

Leadership Curriculum Vitae

James A. Carson



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Table of Contents

• <i>Education, Training, Professional Appointments</i>	<i>Page 2</i>
• <i>Publications</i>	<i>Page 5</i>
• <i>Presentations</i>	<i>Page 8</i>
• <i>Research Mentorship</i>	<i>Page 12</i>
• <i>Research Grants</i>	<i>Page 14</i>
• <i>Recent Teaching & Prior Service</i>	<i>Page 16</i>

Summary

James Carson, Ph.D., is a Professor in the Department of Kinesiology & Sports Management at Texas A&M University. He also serves as the Director of the Huffines Institute for Sports Medicine and Human Performance Director. Before moving to Texas A&M, he served as Senior Associate Dean for Research and Graduate Studies in the College of Health Professions at the University of Tennessee Health Science Center in Memphis (UTHSC). He also served as Executive Director of the Tennessee Institute for Regenerative Medicine. He has been a tenured Professor in the Department of Physical Therapy at UTHSC and the Department of Exercise Science at the Arnold School of Public Health at the University of South Carolina (USC). While on the faculty at USC, he served as Department Chair and the Associate Director for the Center for Colon Cancer Research at USC. Dr. Carson is a physiologist who incorporates preclinical disease modeling with analysis using molecular biology, cell biology, physiology, and genetics techniques. He is the author of over 160 refereed muscle biology/physiology and exercise publications that have over 12,700 citations. The NIH and other federal agencies have funded his research through several mechanisms. He has been a regular grant review panel member for several federal funding agencies, including the NIH and Veterans Affairs. He is an Associate Editor for two journals. In his various administrative roles, he has been heavily involved in academic program growth, program restructuring, faculty recruitment, faculty mentorship, and student mentorship in research.

Education

Diploma	St. Vincent & St. Mary High School, Akron Ohio
BS	Business Administration, Insurance and Risk Management, The Ohio State University, Columbus. Ohio
Ph.D.	Exercise Science, College of Education, The Ohio State University, Columbus.

Professional Training

Post-Doctoral Research Fellow, Dept. of Integrative Biology, Pharmacology, and Physiology, University of Texas Medical School, Houston. *Principal Investigator: Frank Booth Ph.D.* NRSA NIH Post-Doctoral Fellowship Awarded to James Carson

Post-Doctoral Research Fellow, Huffington Aging Center / Department of Cell Biology, Baylor College of Medicine, Houston, TX. *Principal Investigator: Robert J. Schwartz. Ph.D.*

Positions, Scientific Appointments, and Honors

Positions & Employment

2024 – Present	Executive Director, Huffines Institute for Sports Medicine & Human Performance, Texas A&M University
2024 – Present	Debbie and Mike Hilliard '73 Huffines Institute Endowed Chair, Texas A&M University
2024 - Present	Professor, Kinesiology & Sports Management, Texas A&M University
2022 - 2024	Executive Director, Tennessee Institute for Regenerative Medicine (TennIRM)
2021 – 2022	Deputy Director, Tennessee Institute for Regenerative Medicine (TennIRM)
2019 – 2024	Chief, Division of Rehabilitation Science, College of Health Professions, UTHSC
2018 – 2024	Senior Associate Dean for Research and Graduate Studies, College of Health Professions, UTHSC
2018 – 2024	Professor, Physical Therapy Department, College of Health Professions, UTHSC
2014 – 2018	Chair, Exercise Science Department, U. South Carolina
2013 – 2018	Associate Director, The Center for Colon Cancer Research at USC
2011 – 2018	Professor, Exercise Science, Arnold School of Public Health, U South Carolina
2007 – 2014	Director of Graduate Studies, Exercise Science Dept., U South Carolina
2005 – 2011	Associate Professor, Exercise Science, Arnold School of Public Health, University of South Carolina, Columbia, SC
2004 - 2008	Division Head, Applied Physiology, Arnold School of Public Health, U South Carolina
1999 – 2005	Assistant Professor, Exercise Science, Arnold School of Public Health, U South Carolina
1997 – 1999	Post-Doctoral Research Fellow, Cell Biology/Huffington Aging Center, Baylor College of Medicine, Houston, Texas
1993 - 1997	Post-Doctoral Research Fellow, Physiology and Cell Biology Department, University Texas Medical School, Houston, Texas
1991 - 1993	Graduate Research Assistant, Exercise Science, The Ohio State

Professional Organizations

- American Physiological Society (APS), Member 1999 – Present
- American College of Sports Medicine (ACSM), Member - Fellow 1999 – Present
- Cancer Cachexia Society, Member 2022 - Present
- National Strength & Conditioning Association (NSCA), Member 1999 – Present
- Society on Cachexia, Sarcopenia & Wasting Disorders (SCWD), Member 2014 – Present

Professional Service

- American Federation for Aging Research (AFAR) National Scientific Advisory Council, 2025 - present
- Organizing Board Member, International Padua Days on Muscle & Mobility Medicine Conference, 2025 – present
- Scientific Board Member, Society on Sarcopenia, Cachexia & Wasting Disorders, appointed 2024 - present
- Diversity Committee, American Kinesiology Association, 2018 - 2020
- Diversity & Leadership Training Program, American College of Sports Medicine. 2013 – 2016
- Executive Board, Southeast Chapter American College Sports Medicine. Elected 2014 – 16
- Muscle Biology Steering Committee, American Physiological Society, Appointed. 2012 – 2016
- Exercise Physiology Councilor, Environmental Exercise Section, American Physiological Society. Elected 2012 –15.
- Co-chair 2014 ACSM/APS Integrative Exercise Meeting, Appointed, 2013 - 14
- Nominated to run for ACSM Board of Trustees election (not elected), 2013
- American College of Sports Medicine *Integration & Leadership, Committee*. 2009 – 12
- American College of Sports Medicine *Research Advisory Committee*, 2006 – 2009

Editorial Duties

- Associate Editor, Journal of Cachexia, Sarcopenia and Muscle (JCSM), *Basic*, 2018 - present
- Associate Editor, Medicine & Science in Sports & Exercise (MSSE) 2017 – present
- Editorial Board, Journal of Applied Physiology, 1999 – 2002; 2013 – 2022
- Editorial Board, Sports Medicine and Health Science, 2019 – present
- Editorial Board, American Journal of Physiology Integrative & Regulatory. 2009 – 2015
- Editorial Board, Exercise & Sports Science Reviews, American College Sports Medicine. 2011 – 2014

Grant Review (selected)

- American Federation for Aging Research (AFAR) Glenn Foundation for Medical Research Discovery Awards LOI review, 04/20/25.
- US Army & Development Command PRMP Programmatic Review Orthopaedic Medicine Panel, Ad Hoc, 09/2024
- Veterans Affairs Cellular & Molecular Medicine Subcommittee Grant Review; Standing Panel Member, 2013 – 16; 2019 – 2024; Panel Chair, 2020 –2024.
- NASA NSPIRES, Space Biology Research Studies, Ad Hoc, 08/2023.
- NIH/CSR Tumor Cell Biology (renamed Cancer Cell Biology) Study Section, standing panel member 10/2019 – 6/2023
- Florida Department of Health, Oak Ridge Associated Universities, Ad Hoc Grant Review. 2017, 2018, 2019, 2020, 2021, 2022, 2023
- NIH/NCI Special Emphasis Panel ZCA1 TCRB-V (M1) NCI Clinical and Translational R21 and R03 Review, Ad Hoc 03/2021
- NIH/CSR Tumor Cell Biology Study Section, external reviewer, 06/2015, 02/2017, 10/2017, 06/2018, 02/2019, 06/2019
- NIH/NCI Special Emphasis Panel ZCA1 RTRB-U(C1) TEP-14: SBIR Contract Review, 03/2019
- NASA Human Exploration Research Opportunities Musculoskeletal and Countermeasures Grant Review Panel, 02/2019
- NIH/NCI Program Project (P01) III Review, ZCA1 RPRB-J (J1). 09/2018
- NIH/CSR SMEP Study Section external reviewer, 06/2014, 10/2014, 06/2017
- NASA Human Exploration Research Opportunities Radiobiology, 03/2017
- NIH/NCI Provocative Questions: Cancer Therapies and Outcomes, reviewer, 03/2013, 10/ 2014

Honors

- Debbie and Mike Hilliard '73 Huffines Institute Endowed Chair, Texas A&M University, 2024
- Health Professions Faculty Organization Faculty Appreciation Award, UTHSC College of Health Professions, 2022.
- Prometheus Basic Science Lecture, International Conference on Cachexia, Sarcopenia and Muscle Wasting, 2021. Awarded in acknowledgment of historical contributions to the field.
- USC Educational Foundation Award for Research in Health Sciences, 2017
- Distinguished Research Leadership Award, South Carolina Governor's School Science & Math, 2016
- Inducted into Delta Omega Society – Mu Chapter, Honorary Society in Public Health, 2015
- "STAR" Award for Excellence in Peer Review, American Physiological Society, 2011
- Public Health Faculty Research Award, University of South Carolina, 2009
- Awarded Fellow Status (FACSM), American College of Sports Medicine, 2007
- Nominated, Arnold School of Public Health Keith Teaching Award, 2004, 2009, 2012, 2013.
- Nominated, U. of South Carolina Key Award Integrating Undergraduate Teaching & Research, 2007.
- Varsity letter Football, The Ohio State University, 1981, 1982, 1983;
- Linemen of the week Ohio State Football, Ohio State vs. Illinois, 1982;
- Ironman Award Ohio State Football Fall, 1982

University Service (selected)

- Director, Tennessee Institute for Regenerative Medicine (TennIRM). 2022 – 2024
- Dean College of Dentistry UTHSC Search, Search Committee member, 2023 - 2024
- Vice Chancellor for Research UTHSC Search, Search Committee member 2023
- UTHSC Strategic Plan: Diversity, Equity & Inclusion Cross-cutting Workgroup member, 2022 – 2023
- UTHSC Strategic Plan: Research, Innovation & Entrepreneurship Workgroup member, 2022 - 2023
- Basic Science Implementation Team Leader, Strategic Plan for Research, UTHSC, 2022 - 2023
- Deputy Director, Tennessee Institute for Regenerative Medicine (TennIRM). 2021 – 2022
- UTHSC Strategic Plan for Research Committee, Vice Chancellor for Research, UTHSC, 2020 – 2021
- Diversity Equity & Inclusion UTHSC-wide Committee, 2019 - present
- Graduate Studies Council, Graduate School, UTHSC, 2018 – present
- Vice Chancellor Research Cabinet, UTHSC, 2019-present
- UTHSC Research Space Committee, UTHSC, 2019 - present
- UTHSC Research Implementation Committee (COVID), UTHSC, 2020 – 2022
- University-wide NIH Fellowships Advisor, USC Fellowships & Scholar Programs, 2013 – 2018
- Faculty advisor for Exercise Science Majors Club Student Organization, 2013 – 2018.
- Faculty advisor for South Carolina Club Lacrosse Student Organization. 2014 - 2018
- University SC VP Research Aspire-I Review Committee, 2014
- Integrated Biomedical Sciences Graduate Program Steering Committee. 2010 – 2016
- Judge for the Junior Science & Humanities Symposium. 2010, 2011, 2012, 2014, 2015, 2016, 2017
- University Athletics Advisory Committee. ELECTED, 3-year term, 2013 – 2016.
- University Committee on Tenure and Promotion. ELECTED, 3-yr term, served 2013 – 2014.
- Animal Care Users Group. Appointed. University-wide committee, 2010 – 2014.

College Service (selected)

- Chair, College Health Professions Strategic Plan: Expanding Research Workgroup, 2023 –24.
- Faculty Research Committee Organizer, College of Health Professions, UTHSC. 2019 - 2024
- Dean's College Council, College of Health Professions, UTHSC. 2018 - 2024
- Chair Search, Program Director for Physical Therapy Department, College of Health Professions, U. of Tennessee Health Science Center, 2022.
- Chair Search, Department Chair for Physical Therapy Department, College of Health Professions, U. of Tennessee Health Science Center, 2021.
- Chair Search, Assistant Dean for Finance, College of Health Professions, University of Tennessee Health Science Center, 2021.

- Chair Search, cluster faculty hire, Center for Muscle Metabolism & Neuropathology, College of Health Professions, University of Tennessee Health Science Center, 2019 - 2020
- Chair Search, Department Chair for Physical Therapy Department, College of Health Professions, U. of Tennessee Health Science Center, 2019.
- Chair Search Committee, Assistant Dean for Finance, College of Health Professions, University of Tennessee Health Science Center, 2019.

Scholarship: Publications

Scopus Author ID: 7201381039; ORCID ID: orcid.org/0000-0003-3733-8796

My Bibliography NIH: <https://www.ncbi.nlm.nih.gov/myncbi/1JCmb1CFIhCQA/bibliography/public/>

Google Scholar: [J Carson Google Scholar](#)

- h-index - 67
- i10-index - 142
- Publications cited over 100 times - 41

Published / In Press (since 2020):

* denotes mentorship: Student or post-doc author contribution under J. Carson's supervision

+ denotes leadership: corresponding author / senior author

\$ denotes highly cited, greater than 100 citations

133. Halle JL*, Zhang Q*, Baumfalk DR, Puppa MJ, Mohamed JS, Glazer ES, Smuder AJ, Alway SE, **Carson JA+**. [Sex impacts inflammatory signaling, body composition, and physical function in tumor-bearing mice receiving chemotherapy](#). Am J Physiol Cell Physiol. 2025 Oct 24. doi: 10.1152/ajpcell.00643.2025. Epub ahead of print. PMID: 41134647. IF 5.4

132. Zhang, Q.*, Xie Y., Jenkins T.*., and **Carson JA+**. [The relationship between circulating osteocalcin and muscle mass measurements in humans: A systematic review and meta-analysis](#), *Sports Medicine and Health Science*, 2025, ISSN 2666-3376, doi.org/10.1016/j.smhs.2025.12.003. IF 2.3

131. Alway SE, Paez HG, Ferrandi PJ, Pitzer CR, Halle JL*, Khan MM, Mohamed JS, Deschenes MR, **Carson JA**. [Mitochondria transplantation mitigates attenuation of muscle fiber regeneration by evoked contractions](#). Am J Physiol Cell Physiol. 2025 Nov 19. doi: 10.1152/ajpcell.00744.2025. Epub ahead of print. PMID: 41259105. IF 5.4

130. Counts BR*, Zhang Q*, Halle JL*, Puppa MJ, Alway SE, Mohamed J, Loenneke JP, **Carson JA+**. [The Effect of Cachexia on the Feeding Regulation of Skeletal Muscle Protein Synthesis in Tumour-Bearing Mice](#). J Cachexia Sarcopenia Muscle. 2025;16(5):e70064. doi: 10.1002/jcsm.70064. PMID: 40931444. IF 9.1

129. Joshi A, Xiao Z, Suman S, Cooper C, Ha K, **Carson JA**, Quarles LD, Smith JC, Gupta M. [Structure-Based Design of Small-Molecule Inhibitors of Human Interleukin-6](#). Molecules. 2025 Jul 10;30(14):2919. doi: 10.3390/molecules30142919. PMID: 40733185. IF 5.0

128. Paez HG, Pitzer CR, Halle JL*, Ferrandi PJ, **Carson JA**, Mohamed JS, Alway SE. [Impact of sarcopenia and obesity on skeletal muscle size, gene expression, and mitochondrial function](#). Geroscience. 2025 Jun 12. doi: 10.1007/s11357-025-01726-2. Epub ahead of print. PMID: 40504352. IF 6.2

127. Zhan Q*, Halle JL*, Counts BR*, Pi M, **Carson JA+**. [mTORC1 and BMP-Smad1/5 Regulation of Serum-Stimulated Myotube Hypertrophy: A Role for Autophagy](#). Am J Physiol Cell Physiol. 2024 Jul 1;327(1):C124-C139. doi: 10.1152/ajpcell.00237.2024. Epub 2024 May 20. PMID: 38766767. IF 5.5

126. Cardaci TD, VanderVeen BN, Huss AR, Bullard BM, Velazquez KT, Frizzell N, **Carson JA**, Price RL, Murphy EA. [Decreased skeletal muscle intramyocellular lipid droplet-mitochondrial contact contributes to myosteatosis in cancer cachexia](#). Am J Physiol Cell Physiol. 2024 Jul 16. doi: 10.1152/ajpcell.00345.2024. Epub ahead of print. PMID: 39010842. IF 5.5

125. Chaib M, Holt JR, Fisher EL, Sipe LM, Bohm MS, Joseph SC, Simmons BW, Eugin Simon S, Yarbro JR, Tanveer U, Halle JL*, **Carson JA**, Hollingsworth TJ, Wei Q, Rathmell JC, Thomas PG, Hayes DN,

- Makowski L. [Protein kinase C delta regulates mononuclear phagocytes and hinders response to immunotherapy in cancer](#). Sci Adv. 2023 Dec 22;9(51):eadd3231. doi: 10.1126/sciadv.add3231. PMID: 38134280; PMCID: PMC10745701. IF 15.4
124. Halle JL*, Counts BR*, Quan Zhang*, James KM*, Puppa MJ, Always SE, [Carson JA+](#). [Mouse Skeletal Muscle Adaptations to Different Durations of Treadmill Exercise After the Cessation of FOLFOX Chemotherapy](#). Front Physiol. 2023 Nov 1;14:1283674. doi: 10.3389/fphys.2023.1283674. PMID: 38028800; PMCID: PMC10648895. IF 4.0
123. Snoke DB, Bellefleur E, Rehman HT, [Carson JA](#), Poynter ME, Dittus KL, Toth MJ. [Skeletal muscle adaptations in patients with lung cancer: Longitudinal observations from the whole body to cellular level](#). J Cachexia Sarcopenia Muscle. 2023 Dec;14(6):2579-2590. doi: 10.1002/jcsm.13332. Epub 2023 Sep 19. PMID: 37727010; PMCID: PMC10751417.
122. Halle JL*, Counts BR*, Paez HG, Baumfalk DR, Zhang Q*, Mohamed JS, Glazer ES, Puppa MJ, Smuder AJ, Alway SE, [Carson JA+](#). [Recovery from FOLFOX Chemotherapy-induced Systemic and Skeletal Muscle Metabolic Dysfunction in Mice](#). Am J Physiol Endocrinol Metab. 2023 Aug 1;325(2):E132-E151. doi: 10.1152/ajpendo.00096.2023. Epub 2023 Jun 28. PMID: 37378624; PMCID: PMC10393342. IF 5.9
121. Alway SE, Paez HG, Pitzer CR, Ferrandi PJ, Khan MM, Mohamed JS, [Carson JA](#), Deschenes MR. [Mitochondria transplant therapy improves regeneration and restoration of injured skeletal muscle](#). J Cachexia Sarcopenia Muscle. 2023 Feb;14(1):493-507. doi: 10.1002/jcsm.13153. Epub 2023 Jan 5. PMID: 36604839; PMCID: PMC9891964. IF 8.9
120. [Halle, J.L. *, B.R. Counts-Franch*, Q. Zhang* and J.A. Carson+](#). [Short Duration Treadmill Exercise Improves Physical Function and Skeletal Muscle Mitochondria Protein Expression After Recovery from FOLFOX Chemotherapy in Male Mice](#). FASEB J. 2022 Aug;36(8):e22437. doi: 10.1096/fj.202200460R. PMID: 35816153 IF 5.9
119. VanderVeen BN, Cardaci TD, Madero SS, McDonald SJ, Bullard BM, Price RL, [Carson JA](#), Fan D, Murphy EA. [5 fluorouracil disrupts skeletal muscle immune cells and impairs skeletal muscle repair and remodeling](#). J Appl Physiol (1985). 2022 Oct 1;133(4):834-849. doi: 10.1152/japplphysiol.00325.2022. Epub 2022 Aug 25. PMID: 36007896; PMCID: PMC9529268. IF. 3.9
118. Sipe LM, Chaib M, Korba EB, Jo H, Lovely MC, [Counts BR*](#), Tanveer U, Holt JR, Clements JC, John NA, Daria D, Marion TN, Bohm MS, Sekhri R, Pingili AK, Teng B, [Carson JA](#), Hayes DN, Davis MJ, Cook KL, Pierre JF, Makowski L. [Response to immune checkpoint blockade improved in preclinical model of breast cancer after bariatric surgery](#). eLife. 2022 Jul 1;11:e79143. doi: 10.7554/eLife.79143. PMID: 35775614; PMCID: PMC9342954. IF 8.7
117. Rana M, Kansal R, Chaib M, Teng B, Morrison M, Hayes DN, Stanfill AG, Shibata D, [Carson JA](#), Makowski L, Glazer ES. [The pancreatic cancer immune tumor microenvironment is negatively remodeled by gemcitabine while TGF-β receptor plus dual checkpoint inhibition maintains antitumor immune cells](#). Mol Carcinog. 2022 Jun;61(6):549-557. doi: 10.1002/mc.23401. Epub 2022 Mar 23. PMID: 35319799. IF 4.8
116. Chaib M, Sipe LM, Yarbro JR, Bohm MS, [Counts BR*](#), Tanveer U, Pingili AK, Daria D, Marion TN, [Carson JA](#), Thomas PG, Makowski L. [PKC agonism restricts innate immune suppression, promotes antigen cross-presentation and synergizes with agonistic CD40 antibody therapy to activate CD8⁺ T cells in breast cancer](#). Cancer Lett. 2022 Jan 21:S0304-3835(22)00025-8. doi: 10.1016/j.canlet.2022.01.017. PMID: 35074498. IF 8.7
115. [Counts B.R. *, Halle, J.L. *, J.A. Carson+](#). [Early Onset Physical Inactivity and Metabolic Dysfunction in Tumor Bearing Mice is Associate with Accelerated Cachexia](#). Med Sci Sports Exerc. 2022 Jan 1;54(1):77-88. doi: 10.1249/MSS.0000000000002772. PMID: 34431825. IF 6.3
114. [Halle, J.L. *, B.R. Counts-Franch*, R. M. Prince and J.A. Carson+](#). [The Effect of Mechanical Stretch on Myotube Growth Suppression by Colon-26 Tumor-Derived Factors](#). Front Cell Dev Biol. 2021 Jul 30;9:690452. doi: 10.3389/fcell.2021.690452. PMID: 34395422; PMCID: PMC8363303. IF 6.6

113. Fix, DK*, BR Counts*, A.J. Smuder, M.A. Sarynski, H.J. Koh, and **J.A. Carson+**. [Wheel running improves fasting-induced AMPK signaling in skeletal muscle from tumor-bearing mice](#). *Physiol Rep.* 2021 Jul;9(14):e14924. doi: 10.14814/phy2.14924. PMID: 34270178; PMCID: PMC8284248. IF 2.3
112. VanderVeen BN, Sougiannis AT, Velazquez KT, **Carson JA**, Fan D and Murphy EA (2020) [The Acute Effects of 5 Fluorouracil on Skeletal Muscle Resident and Infiltrating Immune Cells in Mice](#). *Front Physiol.* 2020 Dec 7;11:593468. doi: 10.3389/fphys.2020.593468. PMID: 33364975; PMCID: PMC7750461.
111. *VanderVeen BN*, Fix DK*, Counts BR, Carson JA+*. [The Effect of Wheel Exercise on Functional Indices of Cachexia in Tumor-bearing Mice](#). *Med Sci Sports Exerc.* 2020 Nov;52(11):2320-2330. doi: 10.1249/MSS.0000000000002393. PMID: 33064407; PMCID: PMC7573199. IF 6.3
110. Hardee JP*, Fix DK*, Koh HJ, Wang X, Goldsmith EC, **Carson JA+**. [Repeated eccentric contractions positively regulate muscle oxidative metabolism and protein synthesis during cancer cachexia in mice](#). *J Appl Physiol* (1985). 2020;128(6):1666-1676. PMID: 32407241
PMCID: [PMC7311684](#) DOI: [10.1152/japplphysiol.00908.2019](#) IF 3.6
109. Counts BR*, Hardee JP*, Fix DK*, VanderVeen BN*, Montalvo RN*, **Carson JA+**. [Cachexia Disrupts Diurnal Regulation of Activity, Feeding, and Muscle mTORC1 in Mice](#). *Med Sci Sports Exerc.* 2020;52(3):577-587. Med PMID: 32058469 PMCID: [PMC7182083](#) IF 5.4
108. Guigni BA, van der Velden J, Kinsey CM, **Carson JA**, Toth MJ. . [Effects of conditioned media from murine lung cancer cells and human tumor cells on cultured myotubes](#) *Am J Physiol Endocrinol Metab.* 2020;318(1):E22-E32. doi:10.1152/ajpendo.00310.2019
PMID: 31689144 PMCID: PMC6985792 DOI: 10.1152/ajpendo.00310.2019 IF 3.6

Refereed Literature Reviews / Book Chapters (since 2020)

- Puppa MJ, and **JA Carson+**. [Cancer Cachexia](#). *Adv Exp Med Biol.* 2025;1478:285-314. doi: 10.1007/978-3-031-88361-3_12. PMID: 40879944.
- Puppa M.J. and **J.A. Carson**. (2025). Chapter 12: Cancer Cachexia. In: Li Li Ji (ed) Springer Nature. *The Skeletal Muscle: Plasticity, Degeneration and Epigenetics* ISBN 978-3-031-88360-6
- Cardaci TD, VanderVeen BN, Bullard BM, **Carson JA**, Murphy EA. [Multisymptom Burden in Cancer Survivors: Benefits of Physical Activity](#). *Exerc Sport Mov.* 2024 Fall;2(4):e00029. doi: 10.1249/esm.0000000000000029. PMID: 40443828; PMCID: PMC12121944. (invited referee)
- Bullard BM, VanderVeen BN, Cardaci TD, **Carson JA**, Murphy EA. [Mechanistic Insight into Physical Activity Pleiotropy in Cancer Prevention](#). *Exerc Sport Mov.* 2024 Fall;2(4):e00027. doi: 10.1249/esm.0000000000000027. PMID: 40443827; PMCID: PMC12121945. (invited referee)
- Hardee, J.P*, and **J.A. Carson+**. [Muscular Contractions Therapeutic Potential for Cancer-induced Wasting](#). *Am J Physiol Cell Physiol.* 2022 Aug 1;323(2):C378-C384. doi: 10.1152/ajpcell.00021.2022. Epub 2022 Jun 15. PMID: 35704693 (referee)
- Counts B.R.* , J.L. Halle* & **J.A. Carson+**. (2020). Biochemistry of Exercise Training: Mitigation of Cancers. In: Peter M. Tiidus¹, Rebecca E.K. MacPherson, Paul LeBlanc, Andrea R. Josse (eds). *THE ROUTLEDGE HANDBOOK on Biochemistry of Exercise*. Ch. 31 499-513.
- Halle, J.L.* , B.R. Counts*, and **J.A. Carson+**. Exercise as a Therapy for Cancer-Induced Muscle Wasting. *Sports Medicine and Health Science.* 2020 2(4): 186 - 194 (invited referee)
- Vanderveen BN *, EA Murphey, and **JA Carson+**, [The Impact of Immune Cells on the Skeletal Muscle Microenvironment during Cancer Cachexia](#). *Frontiers in Physiology*, section Striated Muscle Physiology 2020 Aug 31;11:1037. doi: 10.3389/fphys.2020.01037. PMID: 32982782 (invited referee)
- \$Burini, R.C., E. Anderson, J.L. Durstine, **and J.A. Carson+**. [Inflammation, physical activity, and Chronic Disease: An evolutionary perspective](#). *Sports Medicine and Health Science* 2020 2(1): 1-6. <https://doi.org/10.1016/j.smhs.2020.03.004> (invited referee)

Presentations: Abstracts (since 2020)

- Jenkins T, Zhang Q, **Carson, JA**. Transcriptomic Analysis of the effect of FOLFOX chemotherapy on the ovary in female CT26 tumor-bearing mice. KNSM Research Day. College Station, TX, USA. November 2025.
- Zhang Q, Jenkins T, **Carson JA**. 5-Fluorouracil-based chemotherapies disrupt autophagy flux and protein synthesis in cultured myotubes: a role for mTORC1 signaling. KNSM Research Day. College Station, TX, USA. November 2025.
- Zhang Q, Xie YZ, **Carson JA**. Age and Sex Impact Circulating Osteocalcin's Relationship to Body Composition: A Systematic Review and Meta-Analysis. ACSM2025. Atlanta, GA. May 27-30, 2025.
- Zhang Q, Snider M, **Carson JA**. Uncarboxylated Osteocalcin Regulates Myogenesis Through GPRC6A-ERK Signaling. Muscle Biology and Cachexia Conference. Houston, TX, May 17-18, 2025.
- Zhang Q, Snider M, **Carson JA**. Undercarboxylated Osteocalcin Regulates Myogenesis Through GPRC6A-ERK Signaling. Texas Institute of Musculoskeletal Science (TIMS) Research Summit. College Station, TX. May 14-15, 2025.
- Zhang Q, JL Halle, **JA Carson**. The effect of sex on circulating undercarboxylated osteocalcin in tumor-bearing mice receiving chemotherapy. 17th International Conference of the Society on Sarcopenia, Cachexia, & Wasting Disorders, December 6-8 2024, Washington DC
- Halle JL, Zhang Q, , **JA Carson**. Sexual dimorphism in the relationship between plasma LIF and endurance capacity in tumor-bearing mice receiving chemotherapy. Integrative Physiology of Exercise, ACSM and APS, November 20-22, 2024, State College PA.
- Zhang Q, Halle JL, **Carson JA**. The effect of sex on circulating undercarboxylated osteocalcin in tumor-bearing mice receiving chemotherapy. KNSM Research Day. College Station, TX, 11/24.
- Halle JL, Zhang Q, **Carson JA**. FOLFOX chemotherapy disrupts the relationship between plasma LIF and endurance capacity in tumor-bearing male and female mice. International Biochemistry of Exercise Conference. Limerick, Ireland. July 9-11, 2024.
- Snider, Mikaela. Undergraduate at Texas Tech. Project Title: Osteocalcin promotes C2C12 myoblast proliferation and myotube differentiation through mTORC1 signaling. Kappa Delta Summer Internship. July 24, 2024.
- Halle JL, Zhang Q, Puppa M, Mohamed J, Alway SE, **Carson JA**. FOLFOX chemotherapy disrupts the relationship between plasma LIF and endurance capacity in tumor-bearing male and female mice. UTHSC Graduate Research Day. Memphis, TN, USA. May 31, 2024.
- Zhang Q, **Carson JA**. The role of osteocalcin administration in the regulation of physical and metabolic function during FOLFOX treatment and recovery. UTHSC Center for Cancer Research, Research in Progress Seminar. December 2023.
- Paez HP, Pitzer CR, Ferrandi PJ, Halle JL, **Carson JA**, Mohamed JS, Alway SE. High-fat diet induced obesity uncouples mitochondrial respiration in young and aged sarcopenic skeletal muscle. UTHSC Department of Physiology Annual Research Retreat. 11/2023. *1st place poster*.
- Halle JL, **Carson JA**. AMPK's role in disrupted metabolism during FOLFOX chemotherapy treatment and recovery. UTHSC Center for Cancer Research, Research in Progress Seminar. 11/2023.
- Zhang Q, Halle JL, **Carson JA**. mTORC1 and BMP-Smad1/5 regulation of serum-stimulated myotube hypertrophy: A role for autophagy. Tennessee Institute of Regenerative Medicine (TennIRM) Annual Meeting. September 2023.
- Halle JL, Zhang Q, **Carson JA**. The effect of sex and FOLFOX chemotherapy on the IL-6 regulation of C26-tumor induced disruptions to body composition and physical function in mice. Tennessee Institute of Regenerative Medicine (TennIRM) Annual Meeting. September 2023.
- Halle JL, Zhang Q, Paez HP, Alway SE, **Carson JA**. Metabolic Dysfunction during Recovery from Colorectal Cancer Chemotherapy: Role for Skeletal Muscle AMPK Signaling. 16th Cachexia Conference in Stockholm. June 17-19, 2023.
- Zhang Q, Halle JL, Carson JA. Skeletal muscle biochemical adaptations to different treadmill exercise durations following FOLFOX chemotherapy treatment in mice. ACSM. Denver, CO. May 2023.

- Zhang Q, Halle JL, **Carson JA**. Impact of Treadmill Exercise Duration on Circulating Osteocalcin Levels after Recovery from FOLFOX Chemotherapy. UTHSC Graduate Research Day. Memphis, TN. May 2023.
- Halle JL, Zhang Q, **Carson JA**. AMPK Signaling's Role in Disrupted Metabolism during Treatment and Recovery from Colorectal Cancer Chemotherapy. UTHSC Graduate Research Day. Memphis, TN. May 2023. *1st place oral presentation*.
- Halle JL, Zhang Q, Paez HP, Alway SE, **Carson JA**. AMPK Signaling's Role in Disrupted Metabolism during Treatment and Recovery from Colorectal Cancer Chemotherapy. Oklahoma Gero-Oncology Symposium. Oklahoma City, OK. April 2023.
- Baumfalk DR, Halle JL, Carson JA, Smuder AJ. Effects of FOLFOX Chemotherapy Regimen and Exercise on Circulating Factors of Cardiovascular Disease in Mice. American Physiology Summit. Long Beach, CA. April 2023.
- Baumfalk DR, Halle JL, Carson JA, Smuder AJ. Effects of FOLFOX on Circulating Hormones and Inflammation in Mice. Advances in Skeletal Muscle Biology Conference. Gainesville, FL. 03/23.
- Zhang Q, Halle JL, Carson JA. Autophagy flux regulation by mTORC1 and BMP Signaling during Serum-induced Myotube Hypertrophy. Advances in Skeletal Muscle Biology Conference. Gainesville, FL. March 2023.
- Halle JL, Zhang Q, Paez HP, Alway SE, Carson JA. Systemic and Skeletal Muscle Metabolic Dysfunction during FOLFOX chemotherapy: A Role for AMPK regulation of Autophagy. Advances in Skeletal Muscle Biology Conference. Gainesville, FL. March 2023.
- Halle JL, Zhang Q, Paez HP, Alway SE, **Carson JA**. Metabolic Dysfunction during Recovery from Colorectal Cancer Chemotherapy: Role for Skeletal Muscle AMPK Signaling. 16th Cachexia Conference in Stockholm. June 17-19, 2023.
- Zhang Q, Halle JL, **Carson JA**. Skeletal muscle biochemical adaptations to different treadmill exercise durations following FOLFOX chemotherapy treatment in mice. ACSM. Denver, CO. May 2023.
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- Baumfalk DR, Halle JL, **Carson JA**, Smuder AJ. Effects of FOLFOX Chemotherapy Regimen and Exercise on Circulating Factors of Cardiovascular Disease in Mice. American Physiology Summit. Long Beach, CA. April 2023.
- Baumfalk DR, Halle JL, **Carson JA**, Smuder AJ. Effects of FOLFOX on Circulating Hormones and Inflammation in Mice. Advances in Skeletal Muscle Biology Conference. Gainesville, FL. 03/23.
- Zhang Q, Halle JL, **Carson JA**. Autophagy flux regulation by mTORC1 and BMP Signaling during Serum-induced Myotube Hypertrophy. Advances in Skeletal Muscle Biology Conference. Gainesville, FL. March 2023.
- Halle JL, Zhang Q, Paez HP, Alway SE, **Carson JA**. Systemic and Skeletal Muscle Metabolic Dysfunction during FOLFOX chemotherapy: A Role for AMPK regulation of Autophagy. Advances in Skeletal Muscle Biology Conference. Gainesville, FL. March 2023.
- Counts Halle JL, Carson JA. Effects of contraction and feeding on skeletal muscle protein synthesis during the initiation of cachexia. FASEB. Philadelphia, PA. April 2022.
- Halle JL, Counts BR, Carson JA. Short-duration aerobic exercise improves chemotherapy induced physical dysfunction in mice. FASEB. Philadelphia, PA. April 2022.
- Lin J, Counts B, Powell Z, Ramanathan C, Carson J, Puppa M. The role of skeletal muscle intrinsic clock in the progression of cancer cachexia. FASEB. Philadelphia, PA. April 2022.
- Halle JL, Counts BR, Carson JA. Effects of exercise dose on chemotherapy induced physical dysfunction in male mice. ACSM. San Diego, CA. May 2022.
- Halle JL, Counts-Franch BR, Carson JA. Chronic Fatigue and Metabolic Dysfunction in Mice Following FOLFOX Chemotherapy Treatment. UTHSC Center for Cancer Research Symposium Eureka Moments. Memphis, TN. December 2021.
- Counts BR, Halle JL, Carson JA. Feeding and fasting regulation of skeletal muscle protein synthesis during the initiation of cachexia. UTHSC Center for Cancer Research Symposium Eureka Moments. Memphis, TN. December 2021. Lightening Round Talk, 1st place

- Counts BR, Halle JL, Carson JA. Effect of feeding on skeletal muscle protein synthesis in tumor bearing mice: a role for AMPK. Cancer Cachexia Society. Virtual. September 2021.
- Halle JL, Counts BR, Carson JA. Long-term Ramifications of Chemotherapy on Body Composition, Fatigue, & Systemic Metabolism in Mice. Cancer Cachexia Society. Virtual. 11/2021.
- Counts-Franch BR, Halle JL, Carson JA. Early-Onset Metabolic Dysfunction in Tumor Bearing Mice is Associated with Accelerated Cachexia. Metabolism, Immunity, & Inflammation of the Mid-South. Virtual. April 2021. *Short-Talk*.
- Halle JL, Counts-Franch BR, Carson JA. Folfox Chemotherapy Induces Metabolic Dysfunction and Fatigue in Mice. Metabolism, Immunity, & Inflammation of the Mid-South. Virtual. April 2021. *Lightening Round Talk-5minutes*.
- Halle JL, Counts BR, Carson JA. The Effect of Mechanical Stretch on Myotube Growth Suppression by Tumor-derived Factors. FASEB. Virtual. April 2021.
- Counts-Franch BR, Halle JL, Carson JA. Early-Onset Physical Inactivity in Tumor Bearing Mice is Associated with Accelerated Cachexia. SEACSM. Virtual. February 2021. *Top 8 Finalist Doctoral Poster Competition. 2nd place*.
- Counts BR, **Halle JL**, Carson JA. Folfox Chemotherapy induces Chronic Metabolic Dysfunction and Fatigue in Mice. International Conference on Cachexia, Sarcopenia and Muscle Wasting Disorders. Virtual. December 2020
- Counts BR, Halle JL, Carson JA. Lewis Lung Carcinoma Growth Rate is Associated with Early Onset Metabolic & Activity Dysfunction. Cancer Cachexia Society. September 2020. Virtual
- Halle JL, Counts BR, Carson JA. Lasting Effects of Folfox Chemotherapy on Whole Body Fatigue and Metabolic Function in Mice. Cancer Cachexia Society. September 2020. Virtual
- Counts BR, Halle JL, Carson JA. Diurnal physical activity regulates skeletal muscle ULK1 phosphorylation in tumor bearing mice. ACSM Annual Meeting. May 2020. San Francisco, CA.
- Halle JL, Fix DK, Counts BR, , Carson JA. Muscle Raptor and TSC1/2 Differential Response to Activity & Fasting in the Tumor Environment. ACSM Annual Meeting. 05/2020. San Francisco, CA.
- Counts BR, Halle JL, Carson JA. Cancer Attenuates Nutrient Activation of Skeletal Muscle mTORC1 in Female Mice. FASEB. April 2020. San Diego, CA.
- Halle JL, Fix DK, Counts BR, Carson JA. Exercise Improves the Fasting Regulation of Skeletal Muscle Protein Synthesis in Tumor Bearing Mice. FASEB. April 2020. San Diego, CA.

Presentations: Speaking

Research Presentations (since 2020)

18th International Conference on Cachexia, Sarcopenia and Muscle Wasting, Rome, Italy. *Session General Sarcopenia: Organ and Cell Crosstalk in Cancer Cachexia*. Invited, in person 12/13/25.

Seminar Series - Center for Metabolic Health, UT Health San Antonio: “*Skeletal Muscle Responsiveness in Cancer & Treatment*”. Invited speaker, in person 5/22/25.

Inaugural Muscle Biology & Cachexia Conference, Houston Texas, Session: *Mechanisms of Cancer Cachexia II*, invited speaker in person, 05/20/25.

Texas Institute of Musculoskeletal Science Summit, Texas A&M University, Session: *Neuromuscular Disease*, invited speaker in person, 05/14/25.

2025 (Pdm3) International Padua Days on Muscle and Mobility Medicine Conference. Padua, Italy. *Session VIII: Managements of cancer cachexia; Effects of exercise and chemotherapy in cancer cachexia*. Invited speaker, in person 03/26/25.

Integrative Physiology of Exercise Conference by ACSM, Penn State University, Exercise & Cancer Session, invited featured speaker in person, 11/22/24.

Seminar Series Kinesiology, Texas A & M University. Invited seminar speaker, in person. 11/1/2024.

Seminar Series Kinesiology, Texas A & M University. Invited seminar speaker in person. 11/30/2023.

Exercise Science Research Center Seminar Series, University of Arkansas, Fayetteville. Invited seminar speaker in person. 11/3/23.

Endocrine Grand Rounds, University of Tennessee Health Science Center. Invited research lecture in person 09/14/23.

OK Symposium on Pancreatic Cancer Cachexia. OU Health Stephenson Cancer Center. Oklahoma City, invited plenary lecture in person, 8/25/23.

Kappa Delta Foundation Orthopaedic Research Internship Program Seminar Series. Basic Biology of Cachexia: A role for muscle metabolism. UTHSC. Invited speaker in person, 7/5/23.

16th International Conference on Cachexia, Sarcopenia and Muscle Wasting, Stockholm, Sweden, invited speaker in person, *Session: The fat story of sarcopenia – the fat in muscle*. 06/17/23.

2023 Oklahoma Geoscience Symposium, Oklahoma Nathan Shock Center on Aging, Gero-Oncology, invited plenary lecture. 4/4/2023.

18th International Biochemistry of Exercise Conference, Cancer and Exercise Symposium, Toronto, Canada. Invited speaker 5/28/22.

College of Health Sciences Seminar Series, University of Memphis: “*Disrupted Muscle Metabolism in Cancer: A role for exercise*”. Invited speaker in person 4/8/2022.

Biological Sciences seminar Series, Tennessee State University: “*Disrupted Muscle Metabolism in Cancer and Treatment: A role for exercise*”. Invited speaker 5/30/2022.

International Society for Cachexia, Sarcopenia, and Muscle Wasting Disorders Virtual Congress 2021, Prometheus Basic Science Keynote Lecture: “*Understanding the Importance of Altered Muscle Responsiveness to the Systemic Environment in Cancer Cachexia Progression* ”. invited speaker 12/11/2021.

Exercise Physiology Seminar Series, University of Texas A&M. Invited Speaker (Virtual). “*Disrupted Muscle Metabolism in Cancer and Treatment: A role for exercise*”. 10/22/21.

Cancer Cachexia Society Annual Conference , University of Florida: Symposia, Biological Variables in Cancer Cachexia. *“Understanding Female Systemic and Skeletal Muscle Metabolic Dysfunction with Cancer Cachexia”*. Invited Speaker 08/29/21.

Cancer Grand Rounds, University of Tennessee Health Science Center. *“Disrupted Muscle Metabolism in Cancer Cachexia & Treatment: A Role for Inactivity”*. Invited Speaker 02/23/2021

Seminar Series, Translational Research Institute, Advent Health, Orlando, FL. Invited Speaker. *“Disrupted Muscle Metabolism in Cancer Cachexia: A Role for Exercise”*. 12/17/2020

Seminar Series, College of Pharmacy, University of Houston. Invited Speaker. *“Cancer-induced Muscle Wasting is Linked to Disrupted Mitochondrial Quality Control and Anabolic Resistance”*. 10/22/2020

Center for Exercise Science, University of Florida. Invited Speaker. *“Disrupted Muscle Metabolism in Cancer Cachexia: A role for exercise”*. 10/15/2020

AcePre Collaboration Group, University of South Carolina School of Medicine. Invited Speaker. *“Long-term Effects of Chemotherapy on Systemic Metabolism and Function: A Role for Muscle Metabolic Dysfunction”*. 09/21/2020

Endocrine Grand Rounds, University of Tennessee Health Science Center. *“Understanding Drivers of Cancer-induced Muscle Wasting: Interactions with Inflammation, Sex & Exercise”*. Invited Speaker 03/15/202

Instructional / Professional / Service Presentations (since 2020)

18th International Society for Sarcopenia, Cachexia and Wasting Conference, Dec. 12, 2025. Rome, Italy, Invited Mentor Participant, *Ken Fearon Career Café Session*.

18th International Society for Sarcopenia, Cachexia and Wasting Conference, Dec. 12, 2025. Rome, Italy. Invited Session Chair and moderator: *Session: Therapeutic Development (pre-clinical)* .

Online/Virtual Skeletal Muscle Journal Club, Huffines Institute, TAMU. Presenter, virtual. November 20, 2025. *RANKL Blockade Reduces Cachexia and Bone Loss Induced by Non-Metastatic Ovarian Cancer in Mice*.

College of Education and Human Development Research Enterprise & Outreach, TAMU. *Panel Discussion: Benefits of Serving as a Grant Proposal Reviewer*. Invited panelist, November 17, 2025

Online/Virtual Skeletal Muscle Journal Club, Huffines Institute, TAMU. Presenter, virtual. October 9, 2025. *Roles of plasminogen activator inhibitor-1 in aging-related muscle and bone loss in mice*.

Online/Virtual Skeletal Muscle Journal Club, Huffines Institute, TAMU. Presenter, virtual. August 28, 2025. *Undercarboxylated osteocalcin and ibandronate combination ameliorates hindlimb immobilization-induced muscle wasting*.

Professional Development Lecture, Seminar Series Kinesiology: *The Big Question and Structuring a Research Presentation*. TAMU. Invited speaker, in person. 08/27/2025.

The 2025 Hilliard Distinguished Lecture in Sports Medicine & Huffines Research Retreat, April 11, 2025. Organizer and event moderator.

STaR Mentoring Program "Editors Event". Faculty Success, College of Education and Human Development. Invited Panel member, January 30, 2025

Professional Development Lecture, Seminar Series Kinesiology: *Beyond a proposal, designing an impactful, innovative, and rigorous research study; Elegance in Science!* Texas A&M University. Invited speaker, in person. 01/17/2025.

17th International Society for Sarcopenia, Cachexia and Wasting Conference, Dec. 7, 2024. Washington DC, Invited Mentor, *Ken Fearon Career Café Session*.

17th International Society for Sarcopenia, Cachexia and Wasting Conference, Dec. 6, 2024. Washington DC, Invited Session Chair and moderator: *"Extracellular Vesicles and Cachexia."*

Germantown Public Schools Health Seminar for Teachers and Staff: Exercise & Weight Loss, Invited speaker, virtual, December 11, 2023. Germantown TN

Society for Sarcopenia, Cachexia and Wasting Disorders 2023 Virtual Update conference, December 8-9, 2023. Invited Session Chair and moderator: *"Cachexia across the spectrum of diseases."*

Regenerative and Rehabilitation Sciences Seminar Series, UTHSC, presenter/moderator. October 25, 2023. *"Professional Development Round Table Discussion: Successfully engaging in the peer review process of manuscripts for scientific journals"*.

Tennessee Institute of Regenerative Medicine (TennIRM) Annual Symposium. Presenter. September 22, 2022. *"TennIRM Overview 2023"*.

Online/Virtual Skeletal Muscle Journal Club, Division of Rehabilitation Sciences, COHP. Presenter. August 22, 2022. *"Phosphoproteomics of three exercise modalities identifies canonical signaling and C18ORF25 as an AMPK substrate regulating skeletal muscle function "*.

Regenerative and Rehabilitation Sciences Seminar Series, UTHSC, presenter. February 16, 2022. *"Graduate Student Professional Development: Beyond a proposal, designing impactful, innovative, and rigorous research"*.

Tennessee Institute of Regenerative Medicine (TennIRM) Annual Symposium. Presenter. February 2, 2022. *"Division of Regenerative and Rehabilitation Sciences: Status and Opportunities"*.

Online/Virtual Cachexia Journal Club, Division of Rehabilitation Sciences, COHP. Presenter. December 6, 2021. "Activation of *Ak-mTORC1* signaling reverts cancer dependent muscle wasting".

Rehabilitation Sciences Seminar Series, Professional Development Seminar. College of Health Professions. Invited Speaker. November 17, 2021. "NIH Fellowship Evaluation and Content: The F31 Research Plan"

Rehabilitation Sciences Seminar Series, Professional Development Seminar. College of Health Professions. Invited Speaker. September 08, 2021. "Critical Components of a Research Report (Pt 2)"

Online/Virtual Skeletal Muscle Journal Club, Division of Rehabilitation Sciences, COHP. Presenter. August 23, 2021. "Perturbed BMP signaling and denervation promote muscle wasting in cancer cachexia".

Share IT, Lunch Workshop Series, College of Health Professions UTHSC. Invited Speaker. April 21, 2021. "Maximizing UTHSC campus research resources, facilities, & centers in grant applications & research program."

Online/Virtual Cachexia Journal Club, Division of Rehabilitation Sciences, COHP. Presenter. March 22, 2021. "Targeting Mitochondria by SS-31 Ameliorates Energy Status in Cancer- and Chemotherapy-Induced Cachexia".

Online/Virtual Skeletal Muscle Journal Club, Division of Rehabilitation Sciences, COHP. Presenter. February 15, 2021. "Inhibition of prostaglandin-degrading enzyme 15-PGDH rejuvenates aged muscle mass and strength".

Rehabilitation Sciences Seminar Series, Round Table Discussion. Discussion moderator & lecturer. Feb. 10, 2021. "The Framework for Research Design in 2021: Hypothesis driven research versus the research question".

Rehabilitation Sciences Seminar Series, Professional Development Seminar. College of Health Professions. Invited Speaker. February 3, 2021. "Critical Components of a Research Report (Part 1)"

Obesity Journal Club, Le Bonheur Children's Hospital and UTHSC Pediatrics. Presenter. November 19, 2020. Research Article Presentation. "Antibody mediated inhibition of GDF15- reverses cancer cachexia in mice"

Share IT, Lunch Workshop Series, College of Health Professions UTHSC. Invited Speaker. October 28, 2020. "The value of forming research teams and participating in team science"

Online/Virtual Cachexia Journal Club, Division of Rehabilitation Sciences, COHP. Presenter. October 26, 2020. "Antibody mediated inhibition of GDF15-GFRAL activity reverses cancer cachexia in mice".

Rehabilitation Sciences Seminar Series, Professional Development Seminar. College of Health Professions. Invited Speaker. September 16, 2020. "NIH Fellowship Evaluation and Content"

Cancer Cachexia Society Virtual Conference, Cancer Cachexia Society, Session co-chair, 09/11/2020

Share IT, Lunch Workshop Series, College of Health Professions UTHSC. Invited Speaker. September 2, 2020. "CoHP Pre-Award Grants Training / Management Workshop."

Online/Virtual Skeletal Muscle Journal Club, Division of Rehabilitation Sciences, COHP. Presenter. August 10, 2020. "The role of raptor in the I load-induced regulation of mTOR signaling, protein synthesis, and skeletal muscle hypertrophy".

Online/Virtual Skeletal Muscle Journal Club, Division of Rehabilitation Sciences, COHP. Presenter. June 8, 2020. "Contraction-regulated mTORC1 and protein synthesis" Influence of AMPK and Glycogen".

Share IT, Lunch Workshop Series, College of Health Professions UTHSC. Invited Speaker. April 23, 2020. "Being prepared to collaborate on am NIH Grant Submission: Preparing your NIH Bio & facilities page."

Research Mentorship

Mentored High School Research

- 9 International Exchange High School Students
- 30 South Carolina High School Students

Mentored Undergraduate Research Programs, James Carson mentor

- 20 University of South Carolina Magellan Scholar, Honors College, SURF program research fellows
- 8 mentored undergraduate students received research awards.
- Chair of 9 Undergraduate Honors Research Thesis
- 18 students Mentored as part of Undergraduate Research Programs

Last 3 years at UTHSC

- 2024 Kappa Delta Orthopedic Research Summer Program **Mikaela Snider**, Texas Tech.
- 2023 Kappa Delta Orthopedic Research Summer Program. **Chloe Haller**, Cornell University
- 2023 SRS UTHSC Graduate School Summer Research Program. **Anusha Malik**, Rhodes College.
- 2022 Kappa Delta Orthopedic Research Summer Program. **Alexa Tokofsky**, U. North Carolina Charlotte

Masters in Medical Laboratory Science Research Experience, James Carson mentor

- *Jada King, Clinical Laboratory Science Student, Summer 2023*
- *Lauren Shine, Clinical Laboratory Science Student, Summer 2022*
- *Shawn Rennison, Clinical Laboratory Sciences Student, Summer 2022*
- *Tamela Isabel, Summer 2022*
- *Robert Hatfield, Clinical Laboratory Science Student, Summer 2019*

UTHSC Medical Student Research Experience, James Carson mentor

- *Kylie James, UTHSC/College of Medicine Sponsored Medical Student Research Fellowship (MSRF) Program, 2023*

Doctoral Student Supervision

*Completed PhDs as Chair (17) *Completed Dissertation and defended 7m after J. Carson left USC, J Carson still directed.*

- Jessica Halle, August 2024
- Brittany Counts, December 2021,
- Dennis Fix*, Summer 2019,
- Brandon Vanderveen*, Spring 2019
- Justin Hardee, Fall 2017
- Song Gao, Spring 2017
- Kamaljeet Kaur, Spring 2016
- Kimbell Hetzler, Fall 2015
- Aditii Narsale, Spring 2014
- Melissa Pupa, Fall 2013
- Suichi Sato , Summer 2012
- Kandy Velasquez, Summer 2012
- Jim White, Spring 2011
- Tyrone Washington, Spring 2008
- Ray Thompson, Summer 2007
- Kristen Mehl-Baltgalvis, Summer 2007

- Joseph McClung, Summer 2005

Completed PhDs as member of dissertation committee (14)

- Christopher Pitzer, October 2024 UTHSC Biomedical Sciences Program, Stephen Alway advisor
- Hector Paez, October 2024 UTHSC Biomedical Sciences Program, Stephen Alway advisor
- Yaya Zhang, April 2023, UTHSC Biomedical Sciences program, James Kang advisor,
- Alex Souganis, June 2020, U. South Carolina School of Medicine, Angela Murphy,
- Arpit Saxena, Spring 2015, Exercise Science Department, Raja Fayad
- Jenny Stiener, Fall 2012, Exercise Science Department, Mark Davis
- Brad Gordon, Spring 2012, Exercise Science Department, Matt Kostek,
- Diana Delgado, Summer 2012, Exercise Science Department, Matt Kostek
- Yin Xiong, Fall 2006, U. South Carolina School of Medicine. Bill Hrushesky chair
- Martin Carmichael, Fall 2005, Exercise Science Department, Mark Davis,
- Adrian Brown, Spring 2004, Exercise Science Department, Mark Davis,
- Joel Atance, Spring 2004, U. South Carolina School of Medicine. Wayne Carver Chair,
- Angela Murphy, Summer 2004, Exercise Science Department, Mark Davis,
- Laura Fulk, Fall 2004, Exercise Science Department, Greg Hand,

External Dissertation reviewer: Ayiesha Saleem, York University, Toronto Canada August 2013

In Progress Doctoral Candidates:

- Committee Chair or Co-Chair for 3 students
- Committee member for 2 students

Post-Doctoral Fellow Supervision

- Kandy Velazquez, PhD; 2016 – 2017 (NIH Diversity Post-Doctoral Supplement)
- Maria Lima, PhD; 2009 – 2011 (co-supervised with Dr. John Baynes)
- Jonathon Brock, PhD; 2007- 2008 (co-supervised with Dr. John Baynes)

Masters Student Supervision

- Chair Master's Thesis Committee 5 students
- *Master's Thesis Committee Member 6 students*
- Supervised Exercise Science Masters Student Projects 8 students

Research Grants

R01 CA288578-01 (Velazquez, Kandy T PI) NIH/NCI 05/2024 – 04/2029
University of South Carolina, Columbia (\$2,623,545)

Role: Carson JA, Consultant

The Role of TGF β 2 and Macrophages in Cancer Cachexia

Major Goal: The role of TGF β 2 in initiating fibrosis and activating M2 macrophages in the skeletal muscle of cancer cachectic mice is investigated. The working hypothesis is that M2 macrophages act as a pivotal transition point driving the advancement of severe cancer cachexia.

K01 AR08078 (Kerr, Haiming Liu PI) NIH NIAMS 06/2023 – 05/2028
University of Washington School of Medicine (\$610,605)

Role: Carson JA, Advisory Committee

Mentored Research Scientist Development Award - The Role of AMPK in Regulating Muscle Mass and Function in Cancer Cachexia

Major Goal: Characterize the role of AMPK in cisplatin- and lung cancer tumor (Lewis Lung Carcinoma, LLC)- induced CC, and evaluate the potential for modulating AMPK as a therapeutic target for these conditions.

Past Grant Funding (Selected)

NIH National Institutes of Health-Related funding as PI. Principle Investigator for F32, R03, R21, R01, R01-renewed: "hit for the cycle"

R21 AR079843-01A1 (Carson JA PI)	NIH/NIAMS	07/2022 – 06/2025
<i>Muscle GPRC6A regulation of protein turnover with overload and disuse recovery</i>		
A21-0886 (Alway, SE PI)	DOD – Army - MRMC	03/01 2021 – 02/29/2024
<i>Role: Carson JA Co-I</i>		
1R21CA231131-01A1 (Carson, JA PI)	NIH/NCI	05/08/2019 – 04/30/2022
<i>(PQ 12) The Regulation of Physical Function and Skeletal Muscle Metabolic Signaling After Cessation of 5-Fluorouracil Treatment</i>		
1R03NS114616-01A1 (PI Kahn, UTHSC Neurology)	NIH/NINDS	09/1/2020 – 8/31/2022
<i>Role: Carson JA Co-I</i>		
<i>Examining Progression of a Neurodegenerative Disorder</i>		
RO1 (Toth M PI, Vermont College of Medicine)	NIH/NIAMS	6/01/2019 – 5/30/2022
<i>Role: Carson JA Co-I (sub contract)</i>		
<i>Skeletal Muscle Atrophy and Dysfunction in Human Cancer</i>		
1 RO1 CA121249-01A2 Carson (PI)	NIH/ NCI	02/2014 – 3/2021
<i>Cachexia in <i>Apc</i>^{MIN/+} mice: The role of IL-6</i>		
RO1 CA121249-01A2 (Carson PI)	NIH / NCI	03/2008 – 03/2013
<i>Title: Cachexia in <i>Apc</i>^{MIN/+} mice: The role of IL-6</i>		
RO3 AR051434-01A1 (Carson PI)	NIH / NIAMS	07/2005 – 06 2007
<i>Title: Androgen's role in skeletal muscle regeneration</i>		
F32 AR008328-01 (Carson PI, Booth Mentor)	NIH / NIAMS	06/1994 – 05/1997
<i>NRSA, Post-Doctoral Training Fellowship,</i>		
<i>Title: Chicken α-actin promoter function during hypertrophy</i>		

Teaching (last 5 years)

Courses taught at Texas A&M University

- KINE 681: Seminar in Exercise Physiology, Spring & Fall 2025 (1h), 30 graduate students
- KINE 682: Graduate Seminar in Exercise Physiology - *Skeletal muscle responses to acute & chronic exercise*, Fall 2025 (3h), 16 graduate students
- KINE 609; Professional Career Development in Kinesiology, Spring 2025, (3h), 7 students
- KINE 685: Directed Studies, Spring 2025 (5h), 1 graduate student
- KINE 685: Directed Studies, Fall 2024 (3h), 1 graduate student
- KINE 684: Professional Internship (3h), Fall 2024, 1 graduate student

Courses taught at University of Tennessee Health Science Center

- RSHP 919: Rehabilitation Science Seminar, Spring & Fall, 2019 – 2023 (1h), 5-6 PhD students
- RSHP 840: Special Topics in Rehabilitation Sciences, (1-3h) Fall 2021. 5 PhD students
- RSHP 840: Special Topics in Rehabilitation Sciences, (1h) Fall 2020. 6 PhD students

Course Lectures provided at University of Tennessee Health Science Center

- PHYS 819 : Physiology Graduate Seminar, Fall 2019 (1H), 3 PhD students

Course Practicum Experiences provided at University of Tennessee Health Science Center

- CLS-794 : Research Practicum Clinical Laboratory Science, Summer 2019, 2021, 2022 (4H),

Courses developed at University of Tennessee Health Science Center

- RSHP 880 : Special Topics in Rehabilitation Science, approved 2019
- RSHP 919 : Rehabilitation Science Seminar, approved 2019

Highlighted Prior University Service, University of South Carolina

- University Faculty Athletics Representative (FAR) Search Committee, Appointed by Provost Office, Fall 2013.
- University Committee on Tenure and Promotion (UCTP). ELECTED, 3 year term. Serve on faculty review panels and review and present faculty files to the full committee. 2013 – 2014 (resigned to become Department Chair)
- Faculty advisor for Exercise Science Club Student Organization. 2013 – 2018
- University Athletics Advisory Committee. ELECTED, 3 year term. University-wide committee to advise the Faculty Senate on University Athletic matters. 2013 – 2016.
- Integrated Biomedical Sciences Graduate Program Steering Committee. Appointed. 2010 – 2016
- Animal Care Users Group. Appointed. New University-wide committee to examine issues related to animal research on the South Carolina campus. 2010 – Present
- Faculty advisor for South Carolina Club Football Student Organization. 2010 – 2014.
- Institutional Animal Use and Care Committee, University of South Carolina, *University President appointed full committee member*. 2001 - 2009.
- University-wide Search Committee for Head Veterinarian, U. South Carolina 2006 – 2007.
- University of South Carolina Faculty Senate. Appointed faculty senator representing the School of Public Health and the Department of Exercise Science. 2002 – 2004.
- Institutional Animal Use and Care Committee, University of South Carolina, *University President appointed alternate*. 2000-2001.

Highlighted Prior Service Arnold School of Public Health, University of South Carolina

- Chair Search Committee for Dept. Epidemiology and Biostatistics Chair, 2016- 2017
- Search Committee Member Cluster Hire in Physical Activity 2011
- *Director Physical Activity Research Task Force (future directions)* 2010 – 2012
- *CEPH Certification Committee, Arnold School of Public Health* 2009 – 2010
- *Research Advisory Committee, Arnold School of Public Health* 2007- Present
- *ASPH Council of Graduate Directors, Arnold School of Public Health* 2007- 2018
- *Graduate Student Awards Committee, Arnold School of Public Health* 2007- 2014
- *Tenure & Promotion Committee, Arnold School of Public Health* 2005 – 2018
- *Research Faculty Review Committee, School of Public Health* 2005- 2007
- *CEPH Committee for Criteria, School of Public Health* 2000 – 2001
- *Grievance Committee, School of Public Health* 2000 – 2002
- *Human Subject Research Approval Committee School of Public Health.* 2001 -2002

Highlighted Prior Service Department of Exercise Science, University of South Carolina

- Member Search Committee for EXSC Chair, 2013 –May 2014.
- Member Search Committee for 2 EXSC faculty positions, 2013 –2014
- Chair Cluster Search Committee Exercise Science 2012 -2013
- Director of the Weekly Exercise Science Department Seminar Series 2002 – 2018
- Director of Graduate Studies 2007 – 2015

- Undergraduate Advisory Committee 2010 – 2018
- Search committee MC/R tenure track faculty search 2011 – 201
- Integrative Muscle Biology Journal Club, weekly 2001 – 2018
- Director Applied Physiology Division, 2004 – 2008
- Co-Director of Scientific Foundations Undergraduate Track, 2001 – 2010
- Chair Search Committee, Exercise Science tenure track Assistant Professor 2007 – 2008
- Search Committee Member, Exercise Science tenure track Assistant Professor 2006-2007
- Exercise Science Graduate Committee 2001 – 2005
- Exercise Science Laboratory Equipment Safety Course 1999 – 2006
- Integrative Muscle Biology laboratory Meeting, weekly 1999 - present
- Faculty Meetings, Science Department 1999 – present
- Undergraduate Committee, 1999 – 2001
- Exercise Science Student Laboratory Risk Management Group , 1999 – 2000

Certifications

- Certified Olympic Lifting Club Coach, USA Weightlifting, 2002
- Certified Strength and Conditioning Specialist (CSCS), National Strength and Conditioning Association (NSCA) (1992, expired).
- Class D licensed youth soccer coach through US Soccer Association, 2000.
- National Youth Soccer Coaching Diploma, National Soccer Coaches Association of America 2001.