nutrim "Liver coma research". Role in project: Pl	1988 - 2003
Patents and Technology Transfer	
Deutz NE, Ligthart-Melis, G, Engelen MP, Ten Have, GA. Methods for Diagnosing	2015
Impaired Absorption of Amino Acids, Monosaccharides and Fatty Acids	
Deutz NE, Engelen MP, Methods of Metabolic Kinetic Phenotyping and Uses of	2015
Thereof. US 15/180,571.	
Deutz NE, Engelen MP, Com G, Thaden JJ, inventors; Google Patents, assignee.	2014
Methods of Measuring Protein and/or Fat Digestibility and Uses Thereof. US	
14/031,921.	
Wolfe RR, Troup J, <u>Deutz NEP</u> . Compositions and methods for increasing muscle mass,	201
strength, and functional performance in the elderly. <i>European patent application</i> . UNITED STATES PATENT AND TRADEMARK OFFICE GRANTED PATENT. Patent	
cooperation treaty application.	

Ferrando AA, Wolfe RR, Troup JP, <u>Deutz NEP</u> . Compositions and methods for sparing muscle in renal insufficiency and during hemodialysis. <i>Patent cooperation treaty</i>	2010
application.	
Deutz NEP, Troup JP, Wolfe RR. Composition and methods to manage the	2010
inflammatory basis of chronic disease conditions and maintain an optimal immune	
response in elderly. Patent cooperation treaty application. 140/1686 us	
Wolfe RR, Troup JP, <u>Deutz NEP</u> . Systems for and Methods of use of Therapeutic	2009
Nutrition for the Management of Age-Associated and Age-Specific Health Conditions	
of the Elderly. UNITED STATES PATENT AND TRADEMARK OFFICE PRE-GRANT	
PUBLICATION. Patent cooperation treaty application.	
Wolfe RR, Troup J, <u>Deutz NEP</u> . Determination of tissue-specific profile of amino acid	2009
requirements form the relationship between the amounts of tRNAs for individual	
amino acids and the protein-bound amino acid profile of the tissue. UNITED STATES	
PATENT AND TRADEMARK OFFICE PRE-GRANT PUBLICATION.	
Wolfe RR, Troup J, <u>Deutz NEP</u> . Compositions and methods for improving	2009
cardiovascular health. Patent cooperation treaty application. UNITED STATES PATENT	
AND TRADEMARK OFFICE PRE-GRANT PUBLICATION. 140/1641 US	
Edens I, <u>Deutz NEP</u> , Dekker PJT. Peptidylarginine deiminase and uses thereof in the	2009
production of citrullinated proteins and peptides. <i>European patent application</i> . <i>Patent</i>	
cooperation treaty application. Patent: PCT/EP2007/056310. Patent:	
PCT/EP2007/056310	
Deutz NEP, Greenberg NA, Kaspar KM, Kvamme C, Luiking YC. Treatments using	2009
citrulline. United States patent and trademark office pre-grant publication. Patent	
cooperation treaty application.	
Engelen MPKJ, <u>Deutz NEP</u> , Schols AMWJ, Wouters EFM. Compositions and methods for	2006
improving the condition of patients suffering from COPD and other diseases. UNITED	
STATES PATENT AND TRADEMARK OFFICE PRE-GRANT PUBLICATION. European patent	
application. Patent cooperation treaty application. Pct/ep 04/00151	
application. Patent cooperation treaty application. Pct/ep 04/00151 Invited Presentations & Seminars	
Invited Presentations & Seminars	Oct 2019
Invited Presentations & Seminars $\beta$ -hydroxy $\beta$ -methylbutyrate (HMB) to stimulate anabolism in acute and chronic	Oct 2018
Invited Presentations & Seminars $\beta$ -hydroxy $\beta$ -methylbutyrate (HMB) to stimulate anabolism in acute and chronic disease. ESPEN-SENPE Symposium, Madrid. Spain.	
Invited Presentations & Seminars $\beta$ -hydroxy $\beta$ -methylbutyrate (HMB) to stimulate anabolism in acute and chronic disease. ESPEN-SENPE Symposium, Madrid. Spain. Association between baseline levels of amino acids and their metabolites and clinical	
Invited Presentations & Seminars $\beta$ -hydroxy $\beta$ -methylbutyrate (HMB) to stimulate anabolism in acute and chronic disease. ESPEN-SENPE Symposium, Madrid. Spain.Association between baseline levels of amino acids and their metabolites and clinical outcomes in malnourished, hospitalized older patients. ESPEN 2018, Madrid, Spain	Sept 2018
Invited Presentations & Seminars $\beta$ -hydroxy $\beta$ -methylbutyrate (HMB) to stimulate anabolism in acute and chronic disease. ESPEN-SENPE Symposium, Madrid. Spain.Association between baseline levels of amino acids and their metabolites and clinical outcomes in malnourished, hospitalized older patients. ESPEN 2018, Madrid, SpainSpecialized Amino Acid kinetic Measurements with Stable Tracers. ESPEN 2018	Sept 2018
Invited Presentations & Seminars $\beta$ -hydroxy $\beta$ -methylbutyrate (HMB) to stimulate anabolism in acute and chronic disease. ESPEN-SENPE Symposium, Madrid. Spain.         Association between baseline levels of amino acids and their metabolites and clinical outcomes in malnourished, hospitalized older patients. ESPEN 2018, Madrid, Spain         Specialized Amino Acid kinetic Measurements with Stable Tracers. ESPEN 2018         Madrid, Spain	Sept 2018 August 2018
Invited Presentations & Seminars $\beta$ -hydroxy $\beta$ -methylbutyrate (HMB) to stimulate anabolism in acute and chronic disease. ESPEN-SENPE Symposium, Madrid. Spain.Association between baseline levels of amino acids and their metabolites and clinical outcomes in malnourished, hospitalized older patients. ESPEN 2018, Madrid, SpainSpecialized Amino Acid kinetic Measurements with Stable Tracers. ESPEN 2018 Madrid, SpainFractional Protein Breakdown and transorgan protein kinetics. Intensive Course in	Sept 2018 August 2018
Invited Presentations & Seminars $\beta$ -hydroxy $\beta$ -methylbutyrate (HMB) to stimulate anabolism in acute and chronic disease. ESPEN-SENPE Symposium, Madrid. Spain.Association between baseline levels of amino acids and their metabolites and clinical outcomes in malnourished, hospitalized older patients. ESPEN 2018, Madrid, SpainSpecialized Amino Acid kinetic Measurements with Stable Tracers. ESPEN 2018 Madrid, SpainFractional Protein Breakdown and transorgan protein kinetics. Intensive Course in 	Sept 2018 August 2018 June 2018
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Age and Disease-Related Muscle Loss: Implications for Clinical Practice and Evidence	Oct 2017
for Action. Symposium. Singapore	
New stable tracer approaches to measure human metabolism. Radiation Research	Oct 2017
Society. Cancun, Mexico.	
Nourish the Muscle, Impact Survival: New Evidence on the Role of Specialized	July 2017
Nutrition in Improving Patient Outcomes. Annual Swiss Clinical Nutrition Meeting,	
Zurich, Switzerland	
Nourish the Muscle, Impact Survival: New Evidence on the Role of Specialized	July 2017
Nutrition in Improving Patient Outcomes. Annual Italian Clinical Nutrition Meeting,	
Florence, Italy	
Evolving Concepts in Nutrition Care in Hospitalized Patients. Canadian Nutrition	May 2017
Society. Montreal, Canada.	
Fractional Protein Breakdown and transorgan protein kinetics. Intensive Course in	Apr 2017
Tracer Methodology in Metabolism, CTMM 2017. College Station, USA.	
Protein turnover and the response to nutrition in cancer. KEPAN Meeting, Antalya,	
Turkey	
Protein turnover and the response to nutrition in respiratory disease. KEPAN Meeting.	Mar 2017
Antalya. Turkey	
Specialized oral nutritional supplement (ONS) improves nutrient intake of Hospitalized,	Sep 2016
malnourished older adults without decreasing regular food intake. ESPEN Congress,	
Copenhagen, Denmark.	
Nourish the muscle, impact survival: New evidence on the role of specialised nutrition	Sep 2016
in improving patient outcomes. ESPEN Congress, Copenhagen, Denmark.	·
Protein turnover and the response to nutrition in muscle wasting in cancer. PENSMA	Aug 2016
Congress. Kuala Lumpur, Malaysia	0
The Importance of Lean Body Mass & Muscle in Healthy Ageing: Latest Evidence.	Aug 2016
PENSMA Congress. Kuala Lumpur, Malaysia	
Protein turnover and the anabolic response to nutrition in	Aug 2016
Respiratory diseases. PENSMA Congress. Kuala Lumpur, Malaysia	
Fractional Protein Breakdown and transorgan protein kinetics. Intensive Course in	June 2016
Tracer Methodology in Metabolism, CTMM 2016. Derby, England.	000 2020
The Importance of Lean Body Mass & Muscle in Healthy Ageing: Latest Evidence.	June 2016
POLSPEN Congress. Krakow, Poland.	5011C 2010
Leucine and HMB containing nutritional supplements to reduce the effects of Cancer	June 2016
Cachexia. Ganepao 2016. Sao Paulo, Brazil.	June 2010
Net Protein Anabolism and Chronic Disease in the Older Adult. ASPEN Clinical Nutrition	Jan 2016
Week. Austin, TX, USA.	5011 2010
Protein turnover and the response to nutrition in muscle wasting in cancer. Cachexia	Dec 2015
Meeting. Paris, France	Dec 2015
	Nov 2016
The Importance of Lean Body Mass & Muscle in Healthy Ageing: Latest Evidence.	Nov 2016
Amsterdam, The Netherlands (via SKYPE)	Nov 2015
NOURISH Trial. Nutrition effect On Unplanned Readmissions and Survival in	Nov 2015
Hospitalized patients. Dallas, TX, USA	0-+ 2015
The Importance of Lean Body Mass & Muscle in Healthy Ageing: Latest Evidence. CEHD Development Board, College Station, TX, USA	Oct 2015
	Can 2015
Use of tracer approaches to measure metabolism. NUTRIC, Toronto, Canada	Sep 2015
Strategies to optimize protein synthesis. ESPEN Lisboa. Portugal	Sep 2015
The Importance of Lean Body Mass & Muscle in Healthy Ageing: Latest Evidence. ESPEN Lisboa. Portugal	Sep 2015
Which Biomarkers are Used to Evaluate Muscle Mass & Function. ESPEN Lisboa.	Sep 2015
Portugal	·

Relation Intake and Net Protein Anabolism. ESPEN Lisboa. Portugal	Sep 2015
Protein Anabolism and metabolic kinetic phenotyping in older adults with chronic	Sep 2015
disease and cancer. Sao Louis, Brazil	
Nitric Oxide and Arginine Metabolism in Critical Illness, SHOCK, Denver	June 2015
Protein Anabolism and metabolic kinetic phenotyping in older adults with chronic	May 2015
disease and cancer, AGE, Marina Del Rey	
Metabolic Kinetic Phenotyping, UT Austin, TX	April 2015
Protein Requirements in Chronic Diseases, Sigma Xi Symposium, College Station, TX	Mar 2015
Special nutritional issues to consider in trials, SCWD, Washington	Dec 2014
Use of protein tracer studies to measure anabolism, NUTRIC, Toronto	Nov 2014
Targeted fluxomics in humans to measure the synthesis and breakdown of biological	Sept 2014
molecules. ISHEN, London, UK	
Obtaining protein anabolism in Cancer, COPD and other diseases. POLSPEN, Warsaw, Poland	June 2014
Protein Synthesis and Breakdown. Intensive Course in Tracer Methodology in Metabolism, CTMM 2014, Stockholm, Sweden	
Misc Topics in the Isotope World. Intensive Course in Tracer Methodology in	June 2014
Metabolism, CTMM 2014, Stockholm, Sweden	
Nutrition, Aging and Longevity. HLKN Distinguished Lecture, College Station, TX	April 2014
Protein Requirements during Chronic Disease States. Institute for Arctic Biology, Fairbanks, AK	April 2014
	March 2014
Nutrition and cancer cachexia. MD Anderson, Houston, TX	
Nutritional interventions with proteins. Davisco, Minneapolis, MN	March 2014
Arginine, Citrulline and Sepsis in Animals and Humans. TAMHSC, Temple, TX	Feb 2014
Nutritional intervention in cancer cachexia. A.S.P.E.N. Research Workshop, Savannah,	Jan 2014
GA	Dec 2012
Nutritional intervention in cancer cachexia. Cachexia Meeting, Kobe, Japan	Dec 2013
Protein Requirements during Chronic Disease States. ESPEN Expert Meeting. Dubrovnik, Croatia	Oct 2013
	Cont 2012
Geriatric Nutrition in Acute Care. UAMS Center on Aging, Little Rock, AR	Sept 2013
Clinical Nutrition Editors in Chief. ESPEN Leipzig, Germany	Sept 2013
Protein transorgan and fractional synthesis and breakdown rates. Intensive Course in Tracer Methodology in Metabolism, CTMM 2013, College Station, USA	April 2013
Model to measure net protein synthesis after bolus meal. The American Federation for Aging Research (AFAR) Protein Panel. New York, USA	April 2013
Arginine and Protein metabolism in Lung Disease. ESPEN Barcelona, Spain	Sept 2012
Clinical Results from the Use of HMB to Prevent Muscle Loss During Bed Rest. ESPEN Barcelona, Spain	Sept 2012
Special formulations of EAA and LEU in Cancer. Ganapao San Paulo, Brazil	June 2012
Arginine metabolism in ICU. Ganapao San Paulo, Brazil	June 2012
Protein Supplements to overcome anabolic resistance in Cancer. Clinical Nutrition	Jan 2012
Week. Orlando	
Nutrition and Lung Disease. Arkansas Geriatric Education Center (AGEC) NUTRITION & AGING XXVI: Nutrition in Chronic Disease, Double Tree Hotel, Little Rock	Sep 2012
Malnutrition. UAMS, 12 <sup>th</sup> Annual Geriatrics and Long Term Care Update, Donald W. Reynolds Institute on Aging, UAMS, Little Rock	Sep 2012
Fractional Protein Synthesis and Breakdown rate. Intensive Course in Tracer Methodology in Metabolism, CTMM 2011, Athens, Greece	May 2012
Regulation of NO production in Health and Disease. Turkish Clinical Nutrition Society, Antalya, Turkey (KEPAN)	Apr 2011

Role specific Amino Acids. International Symposium: Dietary Protein for Human	Mar 2011
Health, Auckland, New Zealand	
Clinical Nutrition in the Elderly. 12 <sup>th</sup> Annual Geriatrics and Long Term Care Conference, Little Rock, AR.	Sep 2010
Transorgan amino acid kinetics. Intensive Course in Tracer Methodology in	Jun 2010
Metabolism, CTMM 2010, Stockholm, Sweden	
Conference Citrulline: a tool to measure intestinal radiation damage. CONTREC. Petit-Jean	Apr 2010
Protein Metabolism. Isotope Tracer in Metabolic Research Course, Little Rock, AR	Apr 2010
Cachexias: Similarities and Differences. Novartis Strategic Advisory Board on Muscle	Mar 2010
Diseases, Cambridge, MA	
Leucine-enriched essential amino acid intake to optimize protein anabolism in	Feb 2010
pediatric subjects with Cystic Fibrosis. Presentation Cystic Fibrosis Research, site visit	
Arkansas Children's Hospital, Little Rock, AR	
Amino Acid supplements, inflammation, and muscle metabolism. Protein Summit,	Oct 2009
Maastricht. The Netherlands	
Amino Acid supplements, inflammation, and muscle metabolism. Do we know enough	Oct 2009
to effectively intervene? – Bedside to Bench, NIH Symposium, Bethesda.	
Gut and its requirements. Benjamin Franklin- Lafayette Symposium. Frejus, France	Jun 2009
Measuring Metabolic Fluxes in vivo. Experimental Biology, New Orleans	Apr 2009
Scientifically-based Clinical Nutrition for the Elderly. Dept. of Geriatrics, Institute on	Dec 2007
Aging Board Meeting. Little Rock, AR.	2007
Interorgan exchange of Amino Acids: What is the driving force? ISEP 2007, Vichy,	Sep 2007
France,	3cp 2007
Sir David Cuthbertson Lecture. Amino Acids between and within Organs, ESPEN – 2007	Sep 2007
Prague, Czech Republic	3cp 2007
Clinical Nutrition in the Elderly. 9 <sup>th</sup> Annual Geriatrics and Long Term Care Conference,	Oct 2007
Little Rock. AR.	0002007
Is There a Place for Arginine in ICU Patients? Seminar Series, Dietetic and Nutrition,	Mar 2007
Little Rock, AR.	
Biomarkers of Arginine and Lysine excess. Ajinomoto ICAAS meeting, Budapest,	Nov 2006
Hungary.	
Glutamate and Clinical Nutrition. ESPEN Istanbul, Turkey.	Oct 2006
NO and oxidative stress. SINPE Spring Event- Maratea, Italy.	Jun 2006
Interorgan amino acid kinetics. ESPEN Brussels.	Oct 2005
Arginine metabolism during cancer. Nutrition Week, Orlando, U.S.A.	Feb 2005
Nitric oxide turnover in vivo. Amino-Acid/Protein Metabolism in Health and Disease,	Oct 2004
6 <sup>th</sup> International Congress, Milano, Italy.	000 200 1
Nitric oxide production: A good or a bad phenomenon: ESPEN Lisboa, Portugal.	Sep 2004
Studies on the role of nitric oxide in porcine sepsis. 6th World Congress on Trauma,	June 2004
Shock, Inflammation and Sepsis, Munich, Germany.	June 2004
Organ protein and carbohydrate metabolism during sepsis. Geneva Symposium for	June 2004
Nutrition, Geneva, Switzerland.	June 2004
In vivo interorgan Arginine Metabolism. Symposium on Arginine, Bermuda.	Apr 2004
Arginine therapy in septic shock. Nutrition Week, Las Vegas U.S.A.	Jan 2004
Tracer methods in gut amino acid metabolism during sepsis. 9 <sup>th</sup> International	June 2003
Symposium on Digestive Physiology in Pigs. Banff, Canada.	Julie 2005
The role of Arginine during sepsis. Nutrition Week, San Antonio U.S.A.	Jan 2003
	Oct 2002
Plasma Plasma protein synthesis measurements using a proteomics strategy. Amino	
Plasma Plasma protein synthesis measurements using a proteomics strategy. Amino acid Safety and Adequacy, Hawaii, U.S.A.	

Description of anothin based decay by mutations, ECDEN, Markeid, Carrier	Car 2000
Regulation of protein breakdown by nutrition. ESPEN, Madrid, Spain.	Sep 2000
Intestinal metabolism and absorption during enteral nutrition in the pig. 7th	Jun 1997
Int.Symp.Dig.Phys.Pigs, Saint Malo, Frankrijk.	
Interorgan ammonia and glutamine metabolism in liver failure. International	Apr 1996
Symposium on Ammonia, Newcastle upon Tyne, United Kingdom.	
Glutamine supplementation in critically-ill patients. ESPEN, Rome, Italy.	Oct 1995
Modellen voor acute hepatische encephalopathie. Symposium Ned.Ver. Hepatologie,	Oct 1993
Utrecht, The Netherlands.	
MR spectroscopy for study of brain amino acid metabolism in liver failure. ESPEN,	Sep 1992
Wenen, Austria	
The muscle-gut-liver axis of ammonia and amino acids. Int. Symposium on	Aug 1992
Metabolism, Bologna, Italy.	
Influence of isoleucine infusion on urea production after enteral ingestion of blood in	Nov 1990
pigs. Symposium "Research in Nutrition and Metabolism". Maastricht, The	
Netherlands.	
Intravenous isoleucine administration after blood ingestion in the pig improves	Oct 1990
nitrogen economy. Academic Surgical Departments Europe, Ulm, Germany	
Intravenous isoleucine (ILE) administration after blood ingestion in the pig improves	May 1990
nitrogen economy. International Symposium on Ammonia, Lund, Sweden.	
In vivo brain 1H-NMR spectroscopy in the rat. ESPEN, Helsinki, Finland.	Sep 1989
Hyperammonemic syndromes, including acute hepatic encephalopathy (HE), studied	Apr 1988
by simultaneous EEG spectral analysis and in vivo 1H-NMR spectroscopy (NMRS). EASL,	
Leuven, Belgium.	
In vivo brain 1H-NMR spectroscopy (1H-NMRS) during acute hepatic encephalopathy	May 1987
(HE). International Symposium on Ammonia. Maastricht, Netherlands.	

## **Contributions to Science**

## Complete List of Published Work in MyBibliography

http://scholar.google.com/citations?user=1BqO3HoAAAAJ . orcid.org/0000-0001-5845-6447

**A**.\_My early publications were mainly focussing on the **metabolic changes when the liver is failing**. In rodents, we found that acute liver failure is related to major changes in organ metabolism and responses to food. Specifically, gastro-intestinal bleeding and digestion of blood proteins is a major nitrogen load that could be reduced by infusion with the amino acid isoleucine. We found that mainly the increase in the plasma ammonia level is related to the complex metabolic disturbances during liver failure. On the basis of our work in animals, we were able to translate this to humans. In collaboration, we found that the uptake of ammonia by the human brain could be reduced by moderate hypothermia and that this enabled the patients to bridge until liver transplantation was possible.

- a. Jalan R, SW OD, Deutz NE, Lee A, Hayes PC. Moderate hypothermia for uncontrolled intracranial hypertension in acute liver failure. Lancet. 1999;354(9185):1164-8. Epub 1999/10/08. PubMed PMID: 10513710.
- b. Olde Damink SW, Jalan R, Redhead DN, Hayes PC, Deutz NE, Soeters PB. Interorgan ammonia and amino acid metabolism in metabolically stable patients with cirrhosis and a TIPSS. Hepatology (Baltimore, Md. 2002;36(5):1163-71. Epub 2002/10/24. doi: 10.1053/jhep.2002.36497. PubMed PMID: 12395326.
- Jalan R, Olde Damink SW, Deutz NE, Hayes PC, Lee A. Moderate hypothermia in patients with acute liver failure and uncontrolled intracranial hypertension. Gastroenterology. 2004;127(5):1338-46. Epub 2004/11/03. PubMed PMID: 15521003.
- d. Tsien C, Davuluri G, Singh D, Allawy A, Ten Have GA, Thapaliya S, Schulze JM, Barnes D, McCullough AJ, Engelen MP, Deutz NE, Dasarathy S. Metabolic and molecular responses to leucine enriched branched chain amino acid supplementation in the skeletal muscle of alcoholic cirrhosis. Hepatology (Baltimore, Md. 2015. doi: 10.1002/hep.27717. PubMed PMID: 25613922

B.\_After establishing in animals that **glutamine supplementation** had positive effects on gut function, we translated this approach to humans and found that glutamine supplementation also improved gut function. We hypothesized that this was related to arginine metabolism and therefore initiated translational research in pigs with sepsis to observe effects of **arginine supplementation** on gut and other organs. I served as the primary investigator in all of these studies.

- a. van der Hulst RR, van Kreel BK, von Meyenfeldt MF, Brummer RJ, Arends JW, **Deutz NE**, Soeters PB. Glutamine and the preservation of gut integrity. Lancet. 1993;341(8857):1363-5. Epub 1993/05/29. PubMed PMID: 8098788.
- Bruins MJ, Soeters PB, Lamers WH, Deutz NE. L-arginine supplementation in pigs decreases liver protein turnover and increases hindquarter protein turnover both during and after endotoxemia. Am J Clin Nutr. 2002;75(6):1031-44. Epub 2002/05/31. PubMed PMID: 12036810.
- Bruins MJ, Soeters PB, Lamers WH, Meijer AJ, Deutz NE. L-arginine supplementation in hyperdynamic endotoxemic pigs: effect on nitric oxide synthesis by the different organs. Crit Care Med. 2002;30(3):508-17. doi: 10.1097/00003246-200203000-00003. PubMed PMID: 11990907.

C.\_In addition to the contributions described above, we directly documented the effectiveness of arginine supplementation to improve gut and muscle function in pigs with sepsis. Subsequently, we translated these results and conducted studies in **critically-ill intensive care (ICU) patients**. We demonstrated that sepsis is an arginine-deficient state also in ICU patients, caused by the deficiency of the amino acids citrulline. We performed phase 1 and phase 2 trials to establish whether arginine infusion can be used in ICU patients. I served as the primary investigator in all of these studies.

- Luiking YC, Poeze M, Ramsay G, Deutz NE. Reduced citrulline production in sepsis is related to diminished de novo arginine and nitric oxide production. Am J Clin Nutr. 2009;89(1):142-52. doi: 10.3945/ajcn.2007.25765. PubMed PMID: 19056593.
- b. de Betue CT, Joosten KF, Deutz NE, Vreugdenhil AC, van Waardenburg DA. Arginine appearance and nitric oxide synthesis in critically ill infants can be increased with a protein-energy-enriched enteral formula. Am J Clin Nutr. 2013;98(4):907-16. Epub 2013/08/16. doi: 10.3945/ajcn.112.042523. PubMed PMID: 23945723; PMCID: 3778863.
- Luiking YC, Poeze M, Deutz NE. Arginine infusion in patients with septic shock increases nitric oxide production without haemodynamic instability. Clin Sci (Lond). 2015;128(1):57-67. doi: 10.1042/CS20140343. PubMed PMID: 25036556.

d. de Betue CT, Garcia Casal XC, van Waardenburg DA, Schexnayder SM, Joosten KF, Deutz NE, Engelen MP. 24-Hour protein, arginine and citrulline metabolism in fed critically ill children - A stable isotope tracer study. Clin Nutr. 2017. doi: 10.1016/j.clnu.2016.12.023. PubMed PMID: 28089618.

D.\_In collaboration with neuroscientists, I developed animal models to stimulate or depress **serotonin metabolism** which were subsequently translated to human models. We were able to reduce the plasma tryptophan concentration negatively affecting memory and cognition via lowering brain serotonin concentrations. The data provided the basis of more in-depth mechanistic research into the role of serotonin in cognition in health and disease as well as in translational studies to improve cognition via nutritional modulation.

- Riedel WJ, Klaassen T, Deutz NE, van Someren A, van Praag HM. Tryptophan depletion in normal volunteers produces selective impairment in memory consolidation. Psychopharmacology (Berl). 1999;141(4):362-9. Epub 1999/03/25. PubMed PMID: 10090643.
- Lieben C, Blokland A, Westerink B, Deutz N. Acute tryptophan and serotonin depletion using an optimized tryptophan-free protein-carbohydrate mixture in the adult rat. Neurochemistry International. 2004;44(1):9-16. doi: 10.1016/S0197-0186(03)00102-5. PubMed PMID: WOS:000185556200002.
- c. Evers EAT, Van Der Veen FM, Van Deursen JA, Schmitt JAJ, Deutz NEP, Jolles J. The effect of acute tryptophan depletion on the BOLD response during performance monitoring and response inhibition in healthy male volunteers. Psychopharmacology. 2006;187(2):200-8.
- d. Lieben CK, Blokland A, Deutz NE, Jansen W, Han G, Hupperts RM. Intake of tryptophan-enriched whey protein acutely enhances recall of positive loaded words in patients with multiple sclerosis. Clin Nutr. 2018;37(1):321-8. Epub 2017/02/06. doi: 10.1016/j.clnu.2016.12.029. PubMed PMID: 28153503.

E.\_As the metabolic approaches using concentration and isotope ratio measurements, I needed to supervise and develop a large array of **LC-MS/MS and GC-MS/MS methods**. These new methods are now used by many researchers in our field. I served as the primary leader in all of these studies.

- a. van Eijk HM, Suylen DP, Dejong CH, Luiking YC, Deutz NE. Measurement of amino acid isotope enrichment by liquid chromatography mass spectroscopy after derivatization with 9-fluorenylmethylchloroformate. Journal of chromatography B, Analytical technologies in the biomedical and life sciences. 2007;856(1-2):48-56. Epub 2007/06/15. doi: 10.1016/j.jchromb.2007.05.020. PubMed PMID: 17561452.
- Meesters RJ, Wolfe RR, Deutz NE. Application of liquid chromatography-tandem mass spectrometry (LC-MS/MS) for the analysis of stable isotope enrichments of phenylalanine and tyrosine. Journal of chromatography B, Analytical technologies in the biomedical and life sciences. 2009;877(1-2):43-9. Epub 2008/11/28. doi: 10.1016/j.jchromb.2008.11.018. PubMed PMID: 19036645.
- c. Walker DK, Thaden JJ, Deutz NEP. Application of gas chromatography–tandem mass spectrometry (GC/MS/MS) for the analysis of deuterium enrichment of water. Journal of Mass Spectrometry. 2015;50(6):838-43. doi: 10.1002/jms.3593.
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F.\_In collaboration with pulmonologists, I introduced the stable isotope approaches in several studies to unravel the metabolic changes in patients with **Chronic Obstructive Pulmonary Disease**. This research lead to new insights in protein and amino acid kinetics in COPD and resulted in specific nutritional supplements to treat muscle wasting. Recently, we extended these approaches to Cystic fibrosis and found new dietary approaches to improve anabolism in severely wasted patients.

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G.\_I have published throughout my carrier multiple animals and human studies focussing on the **nutritional value of** certain protein and amino acid mixtures.

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- e. Deutz NE, Simbo SY, Ligthart-Melis GC, Cynober L, Smriga M, Engelen MP. Tolerance to increased supplemented dietary intakes of methionine in healthy older adults. Am J Clin Nutr. 2017;106(2):675-83. doi: 10.3945/ajcn.117.152520. PubMed PMID: 28637772.

H.\_Recently I started to study the anabolic effects of specialized nutritional supplements in different **chronic diseases and models of disease**. The used translational approaches are a logical extension of the body of my research in the field of protein and amino acids metabolism.

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