# Claudia Benavides-Espinoza, PhD

Current position: Associate Clinical Professor of Sport Management, Texas A&M University

Email Address: cbenavides@tamu.edu

Office Phone: (979) 845-4779

Blog: ClaudiaBAmbs.com

## **Education**

PhD Texas A&M University, Kinesiology (Sport Management)

Dissertation Bystanders' reactions to sexual harassment

Department of Kinesiology dissertation of the year award.

MEd Texas A&M University, Kinesiology (Physical Education)

B.A Universidad Autónoma de Nuevo León, Sport Management

June 2003

May 2009

May 2006

# **Academic appointments**

Associate Clinical Professor of Sport Management, Texas A&M University 2014 - present

Professor, Arkansas State University 2010 - 2014

Professor, Universidad Autónoma de Nuevo León, México. 2009 - 2010

### Research interest

Interdisciplinary approach to researching sexual harassment in and around sport.

The vision of my research is to a) create awareness about sexual harassment as a world-wide issue with personal, organizational, and societal consequences, b) affect institutional, industry, and cultural change, and c) influence sexual harassment policies, practices, and training. My research mission is to contribute to the wellbeing of individuals, sport management organizations, athletic departments, schools, and society at large through the examination of sexual harassment in and around sport.

# Scholarly work

(\* Work with graduate students, \*\* Work with undergraduate students.)

#### **Publications**

- 01. Yu, H. Y., Ternes, N., **Ambs, C. B.**, & Kim, S. (2022). Relationship Between a Reflective-Formative Model of Team Brand Associations and Behavioral Intentions: The Mediating Effect of Fan Identification. *Journal of Applied Sport Management*, *14*(1), 5. https://doi.org/10.7290/jasm141nP9
- 02. \*\*Jones, M., Maddox, J., **Benavides-Espinoza, C.**, & Finnicum, P.(2017). Use of fitness and nutritional applications by college students. *Missouri Journal of Health, Physical Education, Recreation, & Dance*, *27*, 63–71.
- 03. \*Hagiwara, G., Bryant, L. G., **Benavides-Espinoza, C.**, & Isogai, H. (2016). A cross-cultural comparison of the providing-receiving social supports in sports teams: Japanese and American student athletes. *Journal of Sport Science*, *2* (4), 210–218.
- 04. \*Kim, D., **Benavides-Espinoza, C.**, LaVetter, D., Sung, J., & Choi M. (2016). Impact of the smart device interactivity on the co-creation of value in the sport industry. *Journal of Physical Education and Sport*, *16* (2), 287-296.
- 05. **Benavides, C.** (2013). What makes for effective leadership? *Journal of the Arkansas Alliance for Health, Physical Education, Recreation and Dance, 48* (1), 32–36.
- 06. **Benavides-Espinoza, C.**, Cunningham, G. B., & Miner, K. (2012). Emotional reactions to observing misogyny: Examining the roles of gender, forecasting, political orientation, and religiosity. *Sex Roles*, *67*, 58–68.
- 07. **Benavides-Espinoza, C.**, Mooneyhan, A., & Byars, A. (2012). Effect of physical education on muscle endurance of sixth grade American Students. *Revista Ciencias del Ejercicio F. O. D.*, *5* (1).

- 08. \*\*Benavides-Espinoza, C., Adams, T., Mizuuchi, Y., Stilwell, J., LaVetter, D., & Bryant, L. (2012). Employee work motivation in Japanese fitness clubs. *Revista Ciencias del Ejercicio, F. O. D.*, 7 (7).
- 09. **Benavides-Espinoza, C.**, & Cunningham, G. B. (2011). Relationship among sexual harassment, gender, and diversity culture in high school athletics. *Journal for the Study of Sports and Athletes in Education*, *5*(1). 85-104.
- 10. **Benavides-Espinoza, C.**, & Cunningham, G. B. (2010). Bystanders' reactions to sexual harassment. *Sex Roles*, 63, 201–213.
- 11. **Benavides-Espinoza, C.**, & Cunningham, G. B. (2010). Observers' reporting of sexual harassment: The influence of harassment type, organizational culture, and political orientation. *Public Organization Review, 10*(4), 323-337.
- 12. **Benavides-Espinoza, C.**, & Cunningham, G. B. (2010). Factors affecting bystanders' decisions to intervene in sexual harassment. *Research Quarterly for Exercise and Sport*, *81*, A 84.
- 13. **Benavides-Espinoza, C.** (2009). Sport and the Social Mobility of Women. *Revista Ciencias del Ejercicio -FOD-*, *5*(2), 62-74.
- 14. **Benavides-Espinoza, C.**, & Cunningham, G. B. (2008). A trend analysis of sexual harassment claims. *Psychological Reports*, *130*, 779–782.

### **Abstracts**

- 01. **Benavides-Espinoza, C**, McDaniel, K., & Bevill, S. (2020). Mexican workers perceptions of sexual harassment. Academy of Management Specialized Conference: Advancing Research in Latin America Global Proceedings.
- 02. **Benavides-Espinoza**, **C.**; LaVetter, D. (2012). Analysis of behavioral codes for athletes and coaches in NCAA institutions. *The College Sport Research Institute*.
- 03. **Benavides-Espinoza, C.**; LaVetter, D.; Flowers, C. (2012). Moral reasoning among sport management majors: A troubling future? *North American Society for Sport Management 2012 conference abstracts*.
- 04. **Benavides-Espinoza**, **C**. (2011). The influence of sexual harassment in school on later perceptions of the behavior. *North American Society for Sport Management 2011 conference abstracts*.
- 05. **Benavides-Espinoza, C**.; LaVetter, D. (2011). Acoso sexual en el contexto deportivo Mexicano. La perspectiva masculina. *Congreso de la Asociación Latinoamericana de Gerencia Deportiva*. Abstracto en extenso publicado en las memorias del II Congreso de la Asociación Latinoamericana de Gerencia Deportiva
- 06. **Benavides-Espinoza, C.**; Daehnke, H. E. The sexual harassment of students: A case study in a Mexican university. *North American Society for Sport Management 2010*.
- 07. **Benavides-Espinoza, C**.; Cunningham, G. B. Behavioral responses to sexual harassment: Intention versus reality. *North American Society for Sport Management* 2010.

#### **Presentations**

- 01. Ternes, N., **Benavides-Espinoza, C.**, Ehrlich, S. C. (2023). O-Nil-y Fans. College Athletes, Pornography, and First Amendment Questions in the New NCAA Landscape. 2023 Annual Conference of the Sport and Recreation Law Association. February 11th, 2023. Las Vegas, NV. USA.
- *02.* \*Gurenlian, M., Ternes, N., **Benavides-Espinoza, C.** (2022). This is SPARTA!: Attitudes of NCAA Div. I compliance officers towards athlete agent regulations. 2022 Annual Conference of the North American Society for the Sociology of Sport. November 9th-12th, 2022. Las Vegas, NV. USA.
- 03. **Benavides-Espinoza, C.** (2021). Acoso sexual en el deporte (Sexual Harassment in Sport). 1er Congreso Internacional de Educación Física, Salud, Y Deporte FEFyDE (1st International Congress of Physical Education, Health and Sport FEFyDE. March 21st, 2021. Culiacan de Rosales, Sinaloa, Mexico.
- 04. **Benavides-Espinoza, C.** (2021). Acoso Sexual (Sexual Harassment). 1er Congreso de la Red Americana de Investigadores de Ciencias del Movimiento Humano (1st Congress of the American Network of Research of Human Movement), February 9-11, 2021. Costa Rica.
- 05. **Benavides-Espinoza, C.**, Hosty, M., & Daehnky, H. (2020). *The experiences of professional cheerleaders and dancers*. Sport Management Association of Australia and New Zealand. November 30th-December 4th, 2020.
- 06. \*\*Benavides-Espinoza, C., Parra-Alonso, N.A., & Tristan-Rodriguez, J. L. (2020). *Interscholastic personnel's reactions to the sexual harassment of their students and coworkers.* Sport Management Association of Australia and New Zealand. November 30th-December 4th, 2020.
- 07. \*\*Garcia-Davila, A. N. & **Benavides-Espinoza, C.** (2020). *Intercollegiate Personnel reactions to sexual harassment.* North American Society for the Sociology of Sport. November 4th-5th, 2020.
- 08. **Benavides-Espinoza, C.** (2020). *Mexican sport management students perceptions of sexual harassment at work.* European Association of Sport Management. September 17th-25th. Virtual Conference.
- 09. **Benavides-Espinoza, C.**, McDaniel, K., & Bevill, S. (2020). *Mexican workers perceptions of sexual harassment*. Academy of Management Specialized Conference: Advancing Research in Latin America. April 15th-17th, 2020. Mexico City, Mexico.
- 10. \*\*Garcia Davila, A. N., LaVetter, D., **Benavides-Espinoza, C.**, & Garcia Davila, M. Z. (2018). *Students' perceptions of sport program efficacy: Analysis of bi-national universities*. XXVI XXVII Congreso Internacional FOD "Educación Física, Deporte, y Ciencias Aplicadas".
  - 1st place in poster presentation competition,
- 11. **Benavides-Espinoza, C.**, Mooneyhan, A., & Sibrava, A. (2015). The effect of sexually objectifying music videos on sexual harassment bystander intervention by sport management students. ArkAHPERD Convention 2015.
- 12. \*\*Benavides-Espinoza, C., & Kim, D. (2015). The impact of smart devices on the co-creation of value in sport. XXIII Congreso Internacional FOD "Educación Física, Deporte, y Ciencias Aplicadas".
  - 1st place in oral presentation competition,

- 13. **Benavides-Espinoza, C.** (2015). The effect of music videos on sexual harassment intervention: A pilot study in interscholastic athletics. Annual Conference of North American Society for the Sociology of Sport.
- 14. \*Benavides-Espinoza, C., & Hines, J. (2014). *High School sport pay-to-play parent perception*. Arkansas Alliance for Health, Physical Education, Recreation and Dance.
- 15. \*Benavides-Espinoza, C., & Thomas, D. (2012). *Purposes and effects of endorsements*. Arkansas Alliance for Health, Physical Education, Recreation and Dance.
- 16. \*Benavides-Espinoza, C., & Hays, N. (2012). *Gender verification in international games*. Arkansas Alliance for Health, Physical Education, Recreation and Dance.
- 17. \*Benavides-Espinoza, C., Adams, T., Mizuuchi, Y., Stillwell, J, LaVetter, D., & Bryant, L. (2012). *Employee work motivation in Japanese fitness clubs*. International Congress of Physical Education, Sport and Applied Sciences.
- 18. \*\*Benavides-Espinoza, C., Anglin, J., Byrnes, N., & Branscum, N. (2012). Relationship quality perceptions of ASU football fans. Arkansas Alliance for Health, Physical Education, Recreation and Dance, 2012.
  - Student research competition winner
- 19. **Benavides-Espinoza, C.**, LaVetter, D., & Flowers, C. (2012). *Moral reasoning among sport management majors: A troubling future?* 2012 Conference of the North American Society for Sport Management.
- 20. **Benavides-Espinoza, C.**, & LaVetter, D. (2012). *Analysis of behavioral codes for athletes and coaches in NCAA institutions*. 2012 Conference on College Sport of the College Sport Research Institute.
- 21. **Benavides-Espinoza, C.**, Mooneyhan, A., & Byars, A. (2011). *The effects of physical education on muscle endurance of sixth grade American students.* XIX Congreso Internacional de la Facultad de Organización Deportiva, Educación Física, Deporte y Ciencias Aplicadas.
- 22. **Benavides-Espinoza, C.**; Daehnke, H. E. (2010). *A trend analysis of women athletes' depiction in sports illustrated.* XVII International Congress FOD.
- 23. **Benavides-Espinoza, C.**; Daehnke, H. E. (2010). *The sexual harassment of students: A case study in a Mexican university.* North American Society for Sport Management 2010.
- 24. **Benavides-Espinoza, C.**, & Cunningham, G. B. (2010). *Behavioral responses to sexual harassment: Intentions versus reality.* North American Society for Sport Management.
- 25. **Benavides-Espinoza, C.**; Daehnke, H. E. (2009). *Women depiction in Sports Illustrated.* North American Society for Sports Management.
- 26. **Benavides-Espinoza, C.**, & Cunningham, G. B. (2009). *Antecedents and outcomes of sexual harassment*. North American Society for Sports Management.
- 27. **Benavides-Espinoza, C.** (2009). *Bystanders' reactions to sexual harassment.* North American Society for Sports Management.
  - Student research competition finalist.
- 28. **Benavides-Espinoza, C.** (2009). *Bystanders' reactions to sexual harassment.* Texas A&M University 12th Annual Student Research Week.
  - Safety recognition award by the Environmental Health & Safety Department.

- 29. **Benavides-Espinoza, C.** (2008). *Fifteen years of sexual harassment: A trend analysis.* Texas A&M University 11th Annual Student Research Week.
  - Interdisciplinary research recognition.
- 30. **Benavides-Espinoza, C.**, McBride, R., & Xiang, P. (2007). *Self-regulated learning as a predictor of motivation in an after school program for children placed at risk.* Texas A&M University's Faculty and Student Educational Research Exchange.

#### Reviews

- 01. **Benavides-Espinoza, C.** (2023). Athlete A. *International Journal of Sport Communication,* 16(1), 90-91. https://doi.org/10.1123/ijsc.2022-0184
- 02. **Benavides-Espinoza, C.** & Wheeler Gryffin, A. (2022). Social Media in Sport: Theory and Practice. *Journal of Sport Management*, *36*(5), 515-517. https://doi.org/10.1123/jsm.2022-0061

### **Book chapters**

- 01. **Benavides-Espinoza, C**. (2021). Organizational Justice. In *Encyclopedia of Sports Management and Marketing*; Sage: Thousand Oaks, CA.
- 02. **Benavides-Espinoza, C.**, & Cunningham, G. B. (2011). Discrimination. In *Encyclopedia of Sports Management and Marketing*; Sage: Thousand Oaks, CA. 03. Cunningham, G. B., & **Benavides-Espinoza, C**. (2011). Gender Diversity. In *Encyclopedia of Sports Management and Marketing*; Sage: Thousand Oaks, CA.

### **Invited lectures**

- 01. **Benavides-Espinoza, C.** (2021). Investigación Nacional e Internacional (National and International Research). 1er Congreso de Egresados de la Facultad de Organización Deportiva. (1st Graduate Congress of Sport Organization Faculty) September 9th and 10th, 2021.
- 02. **Benavides-Espinoza, C.** (2021). Aligning your research with your values. A-State Workshop for ADVANCE Pre-Tenure Faculty. March 12th, 2021. Jonesboro, AR.
- 03. **Benavides-Espinoza, C.**, Cook J., Wolfers, S., & Luther, J. (2020). Gender violence. What is it and how do we tackle it? (panel). A Festival of Ideas: Football, Social Change, and Equality. October 19th-23rd, 2020. Fare Network.
- 04. **Benavides-Espinoza, C.** (2020). Current sport management. 1st Virtual International Congress of Sport and Physical Culture. June 9th-12th, 2020 in Aguascalientes, Ags, Mexico.
- 05. **Benavides-Espinoza, C.** (2020). Sexual harassment in sport. Keynote speaker in the 12th Lecture Series "Trends in Physical Education". Presented at the 7th National Congress in Science Applied to Physical Activity and Sport and the 6th International Congress on Physical Education. March 10th-15th, 2020 in Boca del Rio, Veracruz, Mexico.

- 06. **Benavides-Espinoza, C.** (2019). Sport Management. Facultad de Organización Deportiva. Universidad Autónoma de Nuevo León. San Nicolás de los Garza, N. L. México.
- 07. **Benavides-Espinoza, C.** (2018). Sport in Society. Facultad de Organización Deportiva. Universidad Autónoma de Nuevo León. San Nicolás de los Garza, N. L. México.
- 08. **Benavides-Espinoza, C.** (2011). Leadership. Facultad de Organización Deportiva. Universidad Autónoma de Nuevo León. San Nicolás de los Garza, N. L. México.

### In Progress

- 01. **Benavides-Espinoza, C.** Mexican workers' reactions to sexual harassment. *Under review in the Journal of Organizational Behavior.*
- 02. **Benavides-Espinoza, C.** & Wheeler-Gryffin, A. Recruiting like pros: Best practices for sport management programs to recruit freshmen students. *Under review in the Journal of Sport Management Education*.

# **Grants/Funding**

## Completed

- 01. **Benavides-Espinoza, C.** (April, 2020). Sexual harassment of immigrants and first generation Americans in extracurriculars' effect on learning. *Faculty Research Awards Committee* (\$6,000).
- 02. **Benavides-Espinoza, C.** (March, 2020). Students' perceptions of sexual harassment. *Undergraduate Research Assistantship Fund (\$1,000)* 03. \*\*Allgood, R., & **Benavides-Espinoza, C.** (2018). Interscholastic athletics fundraising. *Funded by Student Undergraduate Research Fund grant (S. U. R. F.,* \$ 4,000).
- Student presentation at International Student Congress UANL, Mty NL April 2019.
   04. Benavides-Espinoza, C. (2010). Sexual harassment of sport management students,
   Funded by Incorporación de Nuevos Profesores de Tiempo Completo. Programa del mejoramiento del profesorado (\$ 10,000)

### **Submitted**

01. **Benavides-Espinoza, C.** (March, 2023). Using virtual reality in sport management and sexual harassment research. *Kays Foundation* (\$37,007.79)

### **Not Funded**

- 01. \*\*Adams, S. & **Benavides-Espinoza, C.** (October, 2019). The interpretation of sexually harassing actions by intercollegiate athletes. *Submitted to Student Undergraduate Research Fund grant (S. U. R. F., \$ 4,000).*
- 02. **Benavides-Espinoza**, **C.** (October, 2019). The sexual harassment of immigrant women at work. Submitted to Nathan Cummings Foundation (\$323,662).
- 03. **Benavides-Espinoza, C.** (August, 2019). Sexual harassment of immigrants and first generation Americans in extracurricular activities long term effects on learning. *Submitted to William T. Grant Foundation.* (\$438,964.60).
- 04. **Benavides-Espinoza, C.** (June 2019). Sexual harassment in extracurricular activities' effect on learning. Submitted to Spencer's Foundation Research Grants on Education: Small. (\$45,941).
- 05. **Benavides-Espinoza**, **C.** (September, 2019). The effects of sexual harassment during high school extracurricular activities. *Submitted to Kay's Foundation* (\$9,611).
- 06. **Benavides-Espinoza, C.** (2016). The impact of coach repeated turnover on student-athletes. *NCAA Research Innovations in Research and Practice Grant Program. Not Funded (\$35,000).*

# **Teaching interests**

• Interdisciplinary interests as they relate to sport management or connected fields: Analytics, business, organizational behavior, diversity, ethics, leadership, research methods, statistics, and sociology.

My teaching vision is to improve society. My mission is to contribute to the wellbeing of individuals, sport management organizations, schools, and society at large one course and one student at a time. The long-term goal of my research is to educate the upcoming generations of sport management executives to lead ethically and responsibly in a way that is consistent with their values and improves society.

In my current role, I thoroughly enjoy and successfully teach sport management principles and their ethical practical application through event management. Other assignments vary throughout the semester and from semester to semester to better engage and motivate students with diverse learning styles and progress them through basic to more advanced skills. I find it useful to immerse students in events throughout the community hosted by sport organizations that serve different minorities. My students have benefited and greatly learn through collaboration with The Miracle League, Special Olympics, City Youth, among others.

## **Thesis and Dissertations**

### **Chaired thesis**

- Dentler, L. (2022). The impact of athlete activism against social justice. A research study of young adult perspectives.
- Moeller, C. (2021). Characteristics of sexual harassment: Perceptions of intercollegiate coaches and athletes.
- Hosty, M. (2020). The voices of professional cheerleaders and dancers: Perceptions of sexual harassment.
- Kim, D. (2014). The impact of smart devices' interactivity on customer activity in the sport industry.

### **Chaired thesis (undergraduate)**

Yoshimura, N. (2021). Public perceptions of sexual harassment of gender and sexual minorities in sport.

#### Thesis committees

Gurenlian, M., (2022). This is SPARTA!: Attitudes of NCAA Division I compliance officers towards athlete agent regulations.

Egnaczyk, R. (2019). Qualities and leadership characteristics of high school coaches.

#### **Dissertation committees**

Renelique, S. (2020). The underrepresentation of women of color in senior management athletic administration in NCAA Division I institutions.

Corona-Lozano, M. D. (2017). Conductas sexuales y uso de drogas en adolescentes escolarizados de nivel medio y medio superior en el Estado de Nuevo León. Universidad Autonoma de Nuevo Leon.

# **Courses Taught**

### **Graduate courses**

ESPE 5923. International Sport Venues (study abroad)

ESPE 6103. Ethical Issues in Sport

ESPE 6123. Sport Marketing

ESPE 6143. Sport Communications

ESPE 6603. Sport in Society

ESPE 6643. Current Readings Seminar

ESPE 681V. Internship

### **Undergraduate courses**

ES3743. Research and Statistical Methods

HPES 4896. Internship

PE 3893. Sport in Society

PE 471V. Independent Study: Research and Statistics

PE 4773. Organization and Management of Sport Programs

PE 4823. International Sport Venues (study abroad)

PE 4843. Philosophy and Ethics in Sport and Exercise

PE 4853. Applied Psychology of Sport and Exercise

# **Program and Course Development**

Fall 2020: Esports certificate
Spring 2019: Sport analytics course

Fall 2017 - Fall 2018: Program development: AState-UANL 1+1 program coordination.

Fall 2017: Course development: Sport in Society graduate UANL

Spring 2017: Course development: Sport Administration undergraduate. UANL Fall 2016 - Spring 2017: Program development: COSMA accreditation. A-State programs

## **Service**

### University

Fall 2020: Multicultural Affairs Admin Assistant Committee Member Fall 2017- Fall 2020: Chair of Shared Governance Title IX and Affirmative Action

Committee.

Spring 2020-Fall 2020 Chair of minority recruitment and retention strategic plan

Diversity and Affirmative Action subcommittee

Spring 2017 - Spring 2019: Campus Climate Council

Fall 2016 - Fall 2017: Faculty Senate

Fall 2015 - Spring 2016: Faculty Senate Secretary

Spring 2010 - Spring 2010: Exercise Science Bioethics Committee at the University of Nuevo

León

College

Fall 2016 - Summer 2017: Diversity Committee Chair
Fall 2015 - Summer 2017: Diversity Committee Member
Spring 2014 - Fall 2014: International Programs Coordinator

Fall 2011 - Fall 2016: Diversity Committee

### **Department**

Fall 2020 - present: Undergraduate Curriculum Committee member
Spring 2020: Sport Management Faculty Search Committee Chair
B. S. Sport Administration program coordinator

Spring 2018 - Fall 2018: M. S. Sport Administration online internship coordinator Fall 2017 - Fall 2018: M. S. Sport Administration online program coordinator

Fall 2016 - Present: HPESS PRT Committee

Fall 2013 - Spring 2017: Chair of HPESS Ad-Hoc Grant Committee Fall 2010 - Present: Graduate Curriculum Committee member

Fall 2010 - Present: HPESS Diversity Committee Chair Fall 2010 - Spring 2019: Sport Management Club Advisor

## **Professional Organizations**

Fall 2022: COSMA site visit team member

Summer 2020 - Spring 2023: Editorial Board of Sport Management and Marketing for Frontiers

in Sports and Active Living

Fall 2018 - Present National Center for Faculty Development and Diversity

Summer 2020: Employee Relations reviewer

Summer 2020: Writing group host (I Should Be Thriving)

Spring 2019 - Fall 2019: Reviewer for Revista Ciencias del Ejercicio FOD.

2018 - 2019: GRANA accreditation team for University of Veracruz 2018: Judge for XXVII International Congress of Sport, Physical

Education, and Applied Sciences. UANL, MX.

2015 - 2016: Sport Management Vice President, ArkAHPERD

2015: Reviewer for XXIII International Congress of Sport, Physical

Education, and Applied Sciences. UANL, MX.

2014 - 2017: Volunteer Supervisor at NCAA Men's Final Four

2013 - 2015: Volunteer Supervisor at NFL Super Bowl

## Community

2017 - 2018: Community care center

2015 - 2017: Volunteer Supervisor at the Miracle League of Jonesboro

2010 - 2016: Volunteer Supervisor at Special Olympics of North East Arkansas

## Honors and Awards

- 2023 Teaching certification from the Association of College and University Educators endorsed by the American Council of Education
- 2023 Universidad Autónoma de Nuevo León Professional Excellence Award
- 2020 A-State College of Education Faculty Scholarship Award 2020-2021.
- 2018 A-State Diversity Award, Arkansas State University.
- 2018 1st place in poster presentation competition, XXVII International Congress of Sport, Physical Education, and Applied Sciences. UANL, MX.
  - Campus Diversity Award, Arkansas State University.
- 2015 1st place in oral presentation competition, XXIII International Congress of Sport,
  - Physical Education, and Applied Sciences. UANL, MX.
- 2014 A-State Diversity Award, Arkansas State University.
- 2012 ArkAHPERD student research competition winner poster by undergraduate students.
- 2010 Outstanding dissertation of the year, Texas A&M University.

- 2009 Student research competition finalist, NASSM conference.
  - Interdisciplinary research ribbon recognition, Texas A&M University.
  - Environmental health and safety department safety recognition award, Texas A&M U.
  - Membership to the National Researchers System (Sistema Nacional de Investigadores, SNI), National Council for Science and Technology (Consejo Nacional de Ciencia y Tecnología CONACyT).
  - Scholarship for Virtual Instruction Certification Program, Texas A&M University's Center for Distance Learning Research
- 2008 HLKN Graduate Student Travel Fund, HLKN Texas A&M University.
- 2007 Scholarship, CONACYT (The Mexican National Council of Science and Technology).
- Scholarship for graduate and doctoral studies, UANL (Universidad Autónoma de Nuevo León).