

EMILY PADGETT PLUNKETT

Clinical Assistant Professor of Sport Management
 Texas A&M University Department of Kinesiology & Sport Management
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 GGB 205 | 4243 TAMU | College Station, TX | 77843

EDUCATION

- Ph.D. in Sport Management** | Cognate in Education & Student Development 2023
 University of Florida
Dissertation: Sport Career Transition Competencies for Student-Athlete Development Professionals: A Delphi Study
- M.S. in Sport Management** | PAADS Certificate in Athlete Development 2017
 University of Florida
- B.S. in Journalism** | Outside Concentration in Sport Management 2014
 University of Florida

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor** 2023 – Present
 Texas A&M University Department of Kinesiology & Sport Management
- Graduate Teaching Assistant** 2021 – 2023
 University of Florida Department of Sport Management
- Graduate Research Fellow** 2017 – 2021
 Laboratory of Athlete Development Research
 University of Florida Department of Sport Management
- Assistant Internship Coordinator & Graduate Teaching Assistant** 2014 – 2017
 University of Florida Department of Sport Management

TEACHING EXPERIENCE

GRADUATE COURSE INSTRUCTION (*indicates online course; **indicates Hyflex/Hybrid course)

Texas A&M University Department of Kinesiology & Sport Management

- SPMT685 **Directed Studies** Instructor Spring 2024
- SPMT617 **Communication & Media in Sport** Instructor Fall 2023

University of Florida Department of Sport Management

- SPM6905 **Sport Career Transitions** Instructor Fall 2019
- **Sport Career Transitions** Instructor Spring 2019
- **Sport Career Transitions** Instructor Fall 2018
- SPM5181 **Athlete Development** TA Summer 2021*

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| Athlete Development | TA | Summer 2019* |
| Athlete Development | TA | Spring 2019* |
| Athlete Development | TA | Spring 2018* |

UNDERGRADUATE COURSE INSTRUCTION (*indicates online course; **indicates Hyflex/Hybrid course)

Texas A&M University Department of Kinesiology & Sport Management

- SPMT262 **Human Capital Management** Instructor Spring 2024
- SPMT460 **Sport Business Planning** Instructor Spring 2024 (3 sections)
- **Sport Business Planning** Instructor Fall 2023 (2 sections)

University of Florida Department of Sport Management

- SPM3204 **Ethical Issues in Sport** Instructor Fall 2021**
- **Ethical Issues in Sport** Instructor Spring 2020
- **Ethical Issues in Sport** Instructor Fall 2019
- SPM4948 **Advanced Career Development** Instructor Fall 2020* (6 credits)
- SPM4948 **Advanced Career Development I** Instructor Summer A 2020*
- SPM4948 **Advanced Career Development II** Instructor Summer B 2020*
- SPM4905 **Sport Career Transitions** Instructor Spring 2020
- **Sport Career Transitions** Instructor Fall 2019
- **Sport Career Transitions** Co-Instructor Spring 2019
- **Sport Career Transitions** Co-Instructor Fall 2018
- SPM2000 **Intro to Sport Management** TA Spring 2022*
- **Intro to Sport Management** TA Fall 2016*
- SPM3012 **Social Issues in Sport** TA Spring 2023*
- **Social Issues in Sport** TA Fall 2022*
- **Social Issues in Sport** TA Spring 2022*
- **Social Issues in Sport** TA Summer 2016*
- LEI3921 **Field Experience** TA Summer 2017**
- **Field Experience** TA Spring 2017**
- **Field Experience** TA Spring 2016**
- **Field Experience** TA Fall 2015**
- **Field Experience** TA Summer 2015**
- **Field Experience** TA Spring 2015**
- **Field Experience** TA Fall 2014**
- SPM4941C **Senior Internship in Sport Management (SPM)** TA Summer 2017
- **Senior Internship in SPM** TA Spring 2017
- **Senior Internship in SPM** TA Spring 2016
- **Senior Internship in SPM** TA Fall 2015
- **Senior Internship in SPM** TA Summer 2015
- **Senior Internship in SPM** TA Spring 2015
- LEI4940 **Senior Internship in Leisure Services (LS)** TA Summer 2017
- **Senior Internship in LS** TA Spring 2017
- **Senior Internship in LS** TA Spring 2016
- **Senior Internship in LS** TA Fall 2015

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| Senior Internship in LS | TA | Summer 2015 |
| Senior Internship in LS | TA | Spring 2015 |

NEW COURSE DEVELOPMENT

University of Florida Department of Sport Management

- SPM4948 **Advanced Career Development** 2020
- SPM4905 **Sport Career Transitions** 2018
- PET4262 **Sport Career Transitions** 2022*

EXECUTIVE CERTIFICATES & EDUCATION

University of Florida Department of Sport Management

- **Sport Career Transition Specialist Certificate** Co-Instructor 2020
- **PAADS Athlete Development Certificate** TA 2019

INSTRUCTIONAL SUPERVISION

University of Florida Department of Sport Management

- PET4262 **Sport Career Transitions** Spring 2022

INSTRUCTIONAL DESIGN

University of Florida Department of Sport Management

- SPM6905 **Business of Sport Law** Spring 2023
- SPM6905 **Business of Sport Law** Spring 2022
- SPM6905 **Fair Competition in Sport** Spring 2023
- SPM6905 **Fair Competition in Sport** Spring 2022
- PET4262 **Sport Career Transitions** Spring 2022
- SPM2000 **Intro to Sport Management** Fall 2017
- SPM6905 **International Sport Management** Fall 2017
- SPM6905 **Leading and Coaching Athletics** Summer 2017
- SPM6726 **Issues in Sport Law** Summer 2017
- SPM6726 **Issues in Sport Law** Spring 2017
- SPM5936 **Athlete Activism** Spring 2017
- SPM5936 **Women in Sport Management** Spring 2017
- SPM6905 **Entrepreneurship & Innovation in Sport** Spring 2017
- SPM6905 **High School Athlete Development** Spring 2017

RESEARCH EXPERIENCE

INTERESTS

- Sport career transition and holistic athlete development
- Career exploration, development, and readiness
- Program development, evaluation, and assessment

PUBLICATIONS

McLeod, C. M., Pifer, N. D., & **Plunkett, E. P.** (2021). Career expectations and optimistic updating biases in minor league baseball players. *Journal of Vocational Behavior*, 129, 1-13. <https://doi.org/10.1016/j.jvb.2021.103615>

***Padgett, E.** (2016). Challenges in transitioning into athletic retirement. *Professional Association of Athlete Development Specialists Athlete Development Research Digest*, 1(6), 14-17.

**Editor-Reviewed*

PUBLICATIONS IN PROGRESS

Odio, M., Coble, C. & **Plunkett, E. P.** (under review). Administrating internships in sport management: Comparing practices in the discipline.

Plunkett, E. P., Herman II, J., & Sethi, S. K. (draft completed). Proposing an integrated model of student-athlete development program design and assessment.

Plunkett, E. P., & Sagas, M. (data analyzed and draft completed). Development of a sport career transition competency framework for student-athlete development professionals.

Springer, D., **Plunkett, E. P.**, Davies, G., & Sethi, S. K. (draft in progress). A conceptual model of alienation in college athletics.

Plunkett, E. P., & Sagas, M. (data analyzed). Evaluation of a sport career transition training course for student-athlete development professionals.

Plunkett, E. P. & Sagas, M. (data collected). Examining internships: The impact of quality and quantity on graduating students' career outcomes before and during the COVID-19 pandemic.

BOOK CHAPTERS IN PROGRESS

Plunkett, E. P. (accepted). Harnessing the Delphi method for sport management course development. In Braunstein-Minkove, J. R., Cooper, J. N., King-White, R., Odio, M. A., Pierce, D. A., & Staurowsky, E. J. (Eds.) *Innovative pedagogical practices in sport management education*. World Scientific.

NATIONAL & INTERNATIONAL PRESENTATIONS

Plunkett, E., & Weinsz, M. (submitted). *Proposing a conceptual framework of student-athlete career development*. Poster presentation submitted to the National Association of Academic and Student-Athlete Development Professionals (N4A) Convention. Las Vegas, Nevada.

Plunkett, E., & Sagas, M. (accepted). *Development of a sport career transition competency framework for student-athlete development professionals*. Oral presentation at the North American Society for Sport Management (NASSM) Conference. Minneapolis, MN.

Plunkett, E., & Herman II, J., & Sethi, S. (accepted). *Proposing an integrated model of student-athlete development programming*. Poster presentation at the North American Society for Sport Management (NASSM) Conference. Minneapolis, MN.

Springer, D., **Plunkett, E.**, Sethi, S., Davies, G. (March, 2024) *Alienation as a pervasive factor in the college athlete experience*. Oral presentation at the College Sport Research Institute (CSRI) Conference on College Sport. Columbia, SC.

Plunkett, E., and Sagas, M. (June, 2023). *Evaluation of a sport career transition training course for student-athlete support practitioners*. Oral presentation at the North American Society for Sport Management (NASSM) Conference. Montréal, Québec.

Plunkett, E., Weinsz, M., & Sagas, M. (June, 2020). *Life design plans as a sport career transition readiness instrument*. Poster at the National Association of Academic and Student-Athlete Development Professionals (N4A) Convention. (Conference online)

Plunkett, E. & Sagas, M. (May, 2020). *Proposing an integrative model of entry-level career readiness in sport management*. North American Society for Sport Management (NASSM) Conference. San Diego, CA. (Conference canceled)

Sagas, M., **Plunkett, E.**, Wendling, E., & Weinsz, M. (May, 2020). *Evaluation research in athlete development: Definitions, methods, and exemplars*. Professional Association for Athlete Development Specialists (PAADS) Research Symposium. New York, NY. (Conference canceled)

Plunkett, E. & Sagas, M. (June, 2019). *Exploring the relationship between quantity and quality of sport management internships and career-related outcomes*. Oral presentation at the North American Society for Sport Management (NASSM) Conference. New Orleans, LA.

Plunkett, E. & Sagas, M. (June, 2019). *Why go pro? An exploration of student-athletes' perceptions of professional sport careers*. Poster at the National Association of Academic and Student-Athlete Development Professionals (N4A) Convention. Orlando, FL.

Plunkett, E. & Sagas, M. (May, 2019). *Career exploration through the use of an odyssey planning and prototyping activity*. Oral presentation at the North American Society for Sport Management (NASSM) Conference – Teaching and Learning Fair. New Orleans, LA.

Plunkett, E. & Sagas, M. (May, 2019). *Exploring student-athletes' professional sport career plans through the Theory of Planned Behavior*. Oral presentation at the Professional Association for Athlete Development Specialists (PAADS) Research Symposium. New York, NY.

Odio, M., Coble, C., & **Plunkett, E.** (June, 2018). *Administering internships in sport management: Comparing practices across the discipline*. Oral presentation at the North American Society for Sport Management (NASSM) Conference. Halifax, NS.

Padgett, E. (June, 2017). *A systematic review of factors influencing transition out of elite sport*. Poster at the Professional Association of Athlete Development Specialists (PAADS) Research Symposium. Daytona, FL.

Padgett, E., & Bopp, T. (April, 2016). *Exploring gender equity among Division I sports information directors*. Poster at the College Sport Research Institute (CSRI) Conference on College Sport. Columbia, SC.

GRANTS & CONSULTING

FUNDED GRANTS

Plunkett, E. (PI). Texas A&M University Center for Teaching Excellence (2024). *Scholarship of Teaching Yields Excellence (STYLE) Institute*. \$2,500

Chang, Y. (PI), **Plunkett, E.** (Co-PI), Sagas, M. (Co-PI), & Lee, I. (Investigator). Texas Wylie Independent School District (2022 – 2025). *Character Development Program Evaluation and Instrument Development*. \$149,999

Plunkett, E. (PI), & Chun, Y. (Co-PI). CarrSports Consulting (May 2021 – August 2021). *Situational Analysis for a Division I Athletic Program*. \$3,000

Plunkett, E. (PI). Vital Leadership (June 2019 – June 2021). *Athlete Development Program Evaluation*. \$4,500

Sagas, M. (PI), **Plunkett, E.** (Co-PI), & Chun, Y. (Co-PI). CarrSports Consulting (September 2020 – February 2021). *Situational Analysis for a Division I Athletic Program*. \$2,000

CONSULTING CONTRACTS

Plunkett, E. (Athlete Development Consultant). MVP Kids Books (June 2020 – June 2021). *MVP Kids Books: Sports Series Editorial Review Team*.

Sagas, M. & **Plunkett, E.** (Co-Instructors & Transition Consultants). MAI Capital Management (July 2020 – September 2020). *Sport Career Transition Specialist Certificate Program Webinar Series*.

SUBMITTED GRANTS (UNFUNDED)

Plunkett, E. (PI), Sagas, M. (Co-PI), & Brown, M. (Co-PI). NCAA Innovations in Research & Practice Grant. (Submitted January 2023). *Development of a Sport Career Transition Training Course*. \$35,000 Requested (Not funded).

INVITED PRESENTATIONS

Plunkett, E. (February 2024). *Aggie Values: Self-Awareness and Value Congruence as Career Decision-Making Tools*. Presented to members of the Progressively Reaching

Excellence in Professionalism (PREP) Freshmen Leadership Organization. Texas A&M University, College Station, TX.

Plunkett, E. (March 2023). *Theoretical Approaches to Career Transition Planning*. Presented to students in the graduate Athlete Development course. University of Florida, Gainesville, FL.

Plunkett, E. (February 2023). *Identity Work and Self-Awareness for Sport Career Transition*. Presented to students in the graduate Athlete Development course. University of Florida, Gainesville, FL.

Plunkett, E. (February 2020, & September 2019). *Selecting a Capstone Internship: Implications from Research & Practice*. Presented to students in the Field Experience course. University of Florida, Gainesville, FL.

Plunkett, E. (February 2019). *Life After Sports*. Presented to 175 student-athletes and sport industry practitioners at the Stay in the Game Career Development Forum. University of Florida, Gainesville, FL.

CAMPUS, COMMUNITY, & PROFESSIONAL SERVICE

- Trip Leader, Texas A&M University Sport Management Education Abroad Germany & Austria Program (2024)
- Member, Texas A&M University Sport Management Master's Curriculum Committee (2024 – Present)
- Member, Texas A&M University Sport Management Master's Admission & Scholarship Committee (2023 – Present)
- Ad Hoc Reviewer, Journal of Athlete Development and Experience (2023 – Present)
- Member, Texas A&M University School of Education and Human Development Service, Teaching, and Research (STaR) Mentoring Program (2023 – Present)
- Member, University of Florida Sport Management Anti-Racism Learning Community Student Experience Committee (2021 – 2022)
- Departmental Representative, University of Florida Health and Human Performance Graduate Organization (HHP GO; 2018 – 2021)
- Member, Tuletown Gator Club Scholarship Committee (2019)
- Member, University of Florida Department of Sport Management Chair Search Committee (2019)
- Chair, University of Florida Recreational Sports Policy Sub-Committee (2018 – 2019)
- Member, University of Florida Athletic Tutorial Advisory Committee (2018 – 2019)
- Member, Tim Tebow Foundation's Night to Shine Planning Committee (2018 – 2019)
- Member, Tuletown Gator Club Board of Directors (2018 – 2019)
- Member, University of Florida Recreational Sports Board of Directors (2017 – 2019)
- Chaperone, University of Florida Disney International Academic Exchange Program (2017)

- Vice President, University of Florida Tourism, Recreation and Sport Management Graduate Club (2015 – 2016)
- Member, Swamp Scramble Golf Tournament Planning Committee (2015 – 2016)

AWARDS & HONORS

- University of Florida Graduate School Research Fellowship (2017 – 2021) Full tuition waiver and annual stipend of \$25,000
- McGriff Family Scholarship, University of Florida College of Health & Human Performance (2022, 2020, 2019, 2018, 2017) Total \$9,500
- Alex Diaz Scholarship, University of Florida College of Health & Human Performance (2021) \$1,900
- University of Florida Tourism, Recreation and Sport Management Professional Development Award (2016, 2015) Total \$500
- Tom McEwen Sports Journalism Scholarship, University of Florida College of Journalism and Communications (2012)
- Bonni G. Tischler Endowment for Student Leadership, University of Florida College of Journalism and Communications (2012)

PROFESSIONAL TRAINING, CERTIFICATIONS, & LICENSES

- Wilderness First Aid Certified, National Outdoor Leadership School (NOLS; 2024)
- Certified Athlete Development Specialist, Professional Association of Athlete Development Specialists (PAADS; 2017)

PROFESSIONAL MEMBERSHIPS

- Providing Opportunities for Women in Educational Research (POWER; 2024 – Present)
- National Association of Academic and Student-Athlete Development Professionals (N4A; 2019 – Present)
- National Career Development Association (NCDCA; 2019 – Present)
- North American Society for Sport Management (NASSM; 2017 – Present)
- Professional Association of Athlete Development Specialists (PAADS; 2017 – Present)
- College Sports Information Directors of America (CoSIDA; 2015 – 2016)

SPORT INDUSTRY EXPERIENCE

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| Student-Athlete Content Tutor | 2016 – 2019 |
| University of Florida Athletic Association | |
| Student-Athlete Mentor | 2016 |
| University of Florida Athletic Association | |
| Golf Sports Information Director | 2014 – 2016 |
| University of Florida Athletic Association | |

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| Communications Assistant University of Florida Athletic Association | 2012 – 2016 |
| Journalist & Sportswriter Beaches Leader Newspaper | 2012 – 2013 |
| Assistant Diving Coach Mandarin Middle School | 2011 – 2013 |
| Student-Athlete University of Florida Swimming & Diving Team | 2010 – 2011 |