

# Nguyen P. Nguyen

Curriculum Vitae

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## PROFESSIONAL POSITION

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2024                      **Assistant Professor**  
Counseling Psychology Program  
Department of Educational Psychology  
College of Education & Human Development  
Texas A&M University, College Station, Texas.

## EDUCATION

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2024                      **Doctor of Philosophy, Counseling Psychology**  
Texas Tech University, Lubbock, Texas.

2024                      **Certification in Psychological Methods and Analysis**  
Texas Tech University, Lubbock, Texas.

2023                      **Doctoral Psychology Internship**  
University of California, Berkeley, Counseling Services. APA Accredited.

2020                      **Master of Arts, Counseling Psychology**  
Texas Tech University, Lubbock, Texas.

2018                      **Bachelor of Arts, Psychology (*Summa Cum Laude*)**  
California State Polytechnic University, Pomona, California.

## AWARDS & HONORS

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2023                      Division 17 Counseling Health Psychology Student Research Award  
*American Psychological Association, Division 17*

2021                      Counseling Psychology Best Researcher Award  
*Texas Tech University, TX*

2021                      Psi Chi Research Award (\$500)  
*The International Honor Society in Psychology*

2019                      APA Student Travel Award (\$500)  
*American Psychological Association*

2019	WPA Student Scholarship Award (\$500) <i>Western Psychological Association</i>
2019	Psi Chi Regional Research Award (\$500) <i>The International Honor Society in Psychology</i>
2018	Frederick Meeker Scholarship (\$500) <i>Cal Poly Pomona, Pomona, CA</i>
2018	Psi Chi Regional Research Award (\$500) <i>The International Honor Society in Psychology</i>
2018	Winner for a Presentation of an Original Scholarly Work <i>Cal Poly Pomona, Pomona, CA.</i>
2017	Winner of 32 <sup>nd</sup> Annual CSU Student Research Competition <i>California State University System, Sacramento, CA.</i>
2017	Best Paper in Psychology Undergraduate Symposium <i>Cal Poly Pomona, Pomona, CA.</i>
2017	Honoree for Excellent in Research <i>Cal Poly Pomona, Pomona, CA.</i>
2016-2018	President's Honor List for 2016-2018 Academic Year <i>Cal Poly Pomona, Pomona, CA.</i>
2016	Fund-A-Dream Scholarship (\$1,000) <i>Chaffey College, Rancho Cucamonga, CA.</i>

## **GRANTS & FELLOWSHIPS**

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2022	Departmental Research Grant (\$1,000) Texas Tech University, Lubbock, TX
2020-2021	Teaching Effectiveness and Career Enhancement Fellowship (\$1,000) Texas Tech University, Lubbock, TX
2020	Graduate Student Research Support Grant (\$1,000) Texas Tech University, Lubbock, TX
2018-2022	J.T. and Margaret Talkington Graduate Fellowship (\$16,000) Texas Tech University, Lubbock, TX

## **PUBLICATIONS**

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1. **Nguyen, N.**, Kim, S., Tran, S., & Yoo, H. (2023). Work-to-family conflicts and pain interference among midlife adults: A longitudinal serial mediation via family strain and loneliness. *Psychology & Health*. <https://doi.org/10.1080/08870446.2023.2259929>
2. **Nguyen, N.**, Kim, S. Y., Sanchez, M. R., & Morales, A. (2022). Internalizing symptoms among Asian American language brokers: The moderating role of values enculturation. *Journal of American College Health*, 1-9. <https://doi.org/10.1080/07448481.2022.2055433>.
3. **Nguyen, N.**, Kim, S., Daheim, J., & Neduvelil, A. (2021). Prescription pain medication use among midlife and older adults with chronic pain: The roles of generativity and perceived family support. *Families, Systems, & Health*, 39(2), 248-258. <https://doi.org/10.1037/fsh0000579>
4. **Nguyen, N.**, Kim, S., Daheim, J., & Neduvelil, A. (2020). Social contribution and psychological well-being among midlife adults with chronic pain: A longitudinal approach. *Journal of Aging and Health*, 32(10), 1591-1601. <https://doi.org/10.1177/0898264320947293>
5. Kim, H.J., Kim, S. Y., Duffy, R.D., **Nguyen, N.**, & Wang, D. (2019). A cross-cultural comparison of the Psychology of Working Theory among U.S. and Korean college students. *Journal of Counseling Psychology*, 67(5), 568. <https://doi.org/10.1037/cou0000408>
6. Daheim, J., Kim, S., Neduvelil, A., & **Nguyen, N.** (2019). Traditional gender role beliefs and prescription painkiller usage. *Pain Medicine*. <https://doi.org/10.1093/pm/pnz200>
7. Wachs, F., Fuqua, J., **Nissenson, P.**, Shih, A., Ramirez, M., DaSilva, L., **Nguyen, N.**, & Romero, C. (2018). *Successfully Flipping a Fluid Mechanics Course Using Video Tutorials and Active Learning Strategies: Implementation and Assessment*. Proceedings of the 2018 American Society for Engineering Education Annual Conference & Exposition in Salt Lake City, UT (June 24-27, 2018). Available at <https://www.asee.org/public/conferences/106/papers/23046/view>

### **Manuscript Under Review**

1. **Nguyen, N.**, & Kim, S. (under review). *When Adjusting to Ethnic Discrimination is Not Enough: The Moderating Role of Critical Consciousness Among Ethnic Minorities with Chronic Pain*
2. Kim, S., **Nguyen, N.**, & Yoo, H. (under review). *Can Social Pain Be Medicated Away? How Everyday Discrimination Exacerbates the Risk of Opioid Abuse Among Racial and Ethnic Minority People with Chronic Pain.*

3. Kim, S., **Nguyen, N.**, & Yoo, H. (under review). *“I can’t think in English when I hurt so bad”*: The Phenomenology of Ethnic and Linguistic Minorities’ Experiences with Pain Communication.
4. Daheim, J., **Nguyen, N.**, & Kim, S. (under review). *Physical Activity and Mindfulness in the Relation between Negative Work-Family Spillover and Life Satisfaction.*
5. Kim, S., Lee, J., **Nguyen, N.**, & Mathai, B. (under review). *The change of psychosocial conditions among workers with chronic pain: A latent transition analysis.*

### **Manuscript in Preparation**

1. **Nguyen, N.**, Kim, S., & Yoo, H. (First Draft In Progress). *Speaking With Non-Native English Accents and Mental Health Outcomes: A Mixed-Method Investigation.*
2. **Nguyen, N.**, Kim S., & Yoo, H. (First Draft In Progress). *Workplace Discrimination among Midlife Adults with Chronic Pain: The Longitudinal Buffering Effect of Work-to-family Enrichment.*
3. Nguyen, N., Duong, T, Yoo, H., & Kim, S. (First Draft In Progress). *How Self-Esteem and Self-Acceptance Mediated the Adverse Effects of Workplace Discrimination on Chronic Pain Outcomes: A Longitudinal Multiple Mediations Model.*
4. Nguyen, N., Duong, T, Yoo, H., Sisneros, C., & Kim, S. (First Draft In Progress). *The Long-term Detrimental Effects of Job Discrimination on Chronic Pain Among Midlife Adults: The Longitudinal Buffering Effect of Self-Esteem.*
5. Kim, S., **Nguyen, N.**, & Yoo, H. (First Draft Completed). *Pain Care for Linguistically Diverse Patients: Physical Therapists' Perspectives.*
6. Kim, S., **Nguyen, N.**, Yoo, H., & Grossman, J. (First Draft Completed). *Caring for linguistic and cultural minority patients with chronic pain: Nurses' perspectives.*
7. Kim, S., Yoo, H., **Nguyen, N.** (First Draft Completed). *Providing Optimal Pain Care for Limited English Proficient Patients: Physicians' Perspectives.*
8. Kim, S., Winograd, A., & **Nguyen, N.** (First Draft Completed). *Men's Use of Work-Life Benefits: The Roles of Gender Ideology and Family Supportive Supervisors.*

## **PROFESSIONAL CONFERENCE PRESENTATIONS**

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### **Symposium**

1. **Nguyen, N.,** Kim, S.Y, Yoo, H. (2022, August). *Pain Care for Linguistically Diverse Patients: Physical Therapists' Perspectives*. In Shin Ye Kim (Chair), *Providers' Perspectives in Pain Care Among Linguistic, Cultural, and Ethnic Minority Patients*. Symposium presented at the Convention of the American Psychological Association, Minneapolis, MN.
2. **Nguyen, N.,** Kim, S.Y, Yoo, H. (2022, August). *Caring for Linguistic and Cultural Minorities with Chronic Pain: Nurses' Perspectives*. In Shin Ye Kim (Chair), *Providers' Perspectives in Pain Care Among Linguistic, Cultural, and Ethnic Minority Patients*. Symposium presented at the Convention of the American Psychological Association, Minneapolis, MN.
3. Yoo, H., **Nguyen, N.,** & Kim, S.Y. (2022, August). *Providing Optimal Pain Care for LEP Patients: Physicians' Perspectives*. In Shin Ye Kim (Chair), *Providers' Perspectives in Pain Care Among Linguistic, Cultural, and Ethnic Minority Patients*. Symposium presented at the Convention of the American Psychological Association, Minneapolis, MN.
4. **Nguyen, N.,** & Kim, SY. (2022, August). *Non-Native English Accents, Mental Health, & Vocational Outcomes among U.S. College Students*. In Shin Ye Kim (Chair), *You Should Speak Up: Language and Shame among Ethnic and Linguistic Minority Students in Psychology*. Symposium presented at the Convention of the American Psychological Association, Minneapolis, MN.
5. **Nguyen, N.,** Kim, S.Y, Oh, W, Ahn, Y., & Daheim, J. (2019, August). *Developmental Trajectories of Work-Family Conflict and Enrichment among Midlife American Employees*. In Shin Ye Kim (Chair), *Life Span approach of work-family experiences over time among midlife and older adults in America: Findings from three longitudinal studies*. Symposium presented at the Convention of the American Psychological Association, Chicago, IL.
6. Daheim, J, Kim, S.Y, Iserman, M., Neduvelil, A., & **Nguyen, N.** (2019, August). *Diurnal Cortisol Profiles Among People with Chronic Pain and their associations with Work, Family, and Work-Family Spillover*. In Shin Ye Kim (Chair), *Life Span approach of work-family experiences over time among midlife and older adults in America: Findings from three longitudinal studies*. Symposium presented at the Convention of the American Psychological Association, Chicago, IL.

### Oral/Papers

1. **Nguyen, N.,** Kim, S., & Lee, J. (2022, March). *The Change of Work-Family-Social Support Interface Among Workers with Chronic Pain: A Latent Transition Analysis*. Paper presented at the American Psychosomatic Society, Long Beach, CA.

2. **Nguyen, N.,** Kim, S., & Yoo, H. (2022, March). *Language and Cultural Barriers in Pain Communication: Experiences of Healthcare Providers*. Paper presented at the American Psychosomatic Society, Long Beach, CA.
3. **Nguyen, N.,** Sisneros, C., Duong, T., & Kim, S. (2021, April). *Workplace Discrimination among Midlife Adults with Chronic Pain: The Longitudinal Buffering Effect of Work-to-Family Enrichment*. Paper presented at the 101<sup>st</sup> Annual Western Psychological Association Convention, Virtual.
4. **Nguyen, N.,** White, A., Tran, S., & Kim, S. (2021, April). *Work-to-Family Conflict and Pain among Midlife Adults with Chronic Pain: A Longitudinal Serial Mediation via Perceived Family Strain and Loneliness*. Paper presented at the 101<sup>st</sup> Annual Western Psychological Association Convention, Virtual.
5. **Nguyen, N.,** & Kim, S. (2019, April). *Psychological Well-being in Midlife Adults with Chronic Pain: The role of Generativity and Family Support*. Paper presented at the 99<sup>th</sup> Annual Western Psychological Association Convention, Pasadena, CA.
6. **Nguyen, N.** & Morales, A. (2019, April). *Language Brokering and Anxiety: The Moderating Role of Parent-Child Bonding*. Paper presented at the 99<sup>th</sup> Annual Western Psychological Association Convention, Pasadena, CA.
7. Wachs, F. L., Fuqua, J., Nissenson, P. M., Shih, A. C., **Nguyen, N.,** Ramirez, M., & Dasilva, L. (2018, June). *Successfully Flipping a Fluid Mechanics Course Using Video Tutorials and Active Learning Strategies: Implementation and Assessment*. Paper presented at the meeting of the American Society for Engineering Education, Salt Lake City, UH.
8. DaSilva, L., **Nguyen, N.,** Ramirez, M. (2018, May). *Innovative Classroom Assessment*. Paper presented at the 32<sup>nd</sup> Annual California State University Student Research Competition, Sacramento, CA.
9. **Nguyen, N.,** & Romero, C. (2018, March). *Innovative Classroom Assessment*. Paper presented at Research, Scholarship, & Creative Activities Conference (RSCA), Pomona, CA.
10. **Nguyen, N.,** DaSilva, L., Romero, C., & Ramirez, M. (2017, November). *Reducing Failure Rates in a Roadblock Course (ME 311): A Successful Collaboration*. Paper presented at the Southern California Conferences for Undergraduate Research, Pomona, CA.

## Posters

1. **Nguyen, N.,** Harper, E., Bradshaw, A., & Kim, S. (2022, August). *Speaking with Non-native English Accents and Mental Health Outcomes: A Mixed-Method Investigation*. Poster presented at the Convention of the American Psychological Association, Minneapolis, MN.

2. **Nguyen, N.**, Yoo, H., & Kim, S. (2022, August). Pain Care for Linguistically and Culturally Diverse Patients: Physical Therapists' Perspectives. Poster presented at the Convention of the American Psychological Association, Minneapolis, MN.
3. Yoo, H., Kim, S., & **Nguyen, N.** (2022, August). Pain Interference and Depression among Asian Americans with Chronic Pain: Does Social Support Play a Role? Poster presented at the Convention of the American Psychological Association, Minneapolis, MN.
4. **Nguyen, N.**, Duong, T, Yoo, H., & Kim, S. (2021, August). How Self-Esteem and Self-Acceptance Mediated the Adverse Effects of Workplace Discrimination on Chronic Pain Outcomes: A Longitudinal Multiple Mediations Model. Poster presented at the Convention of the American Psychological Association, Virtual.
5. **Nguyen, N.**, Duong, T, Yoo, H., Sisneros, C., & Kim, S. (2021, August). The Long-term Detrimental Effects of Job Discrimination on Chronic Pain Among Midlife Adults: The Longitudinal Buffering Effect of Self-Esteem. Poster presented at the Convention of the American Psychological Association, Virtual.
6. **Nguyen, N.**, & Kim, S. (2020, April). *In the Face of the Opioids Crisis: How Everyday Discrimination Exacerbates the Risk of Opioid Abuse Among Ethnic Minority Groups*. Poster accepted for the Counseling Psychology Conference, New Orleans, LA. (Conference canceled)
7. **Nguyen, N.**, Kim, S., Daheim, J., & Neduvelil, A. (2020, April). *Social Contribution and Psychological Well-being among Midlife Adults with Chronic Pain: A Strength-Based and Longitudinal Approaches*. Poster accepted for the Counseling Psychology Conference, New Orleans, LA. (Conference canceled)
8. **Nguyen, N.**, Kim, S., Daheim, J., Neduvelil, A., & Meshaelon, B. (2019, August). *Prescription Chronic Pain Medication Usage in Midlife: The Role of Generativity and Family Support*. Poster presented at the Convention of the American Psychological Association, Chicago, IL.
9. **Nguyen, N.**, Morales, A., Kim, S., Sanchez, M., & Guo, K. (2019, August) *Anxiety and Depression among Asian American Language Brokers: The Moderated Role of Enculturation*. Poster presented at the Convention of the American Psychological Association, Chicago, IL.
10. Winograd, A., **Nguyen, N.**, & Kim, S. (2019, August). *Men's Use of Work-Life Benefits: The Roles of Gender Ideology and Family Supportive Supervisors*. Poster presented at the Convention of the American Psychological Association, Chicago, IL.
11. Daheim, J., Kim, S., Neduvelil, A., **Nguyen, N.**, Propst, M., Briseno, A., Delgado. B., Silva, E., (2019, August). *Men, Chronic Pain, and Prescription Medication Use: The*

*Moderating Role of Gender Role Beliefs*. Poster presented at the Convention of the American Psychological Association, Chicago, IL.

12. **Nguyen, N., & Kim, S.** (2018, April). *Psychological Well-being in Midlife Adults with Chronic Pain: The role of Generativity and Family Support*. Poster presented at the 99<sup>th</sup> Annual Western Psychological Association Convention, Pasadena, CA.
13. **Nguyen, N. & Morales, A.** (2018, April). *Language Brokering and Anxiety: The Moderating Role of Parent-Child Bonding*. Poster presented at the 99<sup>th</sup> Annual Western Psychological Association Convention, Pasadena, CA.
14. DaSilva, L. Q., Wachs, F. L., Fuqua, J., **Nguyen, N.**, Ramirez, M., Romero, C. (2018, August). *Reducing Failure Rates in a Bottleneck Course (ME 311)*. Poster presented at the Convention of the American Psychological Association, San Francisco, CA.
15. **Nguyen, N., & Morales, A.** (2018, April). Prosocial Tendency and Anxiety among Asian American College Students. Poster presented at the Lowell Overton 9<sup>th</sup> Annual Psychology & Sociology Undergraduate Research Symposium, Pomona, CA.
16. **Nguyen, N., DaSilva, L., Romero, C., & Ramirez, M.** (2018, March). *Reducing Failure Rates in a Roadblock Course (ME 311): A Successful Collaboration*. Poster presented at the Pacific Sociological Association's 89<sup>th</sup> Annual Conference, Long Beach, CA.

## EDITORIAL EXPERIENCE

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2022 – Current	Ad Hoc Reviewer, International Journal of Behavioral Medicine
2022 – Current	Ad Hoc Reviewer, Frontiers in Public Health
2021 – Current	Ad Hoc Reviewer, Journal of Health and Aging
2020 – Current	Ad Hoc Reviewer, Translational Issues in Psychological Science
2020 – Current	Ad Hoc Reviewer, Journal of Applied Gerontology

## RESEARCH EXPERIENCE

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2018 – 2022	Research Assistant <b>Culture, Language, &amp; Pain Lab</b> Texas Tech University, Lubbock, TX. Principle Investigator: Dr. ShinYe Kim The lab's interests consisted of the intersection of culture, language, and health, with emphasis on chronic pain among ethnic and linguistic minorities. Managed multiple research projects with both qualitative and quantitative methodologies. Collaborated in research conceptualization and design for both lab and individual projects. Assisted in grant writing
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for local and national agencies, including the NSF I-CORPS grant. Collaborated on manuscripts within the lab, across departments, and with external collaborators. Disseminated research findings at multiple national conferences across disciplines. Provided training & mentorship for undergraduate research assistants.

2021-2022

Entrepreneurial Lead & Research Assistant

**National Science Foundation's Innovation Corps (NSF I-CORPS™)**

Principle Investigator: Dr. ShinYe Kim (Fund: \$50,000)

Performed market research in innovative pain diagnosis and treatment technology for limited English-proficient patients with chronic pain. Conducted, transcribed, and analyzed 150+ qualitative interviews with healthcare providers across the US. Participated in rigorous didactic training in market research and entrepreneurship. Formulated a business model canvas. Collaborated on manuscripts with PI and team members. Developed symposium sessions, CE workshops, and oral presentations at national conferences in psychology and integrative healthcare.

2020

Entrepreneurial Lead

**Regional I-CORPS™**

Texas Tech University, Lubbock, TX

Principle Investigator: Dr. ShinYe Kim

Performed market research in innovative pain diagnosis and treatment technology for limited English-proficient patients with chronic pain. Conducted 40+ qualitative interviews with chronic pain patients and healthcare providers. Conducted qualitative interviews in Vietnamese with patients who are Vietnamese immigrants or refugees. Analyzed qualitative data and presented findings at the I-CORPS™ closing workshop and multiple conferences. Assisted in grant writing and applications for the National I-CORPS program.

2017-2018

Research Assistant

**Psychology of Immigration Lab**

Cal Poly Pomona, CA.

Principle Investigators: Dr. Alejandro Morales

The lab focused on mental health and psychological well-being among college students who identify as immigrants in the face of discrimination and acculturative stress. Managed multiple research projects with both qualitative and quantitative methodologies. Assisted with data collection and analyses. Collaborated on manuscripts with PI. Presented results at

conferences.

2017-2018

Research Assistant

**Innovative Classroom Assessment**

Cal Poly Pomona, CA.

Principle Investigators: Dr. Juliana Fuqua & Dr. Faye Wachs

The lab investigated students' academic and psychological outcomes after implementing a Flipped Classroom Model – an active learning model - in a bottleneck Engineering course. Managed multiple research projects with both qualitative and quantitative components. Assisted in data collection and analysis. Conducted focus group and analyzed qualitative findings. Collaborated on manuscripts with PIs and other lab members. Presented results at multiple regional and national conferences.

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**ENTREPRENEURIAL EXPERIENCE**

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2021-2022

**Chief Operating Officer, COO, CIPDAR Company**

Accelerator Program, Texas Tech University, TX

Served as COO for CIPDAR (Culturally Informed Pain Diagnosis and Relief), a startup company with a novel medical diagnostic technology that provides linguistic assistance for chronic pain patients with limited English proficiency. Incorporated empirical evidence from health and pain psychology with customer discovery to aid technology development and discover licensing opportunities. Conducted pilot and beta testing for the prototype. This company was funded by Dr. Shinye Kim (PI) 's TTU President's Innovation Award (\$15,000) & TTU Accelerator Grant (\$25,000).

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**CLINICAL EXPERIENCE**

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2023 - 2024

**Pre-Doctoral Intern**

Counseling Services

University of California, Berkeley, CA.

Provide One-at-a-time therapy to students from diverse cultural background and identities. Conduct risk assessment and management. Provide crisis intervention, including facilitating hospitalization, both voluntary and involuntary (5150). Provide post-hospitalization care and follow-up. Facilitate process groups (Healing Through Grief, Understanding Self and Others). Advocate for students' service needs. Collaborate with healthcare providers (Psychiatrist, Primary Care Provider) to provide holistic and integrated care. Receive one-on-one and group supervision. Partner with campus organizations (e.g., Residential

Life, LGBTQIA+ Groups) to develop and provide workshops and training.

2021 – 2023

**Practicum Therapist**

Student Counseling Center

Texas Tech University, Lubbock, TX.

Provide brief therapy (3-12 sessions) to students with a wide variety of presenting concerns. Conduct crisis assessments (e.g., CAMS) and interventions. Incorporate assessment data from CCAPS-64 and CCAPS-34 into treatment planning, risk assessment, and progress monitoring. Conduct triage or consultation sessions (15-20 minutes). Conduct biofeedback therapy sessions. Cofacilitate group therapy (Understanding Self and Others). Develop and deliver outreach programs on destigmatizing mental illness and mental health resources for TTU students. Collaborate with colleagues in the Graduate School, PADR (Programs for Academic Development and Retention) and RISE (Risk Intervention & Safety Education) to develop panels on mental health awareness, emotional regulation skills, stress management strategies.

2022 – 2023

**Assessment Clinician**

Intellectual Disabilities Services

StarCare Specialty Health System, Lubbock, TX

Administered, scored, and interpreted results from a variety of assessment protocols (e.g., WAIS-IV, WISC-V, Leiter-3, Vineland-III, ADOS, SCQ) to determine eligibility for intellectual disability services under the state of Texas. Formulated integrated report (10+ reports). Conducted comprehensive clinical interviews. Formulate integrated testing reports. Provided feedback to consumers and family members regarding assessment results, eligibility for services, and treatment recommendations. Informed consumers of local and state services and resources. Collaborated with the Texas Department of Family and Protective Services (DFPS) to ensure the safety of children and vulnerable adults who may be at risk of abuse and neglect.

2020 –2021

**Behavioral Health Specialist**

Internal Medicine

University Medical Center, Lubbock, TX

Conducted assessments, interventions, and consultations to serve adult patients in West Texas and Eastern New Mexico, with co-occurring chronic medical conditions (e.g., chronic pain, diabetes, heart disease, autoimmune diseases, HIV/AIDS) and behavioral and mental health

concerns (e.g., medication nonadherence, nicotine dependence, mood disorders, health anxiety, grief, insomnia). Conducted brief clinical interviews, assessments (e.g., PHQ-9, GAD-7), and mental status examination to evaluate patients' psychological symptoms. Conducted long-term therapy and brief behavioral health interventions (e.g., smoking cessation, sleep hygiene education). Provided crisis assessment and intervention. Collaborated with an interdisciplinary team to formulate holistic treatment plans and individually-tailored psychosocial care for patients. Advocated for patients by coordinating medical referrals, arranging for second opinions, informing them of local or state resources/services, and enhancing communication with medical staff.

2019-2021

**Practicum Therapist**

Psychology Clinic

Texas Tech University, Lubbock, TX

Provided individual and couple therapy (with no session limits) to students and diverse community members in Lubbock and the High Plains region of Texas. Conducted structured intake interviews and risk assessments with new clients. Administered psychological assessments (e.g., Beck Depression Inventory-II, Beck Anxiety Inventory, Beck Scale for Suicidal Ideation, Beck Hopelessness Questionnaire) and incorporated assessment data into treatment planning, risk assessment, and progress monitoring. Informed clients of community and state resources/services.

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## **SUPERVISORY EXPERIENCE**

2023 -

**Career Intern Supervisor**

Counseling Services

University of California, Berkeley, CA.

Provide weekly hour-long individual supervision for a career counseling intern. Assist in case conceptualization, especially in vocational counseling and career assessments. Formulate baseline, mid-term, and final evaluations for the supervisee. Receive weekly supervision-of-supervision.

2022

**Advanced Practicum Student Supervisor**

Psychology Clinic

Texas Tech University, Lubbock, TX.

Provided weekly hour-long individual supervision for a doctoral-level clinician. Conducted live supervision. Formulated baseline, mid-term, and final evaluations for the supervisee. Assisted supervisee with case conceptualization, especially from Psychodynamic and Interpersonal

frameworks. Received weekly peer consultation, didactic training on supervision models, and supervision-of-supervision.

## **SPECIALIZED TRAINING**

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- 2023                      Multicultural Training Day (MCTD).  
San Jose State University, San Jose, CA.  
Workshop 1: *Decolonize Psychology by Identifying Healing Approaches Beyond Individualistic, Mind Focus.*  
Workshop 2: *Identify Ways to Address Systemic Oppression Within the Context of University Work*  
Workshop 3: *Rehonor Ancestral Wisdom of Mind-Body-Spirit Interconnectedness*
- 2023                      *Hospitalization and 5150 (Involuntary Hospitalization) Training*  
Instructors: Laura Alie, PsyD
- 2022                      *Integrated Care and Traditionally Underserved Populations: Thinking Critically About Service Delivery*  
Instructors: Eboni Winford, PhD., & Deepy George, PhD.
- 2022                      *Integrated Care and Chronic Disease Management*  
Instructors: David Bauman, Psy.D., & Bridget Beachy, Psy.D.
- 2022                      *Leadership and The Soft Skills of Integrated Care Work*  
Instructors: Andrew Valeras, DO, MPH.
- 2022                      *Working with Refugees: Culturally and Linguistically Appropriate Interventions*  
Instructor: Yacob Tekie, PhD.
- 2021                      *Trauma-Informed Care: The Application to Renourishment in Eating Disorders Treatment*  
Instructor: Emmy Lu Henly, PhD
- 2021                      *Eating Disorders In Sport: The Athlete Experience*  
Instructor: Bailey Tackett, PhD

## **TEACHING EXPERIENCE**

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- 2020 - 2023                      **PSY 3334: Introduction to Clinical and Counseling Psychology**  
Instructor  
Texas Tech University, Lubbock, TX.  
Semesters: Summer 2020 (Online), Summer 2021 (In-Person), Fall 2022 (In-Person), Spring 2023 (In-Person), Summer 2023 (Online).

- 2022                    **PSY 4325: Drugs, Alcohol, and Behaviors**  
Instructor  
Texas Tech University, Lubbock, TX.  
Semester: Summer 2022 (Online).
- 2021 - 2022           **PSY 1300: General Psychology**  
Instructor  
Texas Tech University, Lubbock, TX.  
Semesters: Fall 2019 (In-Person), Spring 2020 (In-Person/Online), Fall 2020 (In-Person), Spring 2021 (In-Person).
- 2021 - 2022           **PSY 455: Human Sexual Behavior and Relationships**  
Teaching Assistant  
Cal Poly Pomona, Pomona, CA.  
Semesters: Fall 2017 (In-Person), Spring 2018 (In-Person), & Summer 2018 (Online).

## **EXCELLENCE IN TEACHING ACTIVITIES**

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- 2022 - 2023           **Instructional Development Consultant**  
Teaching Effectiveness And Career enHancement (TEACH) Program,  
Texas Tech University, Lubbock, TX.
- 2020 - 2021           **Fellow**  
Teaching Effectiveness and Career Enhancement (TEACH) Program  
Texas Tech University, Lubbock, TX.
- 2021 - 2023           **Groundwork Facilitator**  
Instructional Development Program  
Texas Tech University, Lubbock, TX.

## **OUTREACH AND WORKSHOP PRESENTATIONS**

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- 2023                    *Crisis Response Training for Resident Assistants (RA)*  
University of California, Berkeley, CA.
- 2023                    *Active Learning Roundtable*  
Texas Tech University, Lubbock, TX
- 2023                    *Panel: What is the Pandemic Teaching Us about Learning Strategies?*  
Texas Tech University, Lubbock, TX.

- 2023 *Creating Professional Boundaries: Faculty's Perspectives*  
Texas Tech University, Lubbock, TX.
- 2023 *Encouraging Student-to-Student Interactions in Classroom*  
Texas Tech University, Lubbock, TX
- 2022 *Mental Health and Maintaining Work-Life Balance: Faculty's Perspectives.*  
Texas Tech University, Lubbock, TX.
- 2022 *Promoting Students' Education-Life Balance.*  
Texas Tech University, Lubbock, TX.
- 2022 *Providing Effective Feedback to Students.*  
Texas Tech University, Lubbock, TX.
- 2022 *Developing Flipped Courses*  
Texas Tech University, Lubbock, TX.
- 2021 *Stress Management Skills for Students*  
Texas Tech University, Lubbock, TX.
- 2021 *Understanding Social Science Research*  
Cal Poly Pomona, CA.
- 2020 *Psi Chi Grad Panel Series: Counseling Psychology*  
Cal Poly Pomona, CA.
- 2018 *Career Path in Psychology*  
Chaffey College, Rancho Cucamonga, CA.
- 2017 *Navigating Psychology Major as Students of Color*  
Chaffey College, Rancho Cucamonga, CA.
- 2017 *Gaining Research Experiences as Undergraduate Students*  
Chaffey College, Rancho Cucamonga, CA.

## **SERVICE EXPERIENCE**

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- 2018 - 2019 Undergraduate Academic Advisor  
Psychological Sciences Department  
Texas Tech University, Lubbock, TX.
- 2016 - 2017 Peer Mentor  
Peer Mentor Program  
Mental Health Association of Orange County, Orange, CA.

2016

Youth Guidance & Development Instructor  
Boys & Girls Clubs  
Anaheim, CA.

## **PROFESSIONAL AFFILIATIONS**

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National Register of Health Service Psychologist

Graduate Student Affiliate of the American Psychological Society

Society for Humanistic Psychology, Division 32

Society for Counseling Psychology, Division 17

Psi Chi International Honor Society in Psychology